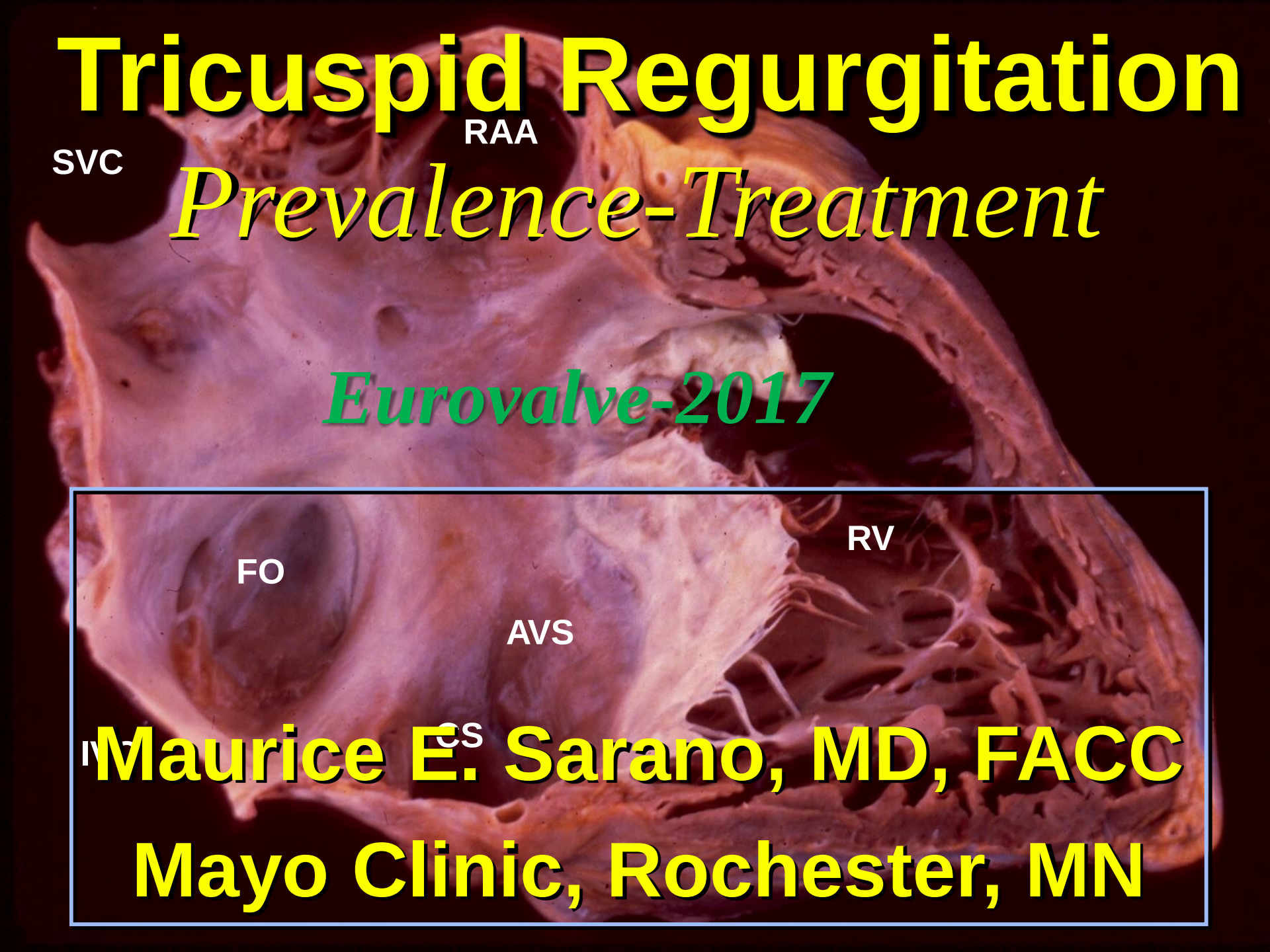


Tricuspid Regurgitation

An anatomical illustration of the heart, showing the right atrium (RAA) and right ventricle (RV). The tricuspid valve is visible, and the regurgitation is indicated by a yellow arrow. The illustration is labeled with SVC, RAA, FO, AVS, CS, and RV.

