



BUILDING  
ENDOVASCULAR  
SYNERGIES

# MEET 2015

MULTIDISCIPLINARY EUROPEAN  
ENDOVASCULAR THERAPY

## AAA

- 14.16 Will EVAS replace EVAR? *I. Loftus*
- 14.24 EVAS and EVAR: What are the differences in case selection, deployment and surveillance? *F. Torella*
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## **Disclosure**

Speaker name:

**Mario L. Lachat**

I have the following potential conflicts of interest to report:

- Consulting (Jotec, Gore, Medtronic, Endospan, Philips,)

# The future!?

- Percutaneous (T)EVAR

# Single-Center Experiences with PEVAR

**◆ CLINICAL INVESTIGATION** — 89% s

**Percutaneous Endovascular Aneurysm Repair: Midterm outcomes of the Preclose technique**

Gabriel E. Björn Södergren, MD, Dennis G. ...  
 Department of Vascular Surgery, Swedish ...  
 Swedish ...

**Objective:** Percutaneous access during endovascular repair using a suture-mediated closure device ("Preclose") is to examine the late outcomes of this technique.

**Methods:** The Preclose technique has been used in the femoral artery prior to endovascular aortic aneurysm repair by tying down knots of the PTA under endovascular aortic repairs reviewed. Follow-up protocol consisted of annual CT scan and annually thereafter. All Preclose patients were reviewed. For each patient, the most recent postoperative CT scan for anatomic abnormalities of the femoral artery was reviewed. Follow-up protocol consisted of annual CT scan and annually thereafter. All Preclose patients were reviewed. For each patient, the most recent postoperative CT scan for anatomic abnormalities of the femoral artery was reviewed.

**Results:** A total of 292 patients underwent percutaneous endovascular aortic repairs using the Preclose technique. Two hundred thirty-two femoral arteries were closed successfully with the Preclose device, while 30 arteries required the PTA. Two hundred seventy-eight (64.3%) of the 432 arteries (94.4%) were closed successfully with the Preclose device. One hundred and four (24%) of the 432 arteries who had adequate postoperative CT scan showed asymptomatic femoral artery dissection, late complication rate of 1.92% (3/156).

**Conclusion:** Percutaneous closure of femoral arteries has a low incidence of early and late complications.

**Key words:** abdominal aortic aneurysm, endovascular repair, suture-mediated closure device, percutaneous repair

**◆ CLINICAL INVESTIGATION** —

**Percutaneous Endovascular Aortic Aneurysm Repair: A Prospective Evaluation of Safety, Efficiency, and Risk Factors**

96% success in 500

Markus Eisenberger, MD, and Giovanni ...  
 Department of Vascular and Endovascular Medicine, ...  
 Germany.

**Objective:** Percutaneous endovascular aortic aneurysm repair (PEVAR) is a minimally invasive approach for the treatment of abdominal aortic aneurysms. The aim of this study was to evaluate the safety, efficiency, and risk factors of PEVAR in a prospective manner.

**Methods:** A prospective, non-randomized study was conducted at a single center. All patients who underwent PEVAR for the treatment of abdominal aortic aneurysms between January 2005 and December 2010 were included in the study. The primary endpoint was the technical success rate, defined as the percentage of patients who achieved a complete exclusion of the aneurysm sac. Secondary endpoints included the rate of major and minor complications, mortality, and the need for open surgical repair.

**Results:** A total of 500 patients underwent PEVAR. The technical success rate was 96%. The overall mortality rate was 1.2%. The rate of major complications was 2.4%, and the rate of minor complications was 10.8%. The need for open surgical repair was 1.2%.

**Conclusion:** PEVAR is a safe and effective approach for the treatment of abdominal aortic aneurysms. The success rate of PEVAR is high, and the rate of complications is low.

**Key words:** aortic aneurysm, endovascular aneurysm repair, percutaneous access, stent-graft, complications, outcome analysis

**◆ CLINICAL INVESTIGATION** —

**Ultrasound-guided percutaneous endovascular aneurysm repair success is predicted by access vessel diameter**

96% success in 168 pts.

Rodney P. Bensley, MD, Rob Hurks, MD, Allen Hamdan, MD, Mark Wyers, MD, Elliot Chaikof, MD, and Marc L. Schermerhorn, MD, Boston, Massachusetts

**Objective:** Ultrasound scan-guided access allows for direct visualization of the access artery during percutaneous endovascular aortic aneurysm repair. We hypothesized that the use of ultrasound scan guidance allowed us to safely increase the utilization of percutaneous endovascular aortic aneurysm repair to almost all patients and decrease access complications.

**Methods:** A retrospective chart review of all elective endovascular aortic aneurysm repairs, both abdominal and descending thoracic, from 2005 to 2010 was performed. Patients were identified using International Classification of Disease, 9th Revision, Clinical Modification Codes and stratified based on access type: percutaneous vs cut-down. We examined the success rate of percutaneous access and the cause of failure. Sheath size was large (18-24F) or small (12-16F). Minimum access vessel diameter was also measured. Outcomes were wound complications (infections or clinically significant hematomas that delayed discharge or required transfusion), operative and incision time, length of stay, and discharge disposition. Predictors of percutaneous failure were identified.

**Results:** One hundred sixty-eight patients (296 arteries) had percutaneous access endovascular aortic aneurysm repair (P-EVAR) whereas 131 patients (226 arteries) had femoral cutdown access EVAR. Ultrasound scan-guided access was introduced in 2007. P-EVAR increased from zero cases in 2005 to 92.3% of all elective cases in 2010. The success rate with percutaneous access was 96%. Failures requiring open surgical repair of the artery included seven for hemorrhage and six for flow-limiting stenosis or occlusion of the femoral artery. P-EVAR had fewer wound complications (0.7% vs 7.4%;  $P = .001$ ), shorter operative time (153.3 vs 201.5 minutes;  $P < .001$ ), and larger minimal access vessel diameter (6.7 mm vs 6.1 mm;  $P < .01$ ). Patients with failed percutaneous access had smaller minimal access vessel diameters when compared to successful P-EVAR (4.9 mm vs 6.8 mm;  $P < .001$ ). More failures occurred in small sheaths than large ones (7.4% vs 1.9%;  $P = .02$ ). Access vessel diameter  $< 5$  mm is predictive of percutaneous failure (16.7% of vessels  $< 5$  mm failed vs 2.4% of vessels  $\geq 5$  mm failed;  $P < .001$ ; odds ratio, 7.3; 95% confidence interval, 1.58-33.8;  $P = .01$ ).

**Conclusions:** Ultrasound scan-guided P-EVAR can be performed in the vast majority of patients with a high success rate, shorter operative times, and fewer wound complications. Access vessel diameters  $< 5$  mm are at greater risk for percutaneous failure and should be treated selectively. (J Vasc Surg 2012;55:1554-61.)

**Introductio**  
 We started e  
 department a  
 ated closure  
 of an AAA.  
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 1. Endovasc  
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# Single-Center Experiences with PEVAR

## Outpatient Endovascular Aortic Aneurysm Repair Experience in 100 Consecutive Patients

Mario Louis Lachat, MD,\* Felice Pecoraro, MD,§ Dieter Mayer, MD,\* Carole Guillet, MD,\* Michael Glenck, MD,†  
 Zoran Rancic, PhD, MD,\* Christian Alexander Schmidt, PhD, MD,\* Gilbert Puipe, MD,†  
 Frank Junior Veith, MD,\*¶ Jacques Bleyn, MD,|| and Dominique Bettex, MD‡

**Objectives:** To present the safety, feasibility, costs, and patient satisfaction of outpatient endovascular aneurysm repair (EVAR).

