



Overlay and dose reduction during aortic procedures

Jason Constantinou MD, FRCS

Disclosure

I do not have any potential conflict of interest

Radiation doses from Imaging procedures

Type of Procedure	Average Adult Effective Dose (mSv)	Estimated Dose Equivalent (No. of Chest X-rays)
Dental X-ray	0.005-0.01 ^{6a}	0.25-0.5
Chest X-ray	0.02	1
Mammography	0.4	20
CT	2-16 ^{6b}	100-800
Nuclear Medicine	0.2-41 ^{6c}	10-2050
Interventional Fluoroscopy	5-70 ^{6d}	250-3500

Dose reported for IR EVAR

First author	Year	n	FT (min)	Median DAP (Gy.cm ²)
Dose reported for abdominal aortic endografting				
Geijer ⁷⁷	2005	24	21.4 (7.4–78.9) ^a	60.1 (16.6–195) ^a
Ho ⁷⁸	2007	30		
Weiss ⁷⁹	2008	12	20.6 (12.6–34.2) ^b	151.7 (52.1–245.4) ^b
Weerakkody ⁸⁰	2008	96	21 (16–31)	
Kalef-Ezra ⁶³	2009	62	18 (4.3–75) ^a	37.4 (9–139) ^a
Kuhelj ⁸¹	2010	172	17 (2.9–97.8) ^a	153 (35–700) ^a
Jones ⁸²	2010	320	29.4 ± 23.3 ^d	46.9 ± 28.4 ^d
Howells ⁸³	2012	630	18 (2.4–161)	173 (109.4–3343.4) ^a
Walsh ⁸⁴	2012	111	18.5 ^c	85.8 ^c
Maurel ⁵⁶	2012	188	9.36 (1.76–67.1) ^a	30 (4.3–280) ^a
Peach ⁶⁹	2012	57	20.0 (4.8–49.3) ^a	69 (19.1–950) ^a
		65	16.2 (3.1–51.1) ^a	49 (12.5–133) ^a
Fossaceca ⁸⁵	2012	153		78 (27–370)
Patel ⁸⁶	2013	26	19.5 (14.4–31.5)	97.3 (55.4–167.9)
Blaszak ⁸⁷	2014	266		271 (37–1,760) ^b
	2014	31		276 (64–625) ^b
Hertault ⁴⁵	2014	44	10.6 (9.1–14.7)	12.2 (8.7–19.9)

DAP range
12-276 Gy.cm²

Mean DAP
105Gy.cm²

Dose reported for FEVAR/BEVAR

First author	Year	n	FT (min)	Median DAP (Gy.cm ²)
Dose reported for complex aortic endografting				
Panuccio ⁸⁹	2011	18	140.7 ± 64.4 ^d	1,005.7 ± 627.8 ^d
		29	81.9 ± 45.8 ^d	642.5 ± 311.6 ^d
Howells ⁸³	2012	53	58 (6.7–212.0) ^a	320.6 (172.1–2133.2)
Maurel ⁵⁶	2012	54	27.2 (2.1–69.1) ^a	72.8 (11.0–290.0) ^a
		20	42.98 (2.38–95.5) ^a	159.5 (29.8–777.0) ^a
Tacher ⁹⁰	2013	9	82 ± 46 ^d	1,188 ± 1,067 ^d
		14	42 ± 22 ^d	984 ± 581 ^d
		14	80 ± 36 ^b	656 ± 457 ^b
Hertault ⁴⁵	2014	18	30.7 (20.2–40.5)	43.7 (24.7–57.5)
		20	39.5 (34.8–51.6)	47.4 (37.2–108.2)

DAP range 44-1188Gy.cm²

Mean DAP 511Gy.cm²

Minimizing radiation Exposure

- ALARA Principles
 - Dedicated Radiation education
 - Low frame rate
 - Reduce time on Pedal
 - Low dose setting
 - Minimise DSA, store fluoroscopy loops