SVC

RAA

Prevalence-Treatment

Eurovalve-2017

FO

RV

AVS

CS

Maurice E. Sarano, MD, FACC

Mayo Clinic, Rochester, MN

Prevalence of Valve Diseases

VHD Olmsted County, MN

**Prevalence per
100 adult residents**

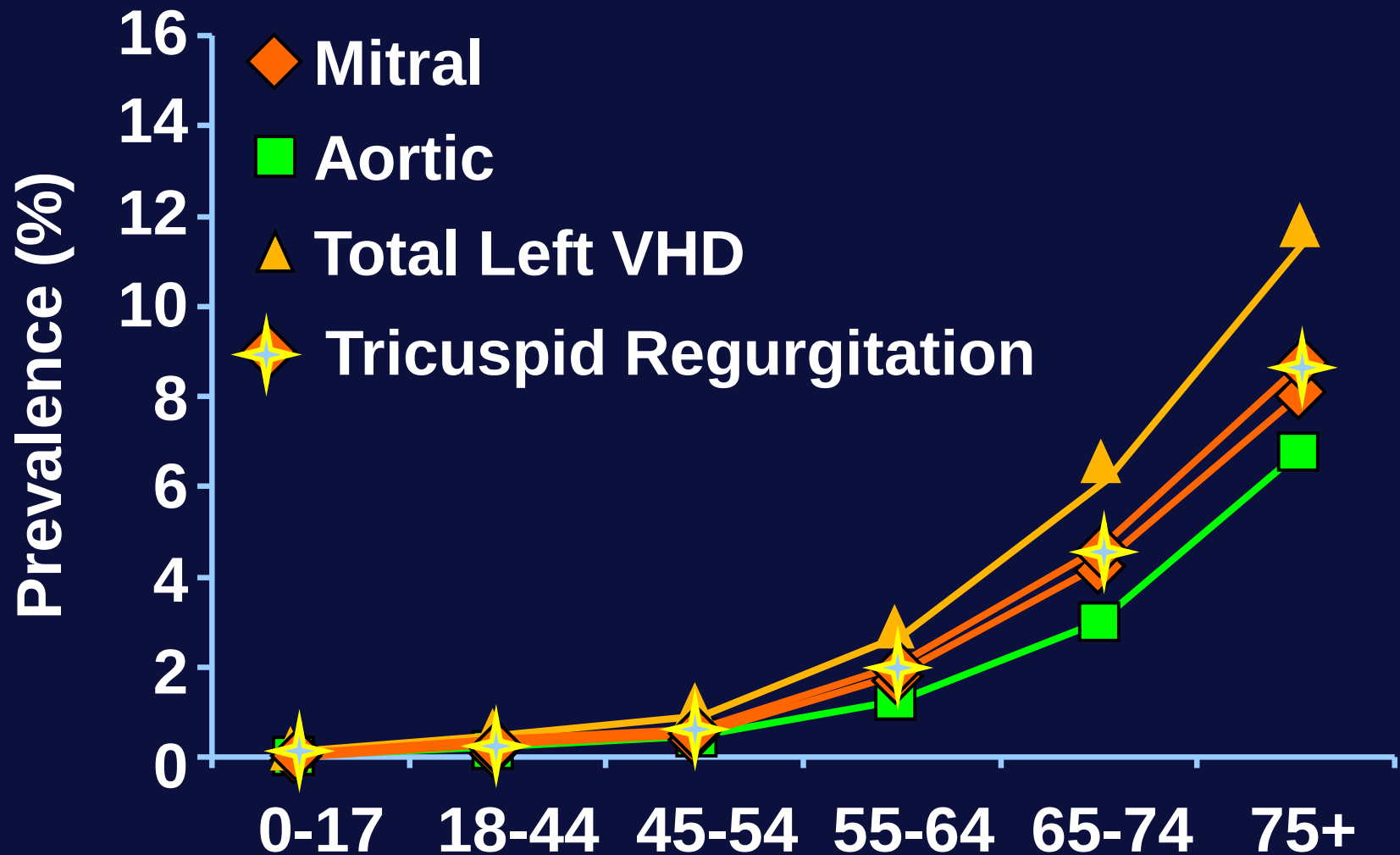
Total Left VHD 1.8%