**Background:** Our experience in more than 1000 patients indicated that in technically uncomplicated EVAR procedures, the only complication was for access vessel complications (bleeding or thrombosis) requiring secondary procedures. These complications could always be identified within the first 3 hours after EVAR.

**Methods:** Two-center retrospective analysis of prospectively gathered data on 100 consecutive elective outpatient EVAR cases (Outpt EVAR). Inclusion criteria for Outpt EVAR were as follows: asymptomatic clinical state, informed consent, travel time to the hospital if readmission was required of less than 60 minutes, adult observer assistance for the first 24 hours, and a technically uncomplicated EVAR procedure. EVAR was mostly performed under local anesthesia and with percutaneous access. Patients were discharged home after 4 to 6 hours of observation and checked the next morning and on the fifth postoperative day in the outpatient clinic.

**Results:** From 104 patients selected, 4 (3.8%) preferred primary hospitalization and were excluded from further analysis. Four patients (4%) with access vessel complications required additional procedures and had to be hospitalized overnight. The 30-day readmission rate was 4% (4), all due to access vessel stenosis (2) or false aneurysm (2). There was no 30-day mortality. From the 96 outpatients who completed Outpt EVAR, 93 (97%) would undergo Outpt EVAR again and would recommend it to others. Cost comparison showed in 42 matched contemporary patients treated with just a standard stent graft that costs were significantly lower in 21 Outpt EVAR patients than in 21 inpatient EVAR.

**Conclusions:** Elective Outpt EVAR can be performed safely, provided certain criteria are fulfilled and specific precautions are taken. In this series, Outpt EVAR morbidity was minimal, especially delirium common in elderly patients recovering from inpatient vascular surgery and nosocomial infections did not occur. Finally, patient satisfaction was high and costs were less than with standard inpatient EVAR.

**Keywords:** ambulant, day, endovascular aneurysm repair, EVAR, fast-track, outpatient, surgery

(*Ann Surg* 2013;258:754-759)

Since its introduction, endovascular aneurysm repair (EVAR) has proven to be less invasive and offering significant perioperative morbidity and mortality advantages over traditional open repair.<sup>1</sup> In experienced centers, 30-day mortality of elective EVAR in low-risk

**PEVAR: 96% success in 88 pts.**

patients is less than 1%.<sup>2</sup> However, the high rate of access vessel complications (bleeding or thrombosis) requiring secondary procedures. These latter complications could always be identified within the first 3 hours after EVAR. We also noted that the often older EVAR patients complained after their EVAR procedure about the stresses of staying in the hospital and expressed the wish to go home as soon as possible. On the basis of these facts and motivated by the oral communications of Jacques Bleyn<sup>3</sup> about his initial experience of EVAR performed as "day procedure," we decided to offer this technique to our Zurich patients. We herein report an original experience in a 100 outpatient EVAR (Outpt EVAR) cases.

### METHODS

Two-center experience with 100 consecutive Outpt EVAR cases. From November 1999 to April 2002, 23 patients were treated at the OLV Middelares Hospital, Antwerp (Deurne), Belgium and from April 2011 to October 2012 and 77 patients were treated at the University Hospital Zurich, Switzerland. All clinical and cost data have been collected prospectively and reviewed and analyzed retrospectively in December 2012. Clinical data, laboratory test, and costs were analyzed exclusively in the more recent experience in Zurich. The study has been approved by the respective ethical committees.

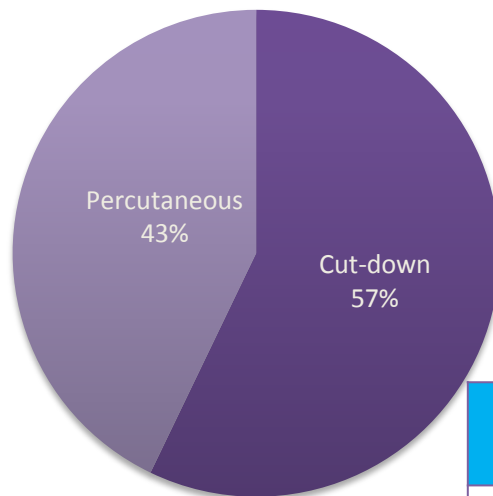
### Patient's Selection

The decision to perform open repair, EVAR, or hybrid repair was based on aortic and iliac anatomy, the patient's fitness and/or preference and agreement between an interventional vascular surgeon, anesthesiologist, and radiologist. All EVAR candidates were then screened for the feasibility of their being done solely as an Outpt EVAR.

# Ovation<sup>®</sup> Global Pivotal Trial

## Access Analysis

**Access Type**



In the Ovation pivotal trial, subjects (43%) undergoing percutaneous access (PEVAR) achieved similar clinical outcomes, but with fewer MAEs and less time spent related to anesthesia, procedure and hospitalization.

	Cut-Down (S-EVAR) N=92	Percutaneous (P-EVAR) N=69
Major Adverse Event @ 30 Days	3.3%	1.4%
Anesthesia Time (mean)	191 minutes	149 minutes
Procedure Time (mean)	118 minutes	98 minutes
Hospitalization (median)	2 days	1 day
Treatment Success @ 1-year	98.9%	100%

# Endologix PEVAR Trial<sup>1</sup>

First FDA Approved, Prospective, Multicenter, Randomized, Controlled Trial of Totally Percutaneous EVAR

	PEVAR ProGlide  N = 50	SEVAR  N = 50	Difference  95% CI <sup>2</sup>	p-value <sup>2</sup>
Major Ipsilateral Access Site Vascular Complications at 30 Days [95% CI] <sup>1</sup>	6% (3/50) [1.3%, 16.5%]	10% (5/50) [3.3%, 21.8%]	-4.0% [ -, 4.9%]	0.0048

This trial revealed that PEVAR is safe and offers lower vascular morbidity than surgical access and repair

<sup>1</sup>Nelson et al. J. Vas Surg. 2014 Jan

# In PEVAR, Size Matters...

- Lower profile devices are associated with higher success rates and fewer complications
  - Success rate for patients with sheath size  $\geq 20F$  was 78% compared to 98.4% success rate for patients with sheath size  $\leq 18F$ <sup>1</sup>
  - Risk of conversion to cutdown increased by 78% with sheaths  $\geq 20F$ <sup>2</sup>