Minimizing radiation Exposure

- Collimation – reduce the field of view
- Minimise magnification – use large monitors
- Reduce Angulation – LAO/RAO
- Operator controlled imaging....30% Reduction
- Shields, Lead Garments and stand back!
- Advanced imaging - **FUSION**

The Steps of Fusion

1. Vessel marking on pre op CT Angio
2. Cone Beam CT
3. Registration of bone landmarks with CTA

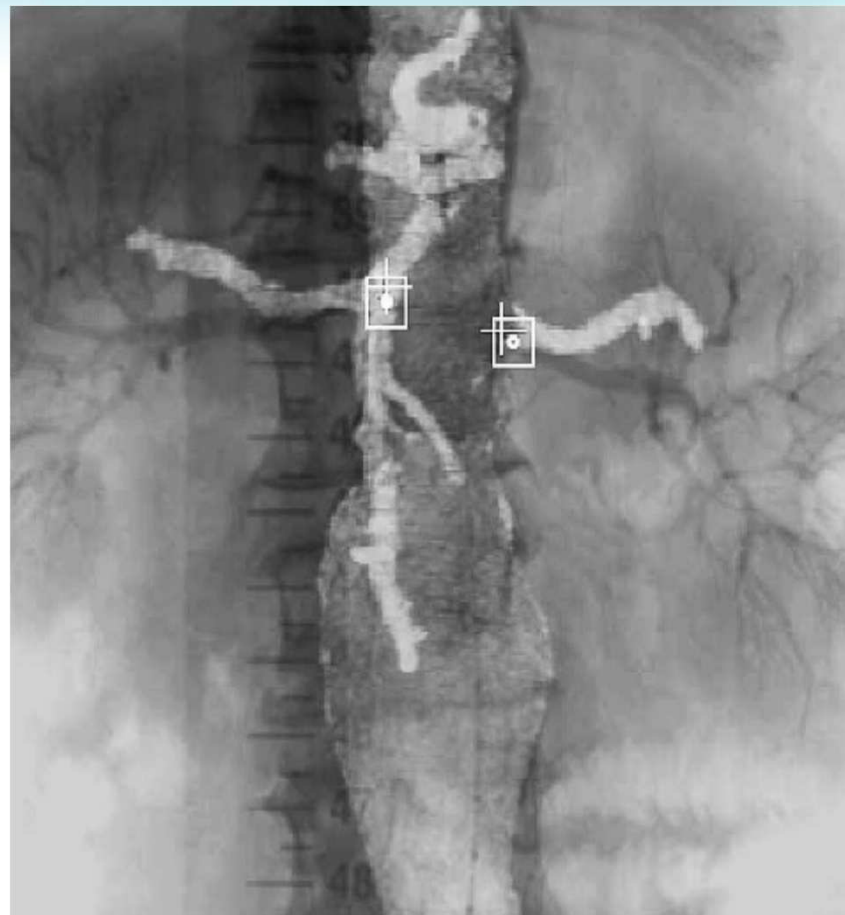
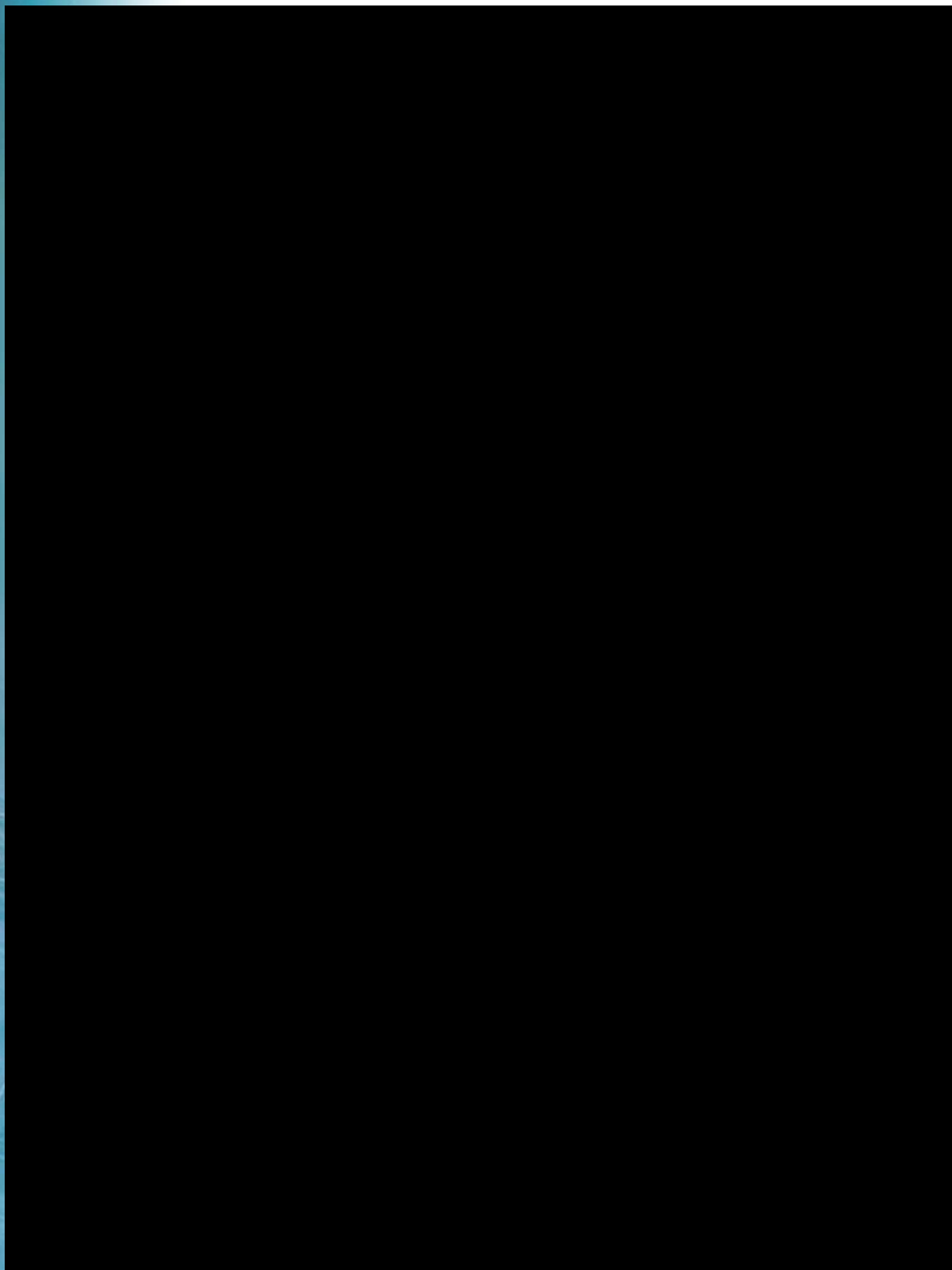
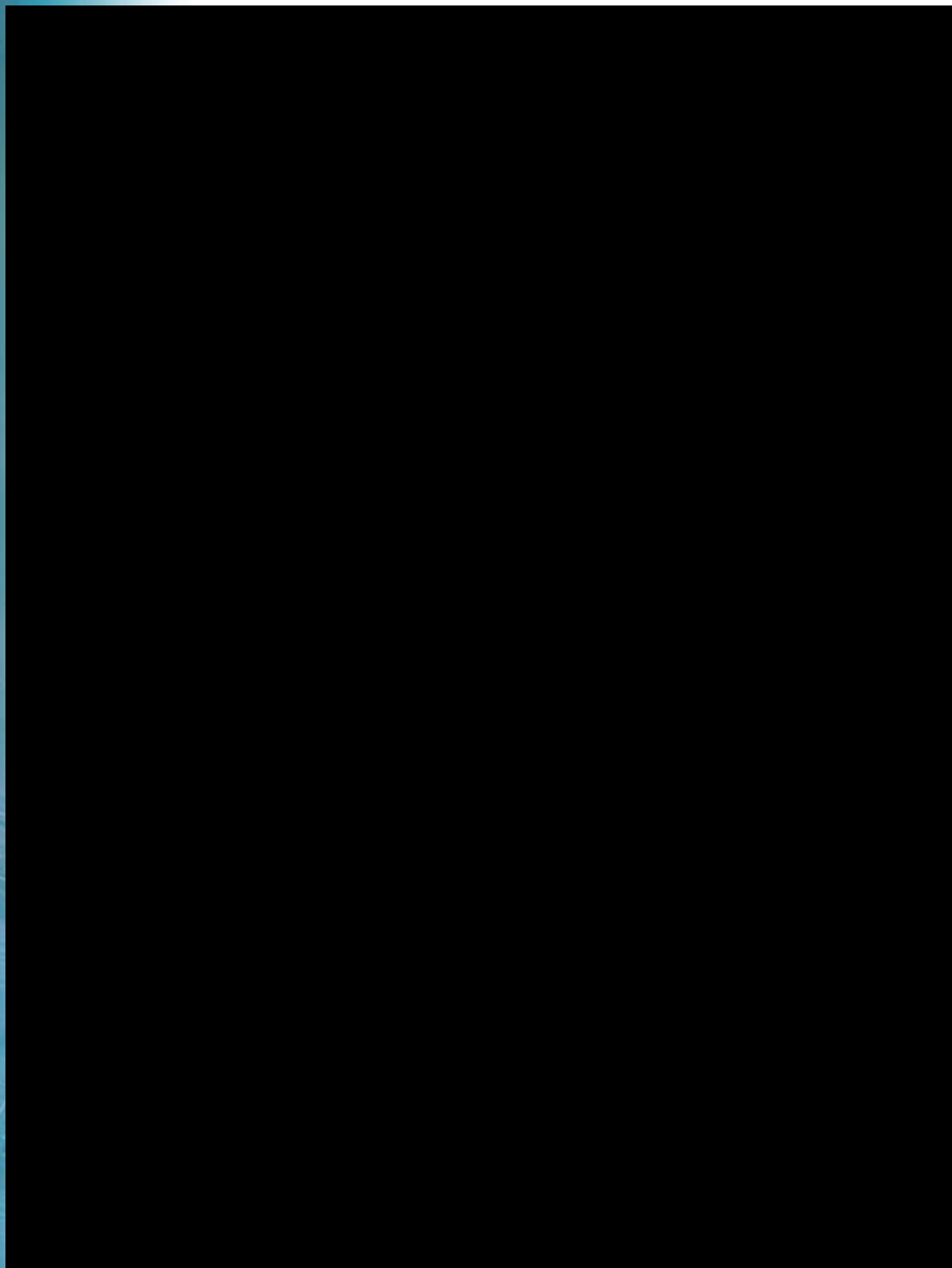