Tricuspid Regurgitation 1.3%

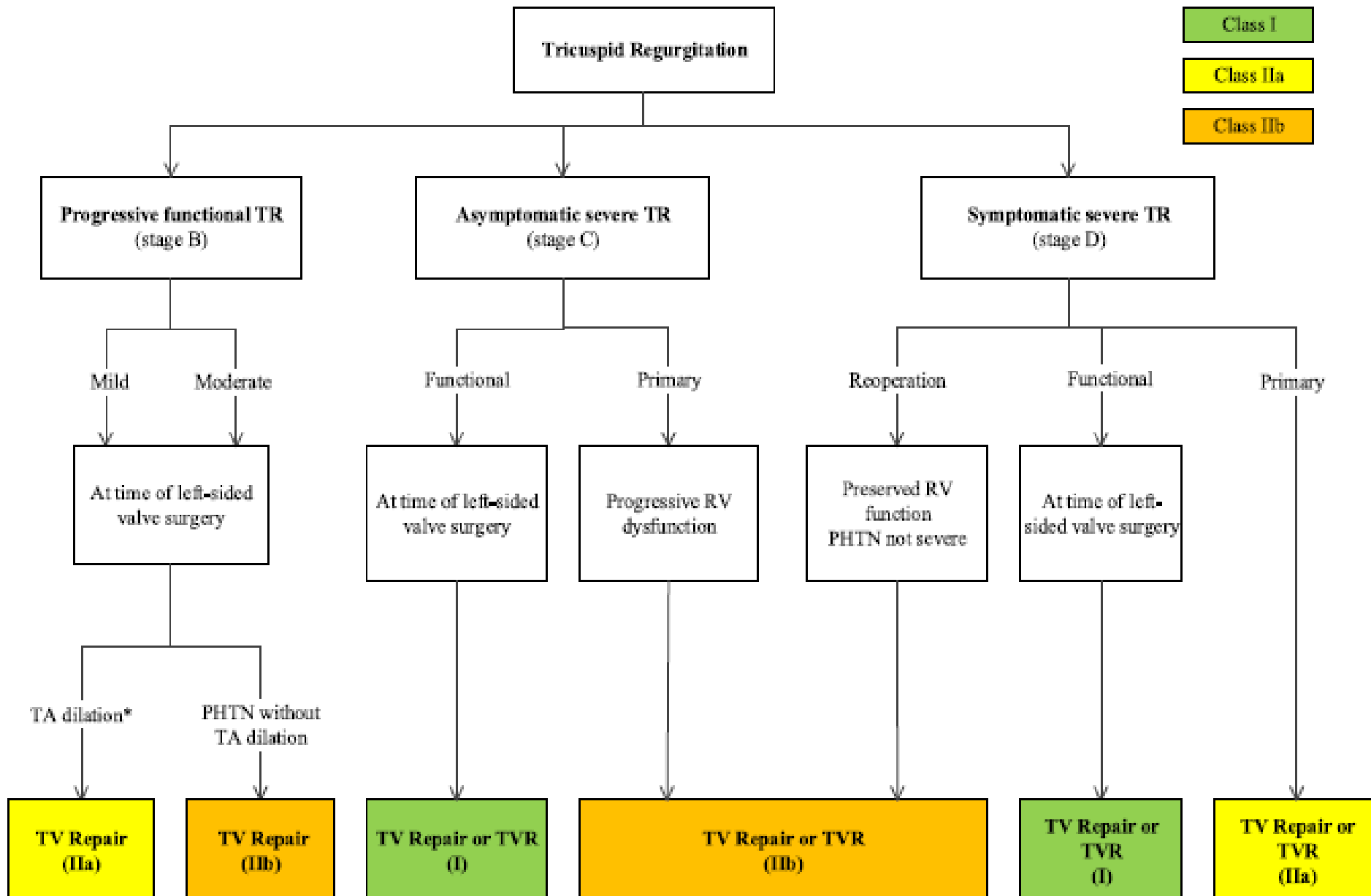
**In the USA adults affected by
moderate or severe TR are >3 M**

Prevalence of Valve Diseases

Olmsted County



Guidelines



Tricuspid Regurgitation

Why is TR
management so vague
and poorly defined ?