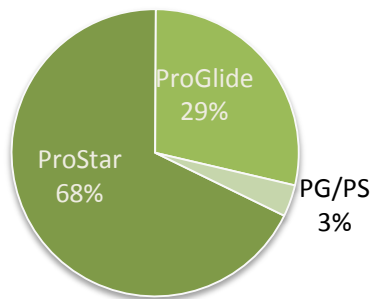
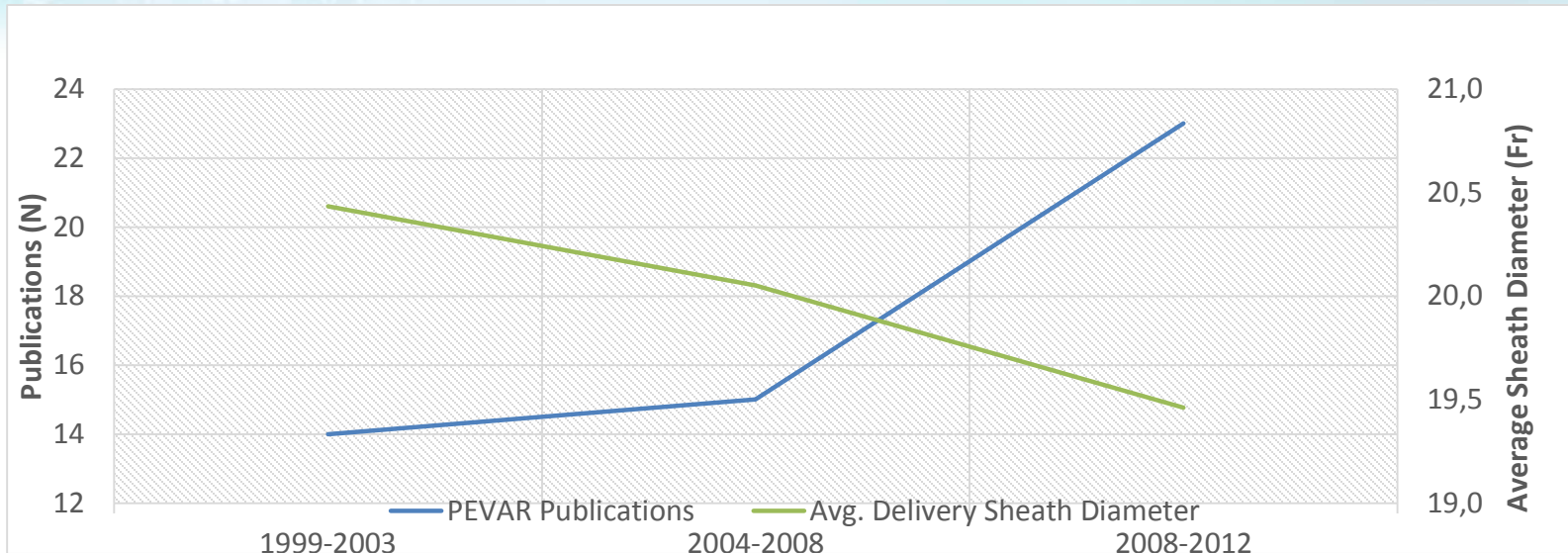


<sup>1</sup>Starnes et al. J. Vas Surg. 2006 Feb

<sup>2</sup>Georgiadis et al. A Meta-Analysis. J. Endovasc Ther. 2011 Aug



# In PEVAR, Size Matters...



- Growth of PEVAR is complemented by decrease in sheath delivery sizes
- Experience includes both Prostar®XL and ProGlide® SMCDs

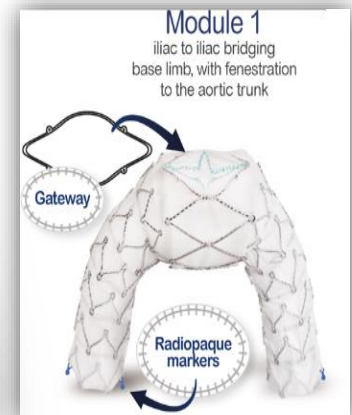
# The future!?

- Percutaneous (T)EVAR
  - **Single sided access**

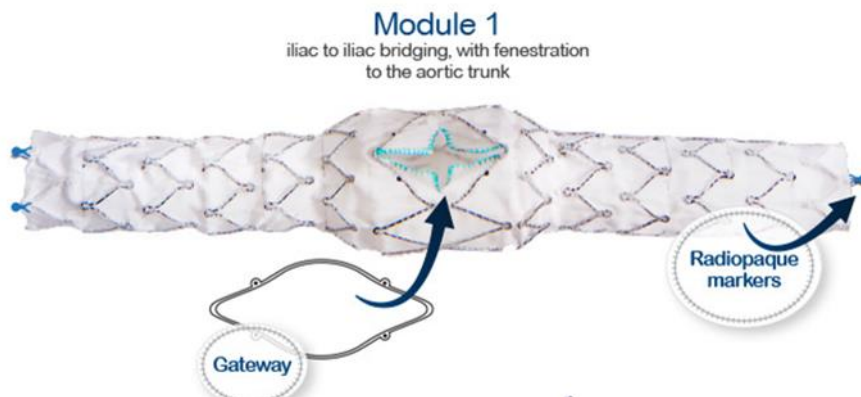
# HORIZON



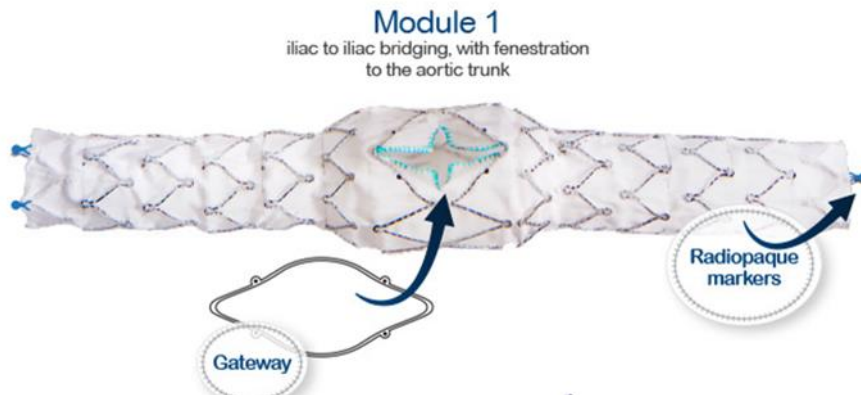
# HORIZON - Features



# HORIZON - Features



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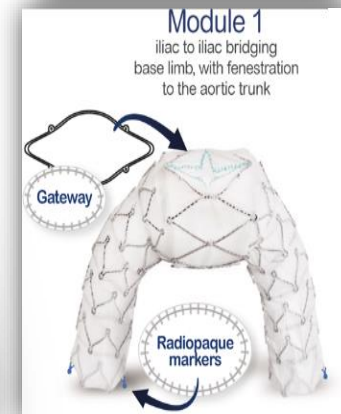