Image from Carrell et al, JEVT 2010









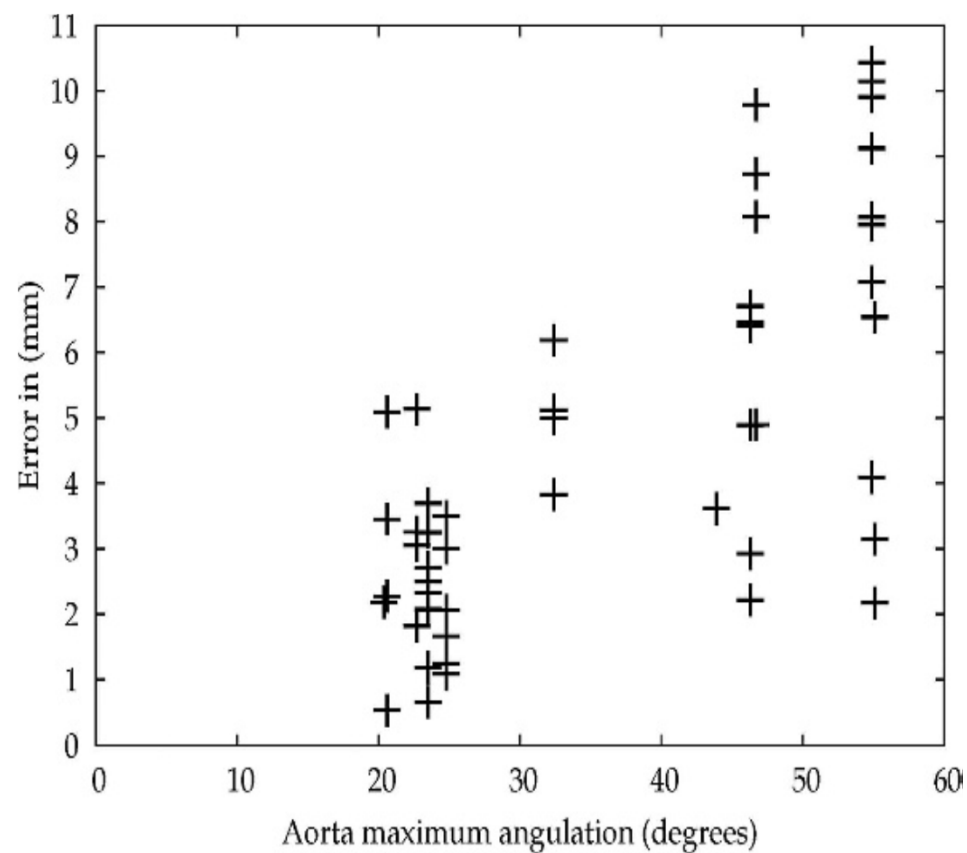
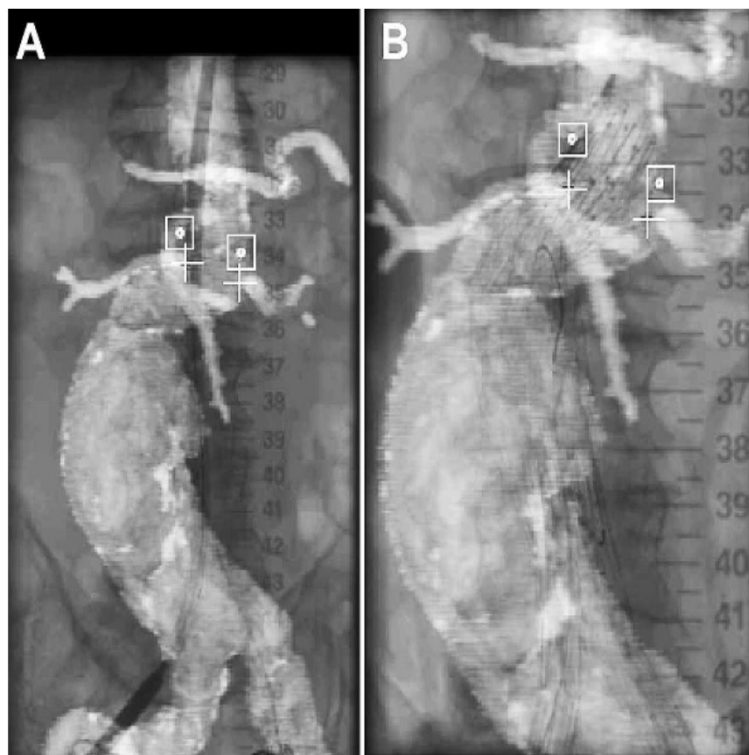


Inaccuracies of fusion

- Time lapse – pre op CT and procedure
- Pt was positioned differently for pre op CT angio
- Stiff wires and endograft delivery device