Reason #1:

Heterogeneity

A smorgasbord of
strange etiologies

Tricuspid Regurgitation

“Causal Disease”

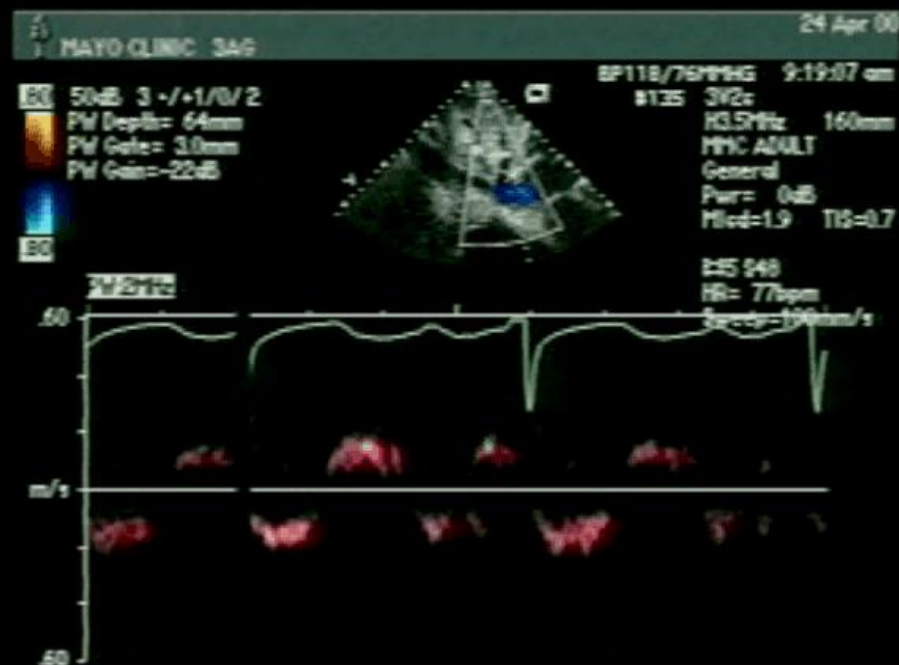
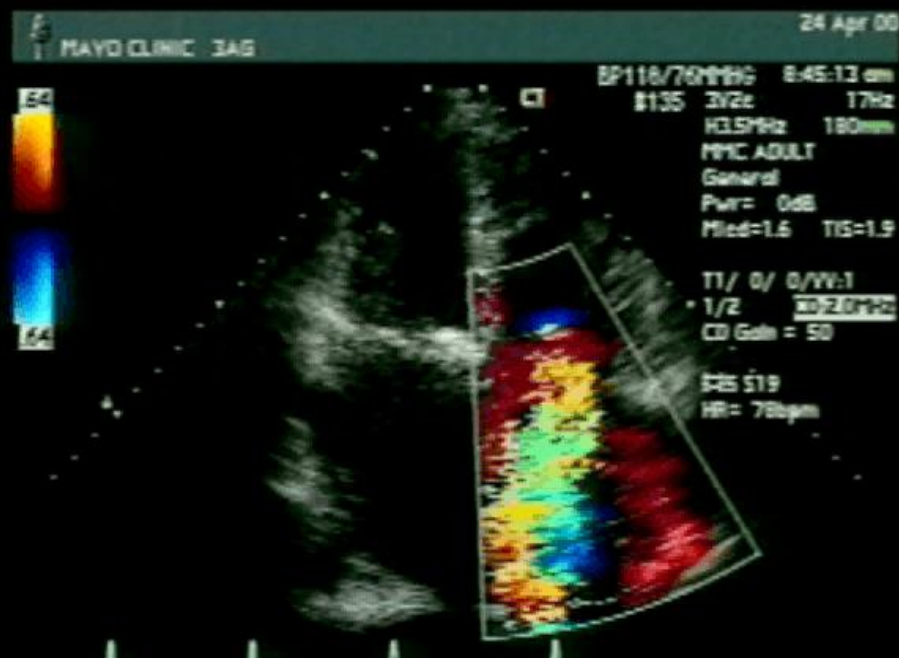
1162 Quantified cases

- Congenital Disease 8.9%
- Organic T Valve diseases or pacemaker wire 11.9%
- Left valve disease 25.9%
- LV Dysfunction 12.2%
- Pulmonary HTN 28.9%
- Idiopathic 12.2%