# HORIZON - Features

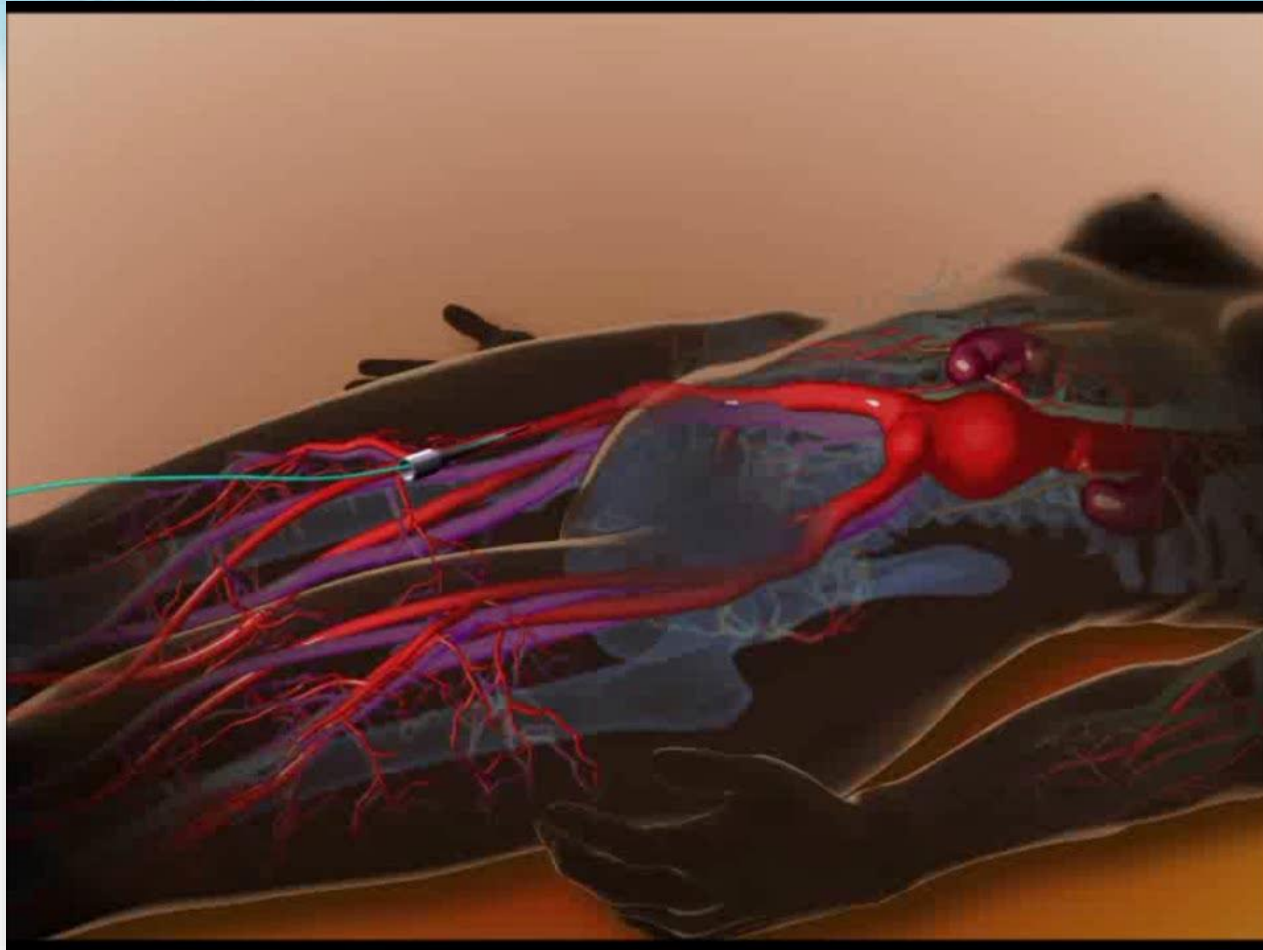
## HORIZON™ Delivery System

Sets the stage for a percutaneous procedure

The Horizon™ AAA Delivery System is a 14 Fr OD (for all aortic diameters) catheter, which enables a percutaneous approach. It is a single-use, disposable catheter, with an integrated handle to provide accurate and controlled deployment. The catheter assembly is flexible and compatible with a 0.035" guidewire.



# HORIZON - Procedure





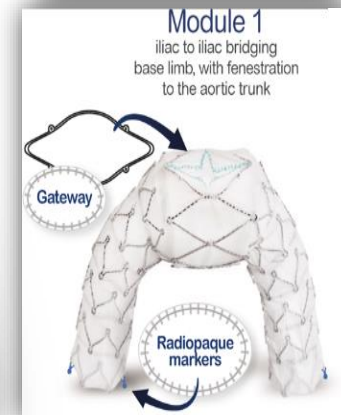
# HORIZON - Features

- Low-profile (14Fr OD) and Flexible catheter
- Single access system
- Ideal for PEVAR under local anesthesia

## HORIZON™ Delivery System

Sets the stage for a percutaneous procedure

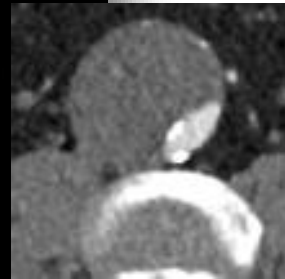
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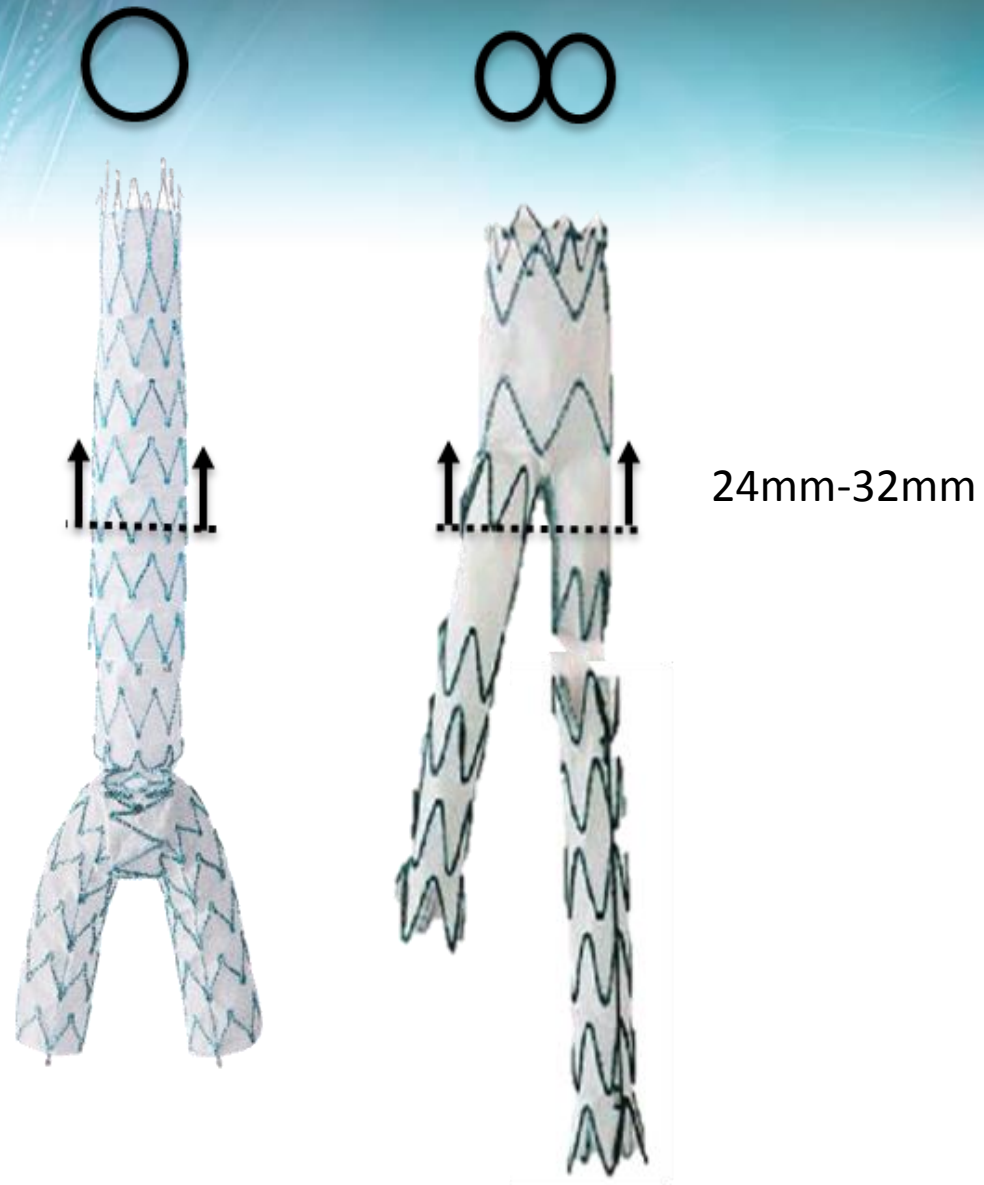