Deformation

- Severe angulation leads to errors of registration due to deformation as the SG is placed



Carrell et al, J EVT 2010

MEET
MULTIDISCIPLINARY EUROPEAN
ENDOVASCULAR THERAPY

Martijn L. Dijkstra, BA,^a Matthew J. Eagleton, MD,^{a,b} Roy K. Greenberg, MD,^{a,b} Tara Mastracci, MD,^a and Adrian Hernandez, MD, PhD,^c *Cleveland, Ohio*

[illegible]

- N=40 patients
 - CBCT (Fusion) compared with No fusion
 - Average dose for fusion 0.18 to 0.29 Gy depending on the protocol used

	No Fusion	With 3D-3D fusion	P
N	49	40	
Radiation exposure (Gy)	7 (5-10)	7 (4-12)	0.782
Contrast (mL)	136 (96-199)	94 (72-131)	0.001

in the historical cohort. The use of a lower contrast dose (94 cc [72-131] vs 100 cc [80-125]; $P = .932$) vs 387 minutes [273-522] vs 387 minutes) ($P = .932$); this difference did not reach statistical significance. The "CBCT" group and compared with the "historical" group ($n = 6$) endoleaks were identified. This was confirmed by MDCT. The difference in contrast dose (94 cc [72-131] vs 100 cc [80-125]; $P < .0001$) was statistically significant for postoperative CBCT.

Reported Experience with Fusion

Three-dimensional fusion computed tomography decreases radiation exposure, procedure time, and contrast use during fenestrated endovascular aortic repair

Michael M. McNally, MD, Salvatore T. Scali, MD, Robert J. Feezor, MD, Daniel Neal, MS, Thomas S. Huber, MD, PhD, and Adam W. Beck, MD, Gainesville, Fla

Objective: Endovascular surgery has revolutionized the come at the cost of increased radiation and contra dimensional (3D) fusion computed tomography (CT). The purpose of this analysis was to determine the eff fenestrated endovascular aortic repair (FEVAR).

Methods: Our institutional database was reviewed to id using 3D fusion CT were compared with patients trea this technology when procedures were performed in a Primary end points included patient radiation expo contrast usage (mL), and procedure time (minutes). P revascularized with a stent graft, and operative outcom **Results:** A total of 72 patients (41 before vs 31 a September 2012 through March 2014. For two in

- N=72
 - 41 no fusion (fixed hybrid room)
 - 31 with fusion
 - Siemens, 3d-3d; noncontrast, 5s spin

	No Fusion	With 3D-3D fusion	P
N	41	31	
Radiation Exposure (Gy)	5 +/-0.28	2.2 +/- 1.3	0.0001
Contrast (mL)	86 +/- 25	34 +/- 15	0.0001

There was a significant decrease in time (63 ± 29 vs 41 ± 11 minutes; $p < .0001$) for relative 3D fusion CT. Similarly, for exposure (5400 ± 2225 vs 2700 ± 1000 mAs; $p < .002$), contrast usage (90 ± 25 vs 39 ± 15 mL; $p < .002$) was noted. Estimated blood flow was lower for all patients in

ing during FEVAR can significantly decrease the overall physiologic impact of

copy is an important radiation source practice, and an increasing focus on the reduction of radiation exposure to patients and in the literature.⁴⁻¹⁴ Notably, a recent study¹⁵ that FEVAR is one of the most complex procedures that vascular specialists

Reported Experience with Fusion

Impact of Hybrid Rooms with Image Fusion on Radiation Exposure during Endovascular Aortic Repair

A. Hertault^a, B. Maurel^a, J. Sobocinski^a, T. Martin Gonzalez^a, M. Le Roux^a, R. Azzaoui^a, M. Midulla^b, S. Haulon^{a,*}

^a Vascular Surgery, Hôpital Cardiologique, CHRU de Lille, INSERM U1008, Université Lille Nord de France, 59037 Lille Cedex, France