Tricuspid Regurgitation Rheumatic Valve Disease

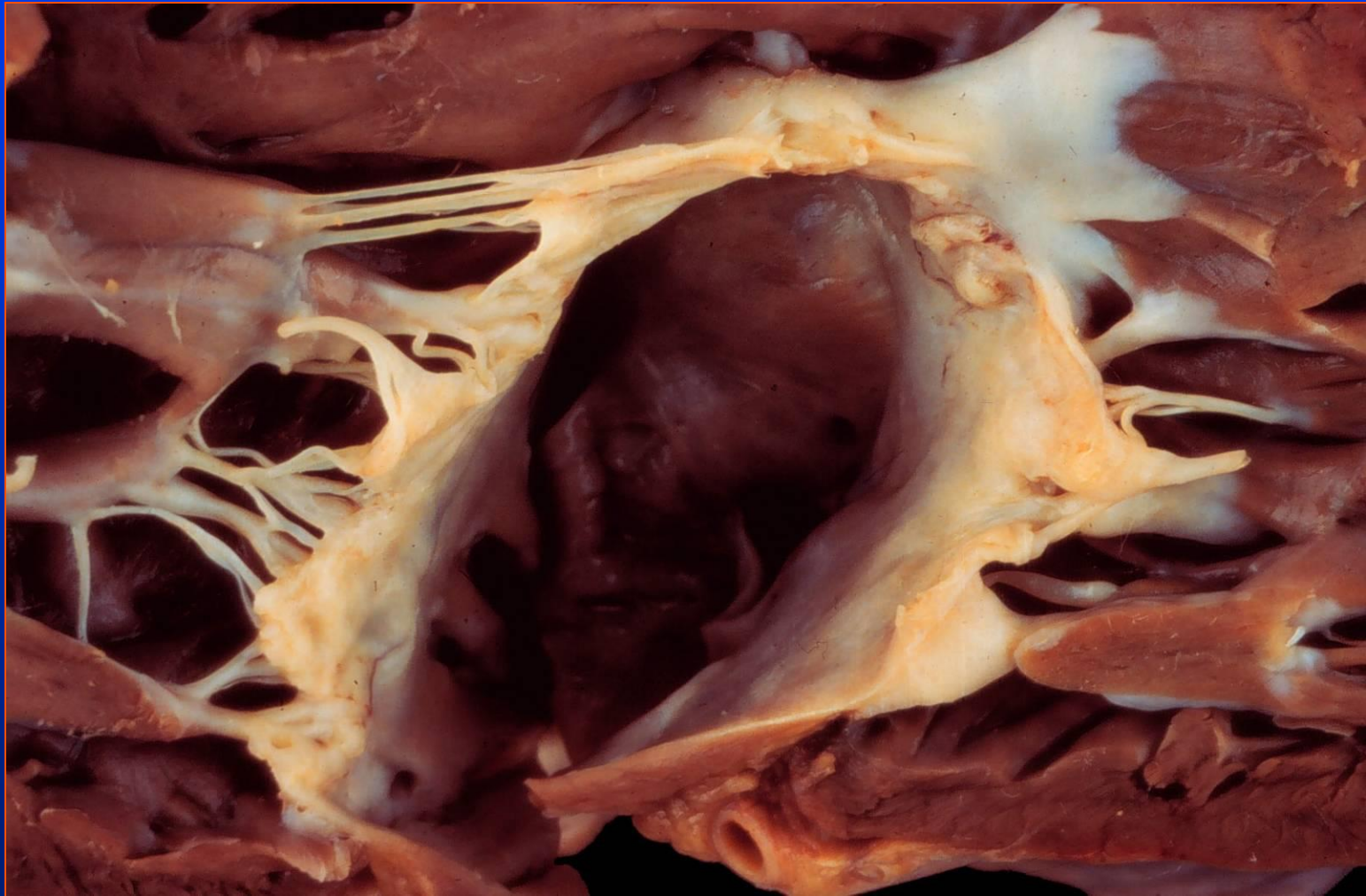


Surgical Specimen



Tricuspid Regurgitation

Carcinoid Heart Disease



Autopsy Specimen (From RV Apex)



MAYO CLINIC

MI: 1.6
 S4 1.8/3.6
 13 JAN 88
 10:35:53
 PROC 8/8/D/FA
 MAYO CLINIC
 System BEE
 MAYN ADULT

MMHG

85

GAIN 63
 COMP 55
 658PM

14CM
 30HZ

1.8 3.6

T16: 1.8
 S4 1.8/3.6
 13 JAN 88
 10:46:19
 PROC 8/8/D/FA
 MAYO CLINIC
 System BEE
 MAYN ADULT

MMHG

85

GAIN 53
 COMP 55
 13CM
 14HZ 648PM

▲ [°]

1.8 3.6

3.2MHZ

52

CM
 /
 S

52

T16: 1.8
 S4
 13 JAN 88
 11:12:52
 PROC 8/8/D/FA
 MAYO CLINIC
 System BEE
 MAYN ADULT

MMHG

85

GAIN 78
 COMP 46
 13CM
 12HZ 658PM

▲ [°]