# HORIZON – Case demonstration

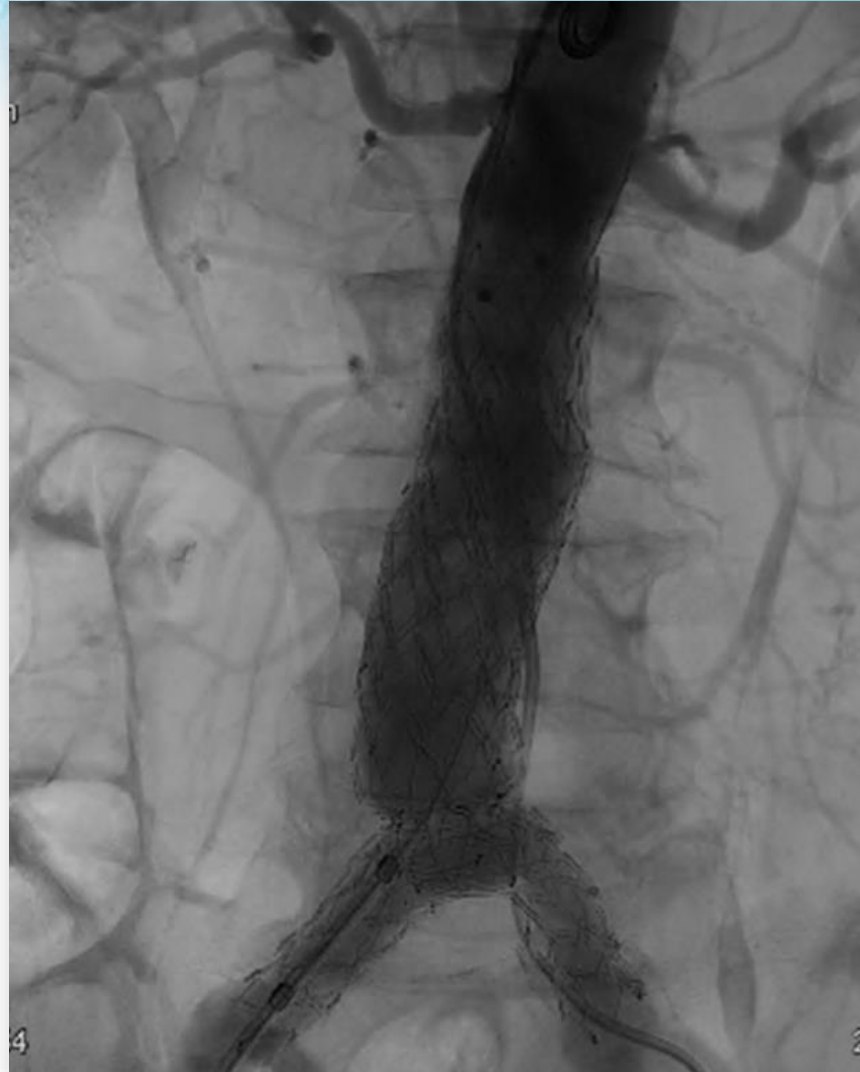


# HORIZON – Case demonstration

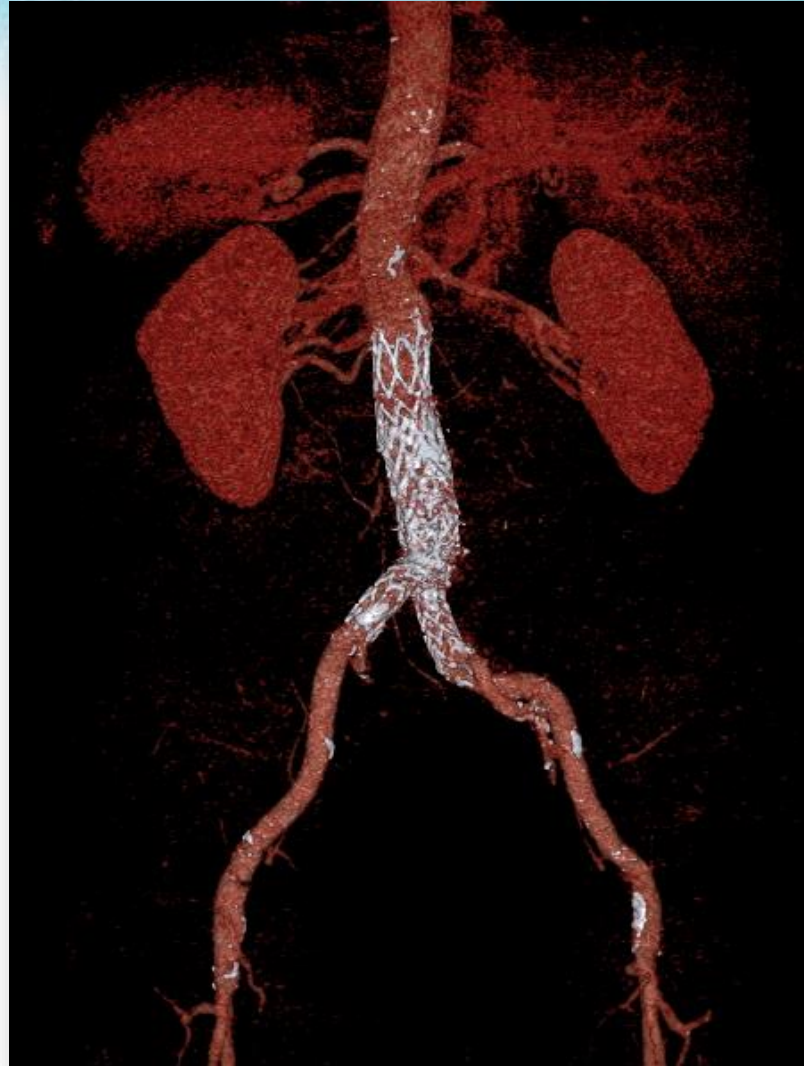