^b Radiology, Hôpital Cardiologique, CHRU Lille, INSERM U1008, Université Lille Nord de France, 59037 Lille Cedex, France

WHAT THIS PAPER ADDS

Experience has shown that the reduced the exposure of patients without jeopardising the overall

Objective: To evaluate exposure intraoperative guidance by preop

Methods: All consecutive patients who underwent standard bifurcated (BIF) or thoracic (THO), and complex

- n=102
 - All patients had fusion guided procedures
 - 3d-2d fusion (GE system)

Procedure	N	DAP (Gy.cm2)	Contrast (mL)
IR EVAR	44	12.2	59
BEVAR	20	47.4	120
FEVAR	18	43.7	105
TEVAR	14	26.0	80

- Significant reduction in DAP and Contrast volume

Keywords: Aorta, Endovascular procedures, Fusion imaging, Hybrid room, Radiation, Radiation protection

May 2014, Available online 17 July 2014

A 3D medical visualization of a human aorta, showing a large aneurysm in the ascending aorta. The aorta is rendered in a translucent blue color. Several small, bright yellow rectangular markers are placed along the length of the aorta, particularly concentrated around the aneurysm and in the descending aorta. The background is black.

Fusion Imaging: Towards a Zero Contrast Future

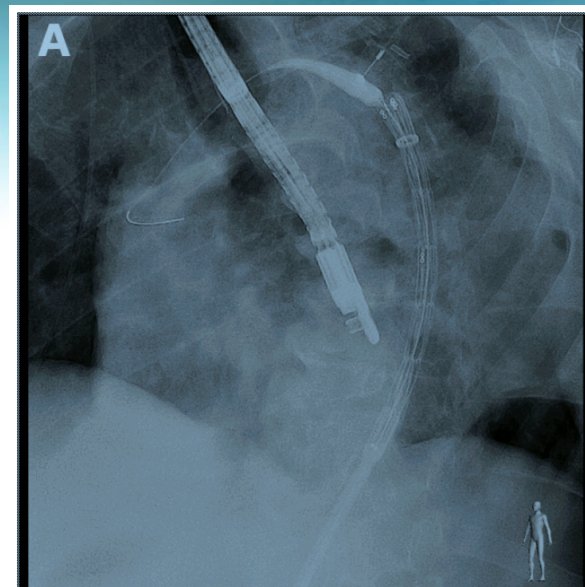
Images in Cardiovascular Medicine

Zero-Contrast Thoracic Endovascular Aortic Repair Using Image Fusion

Hicham Kobeiter, MD; Julien Nahum, MD; Jean-Pierre Becquemin, MD

In recent years, thoracic endovascular aortic repair (TEVAR) has been established as a reliable alternative to conventional surgical repair.¹ The success of endovascular repair is critically dependent on adequate stent-graft deployment. Catheter-based 2-dimensional angiography is routinely performed before, during, and after stent-graft placement to ensure accurate positioning and confirm the absence of complications such as perigraft endoleaks. Computed tomography angiography (CTA) is also used to plan stent-graft deployment before intervention. Recent advances in imaging technology allow reusing the diagnostic volumetric data sets during intervention by overlaying live fluoroscopy over the preacquired CTA.² This article describes the first case of TEVAR under guidance of CTA superimposed on live fluoroscopy without the use of iodinated contrast agent before, during, and after deployment.

An 82-year-old man was admitted to the hospital with an asymptomatic thoracic aneurysm of 65-mm diameter on the



- CBCT pre and post
- No gain in DAP (55Gy.cm²)
- **NO CONTRAST**

Imaging and the Vascular Surgeon

- Advances in technology and improvement in hybrid theatres has resulted in a decrease in radiation and contrast dose for the patient
- Strict application to ALARA principles - vital
- Future developments will get us closer to the holy grail of a zero radiation and zero contrast procedure



the **AORTIC** team
Royal Free London