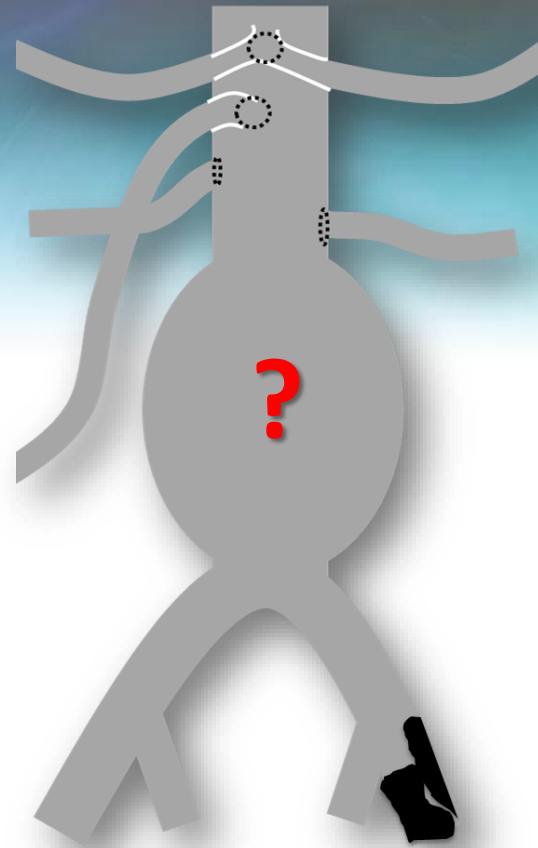


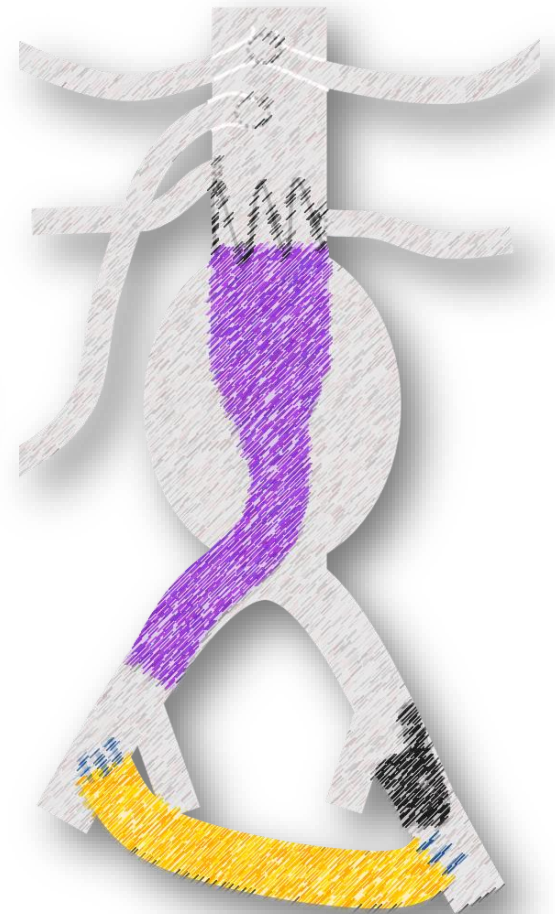
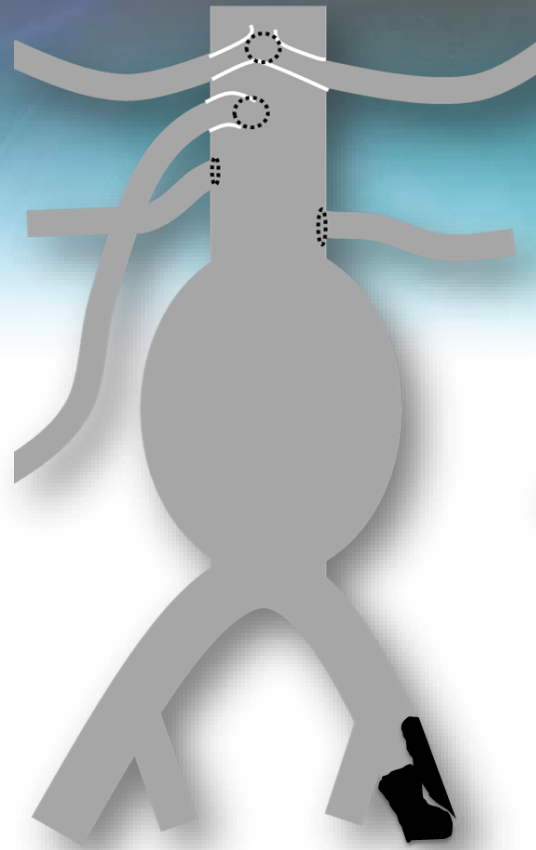
# HORIZON – Case demonstration



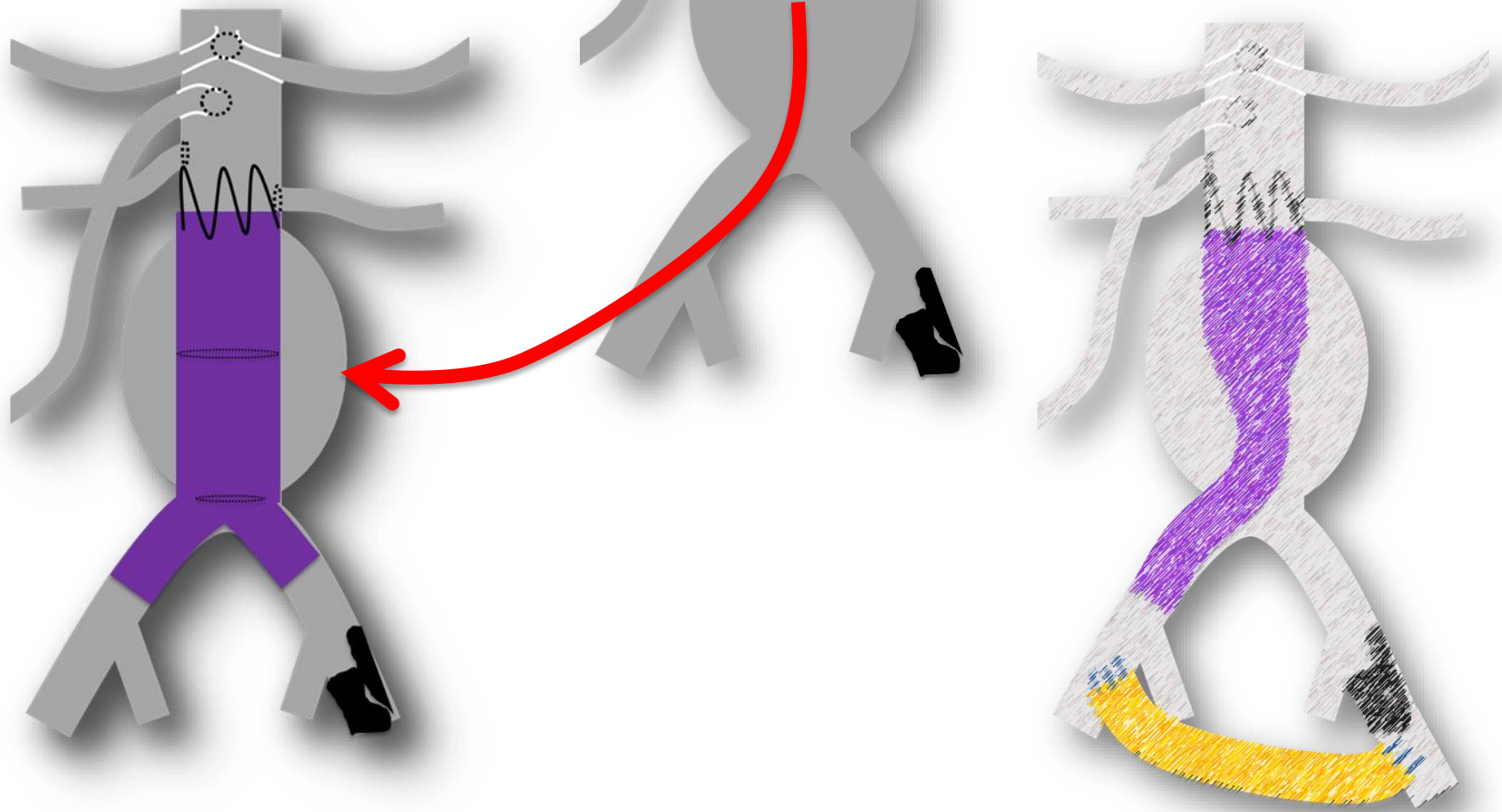
# HORIZON – Case demonstration







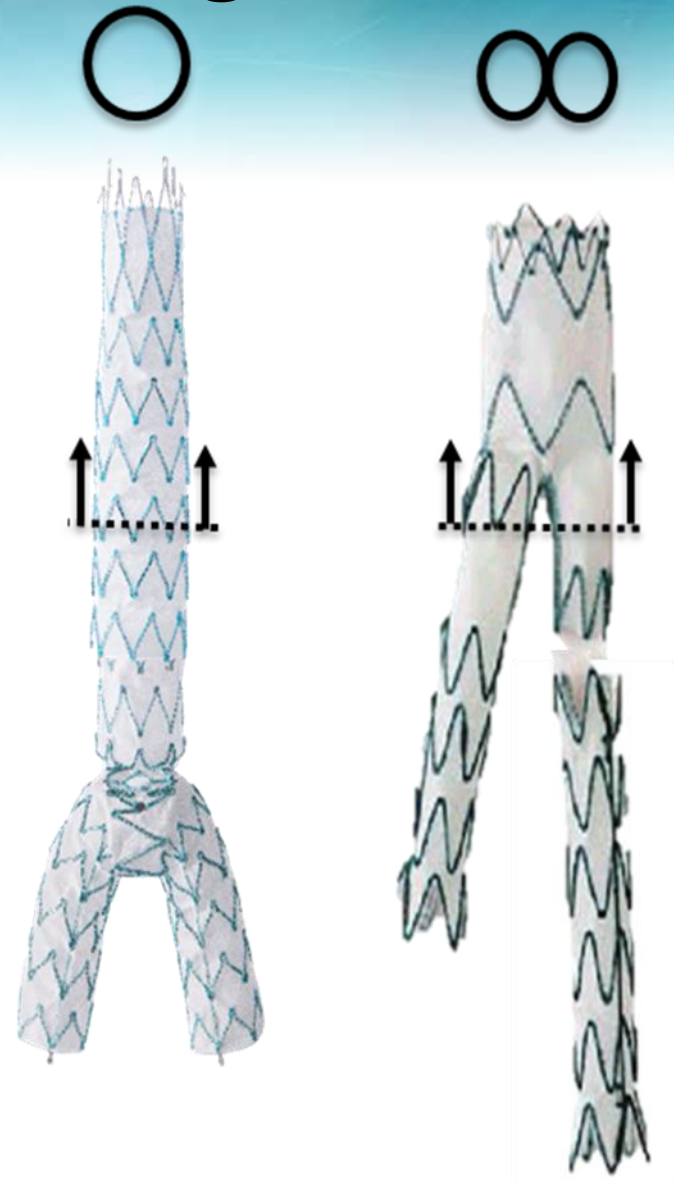




# Horizon - Advantages

## Single lumen design allows

- ✓ Single sided access
- ✓ Higher crimping capability = lower profile
- ✓ Improvement in flexibility



# Horizon - Advantages

## **Anatomical Fixation allows**

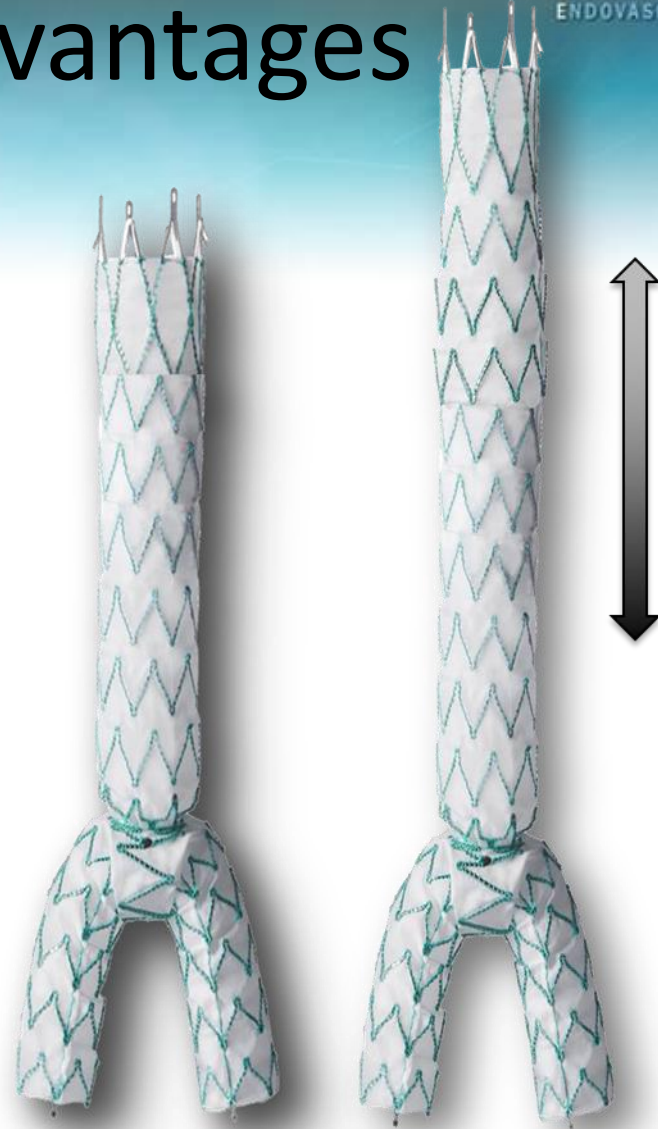
- ✓ Motion reduction
- ✓ Potentially less migration



# Horizon - Advantages

## **Modularity & Telescopic design allow**

- ✓ Ability to fine tune during deployment
- ✓ Reduction in anatomical constrains



# Horizon™ system components

Suprarenal active fixation and support on Aorto-iliac bifurcation reduces risk of migration.

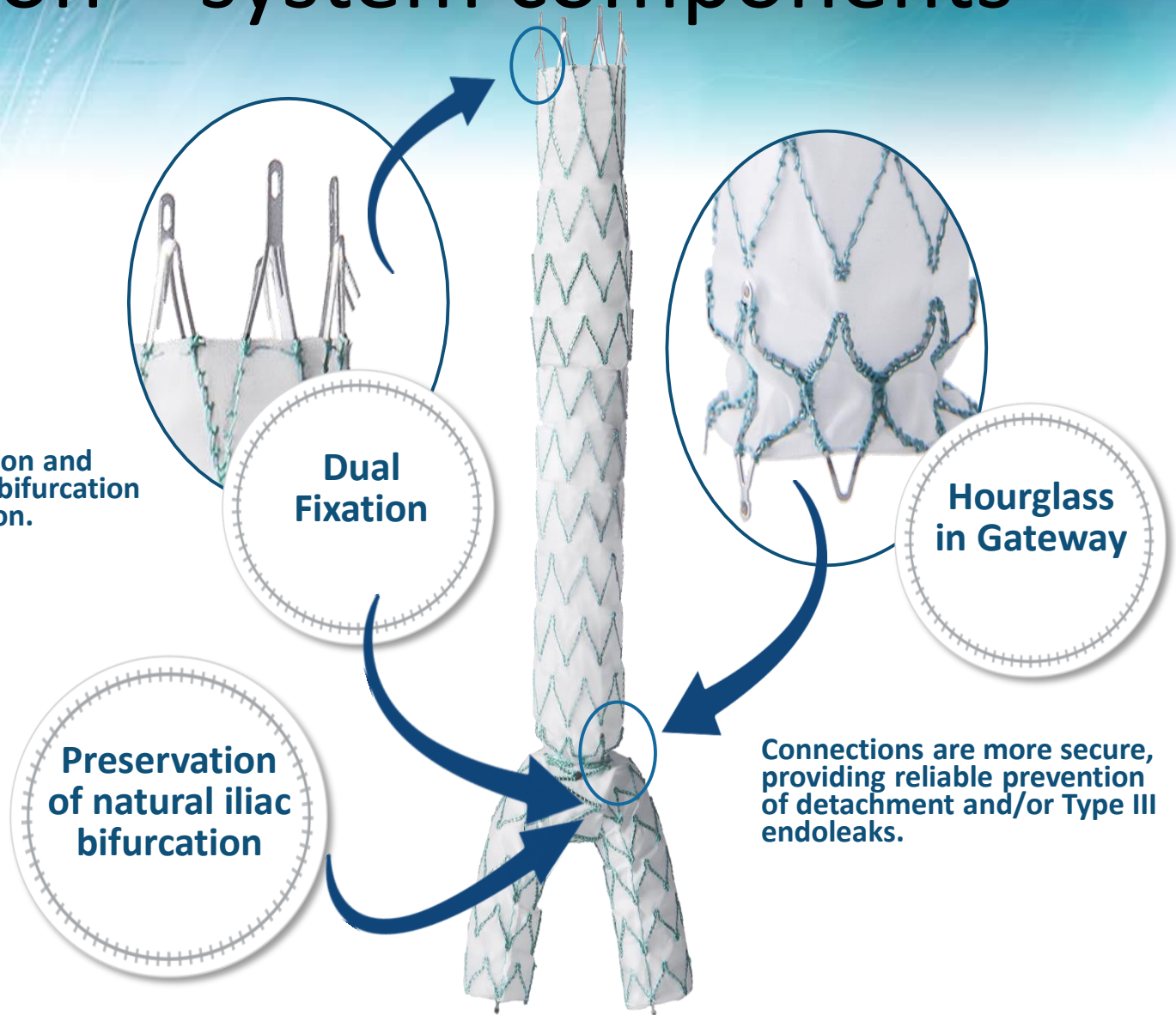
**Dual Fixation**

Facilitates easy future contra lateral intervention.

**Preservation of natural iliac bifurcation**

**Hourglass in Gateway**

Connections are more secure, providing reliable prevention of detachment and/or Type III endoleaks.



# HORIZON™ Clinical Study Status

## First In Man Study

**10 AAA Patients (completed enrollment)**  
**2 years follow up (up to 07/2015)**

Dusseldorf (2)

Modena (7)

Zurich (1)

1 acute conversion to OR. No Related Mortality/MAEs/Endoleaks (type I, III) / Ruptures /Migrations /Sac growth in Follow-ups (up to 24 months post implantation).

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## CE Mark study

**30 AAA Patients (completed enrollment)  
5 year follow up**

Belgrade (7)

Belgrade (4)

Eindhoven (2)

Modena (3)

Reggio-Emilia (5)

Torino (4)

Zurich (5)

# The Horizon™ CE study

- 30 patients, men and women, age  $\geq 18$  years, with AAA or AIA and having Iliac/femoral access vessel morphology that is compatible with vascular access techniques and devices.
- Prospective, non-randomized, open-label, one arm, and interventional clinical study.
- The trial's primary endpoints being evaluated at 30 days.
- Data being collected at baseline, implantation, pre-discharge, 1, 6, and 12 months and annually thereafter until completion of 5 years follow-up.
- All adverse events, including deaths, recorded throughout the course of the study.



# The Horizon™ 30- day results

**30 patients completed**

**No technical failure:** 100% success in delivery and deployment

**No Major Adverse Events** Reported during the FU visits to date.

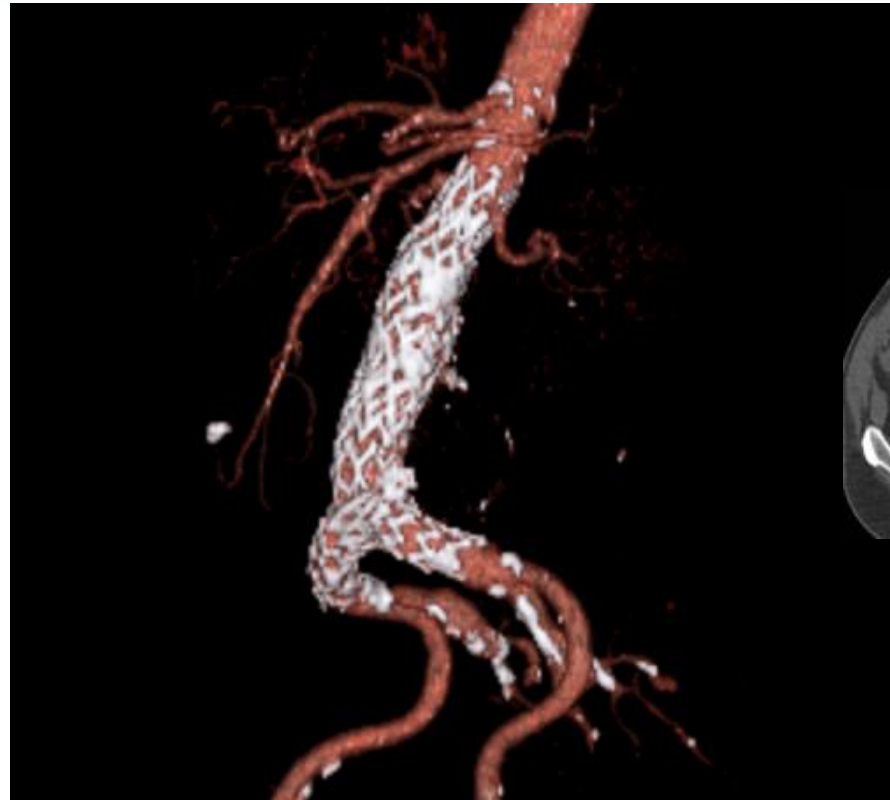
**No**

- a. Aneurysm growth
- b. Aneurysm rupture
- c. Conversion to open surgery
- d. Type I , III , IV endoleaks
- e. Stent graft migration
- f. Limb graft occlusion

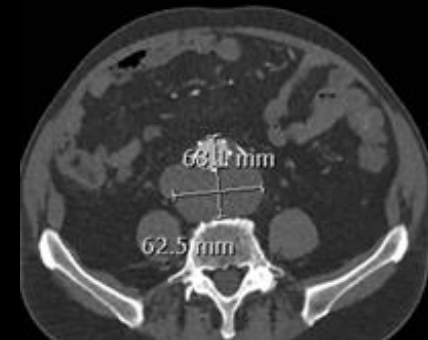
# Horizon-1 year FUP FIM



preop



1y FUP



# CONCLUSIONS

- The initial safety and effectiveness of the **Horizon™** prosthesis is encouraging
  - 1 year FUP of FIM shows good outcomes
- The **Horizon™** represents a lower invasive and more appealing procedure
  - Especially when access sites/vessels are challenging
- **14F** delivery system makes PEVAR safer and easier

# PEVAR potential benefits

## Patient Benefits

- ***Minimally Invasive***
- Avoiding complications of general anesthesia
- **Less blood loss**
- **Fewer groin complications**
- **Less pain**
- **Quicker recovery time**

## Physician Benefits

- *No delay for anesthesia*
- **Improved patient satisfaction**
- **Improved efficiency from quicker procedure time**

## Hospital Benefits

- ***Patient satisfaction***
- ***Lower infection rates***
- ***Lower cost by avoiding anesthesia***
- Less need for blood transfusion
- Better utilization of hospital resources



**BUILDING  
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# **MEET** 2015

MULTIDISCIPLINARY EUROPEAN  
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**Thank You!**