P 2 A 4

3.2MHZ
 52

CM
 /
 S

52

T16: 0.9
 S4
 MAYO CLINIC
 GAIN 78 COMP 46
 13CM
 288PM
 13 JAN 88
 11:13:58

85

1.8MHZ

3.2MHZ
 74

CM
 /
 S

74

FOCUS: 7.0CM

0: 0
 100

DELAY1 3 MS

EVERY 5 BEATS

300

200

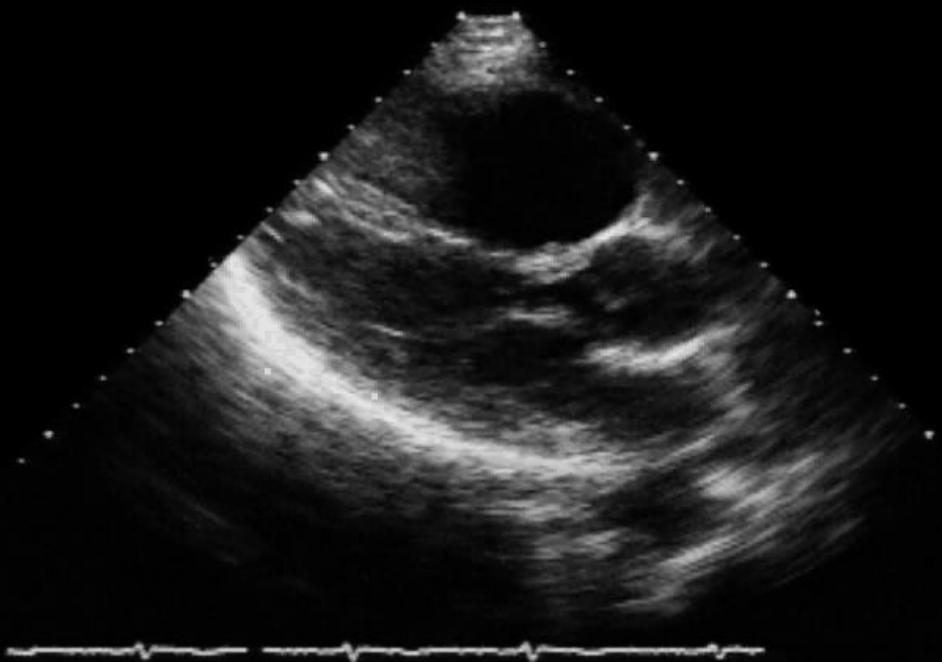
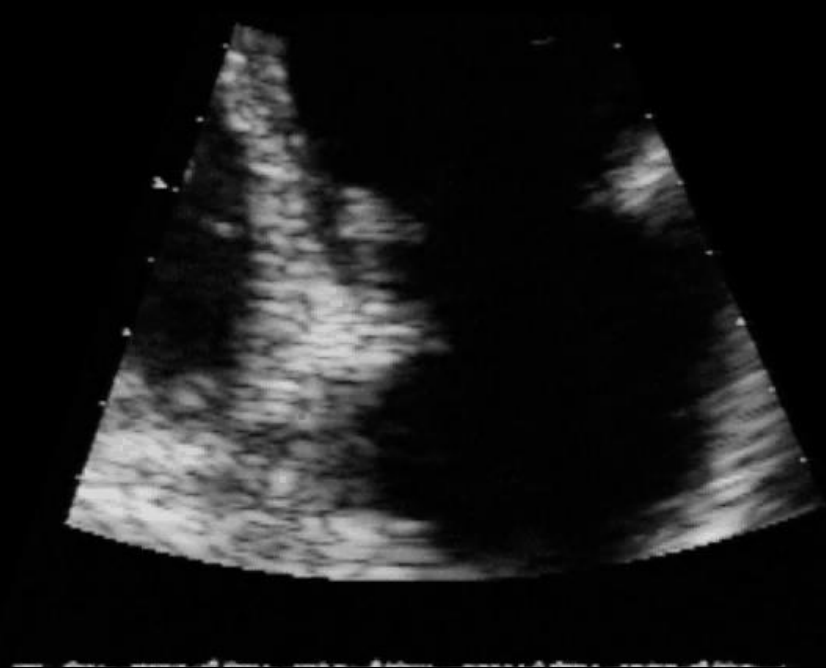
100

0

100

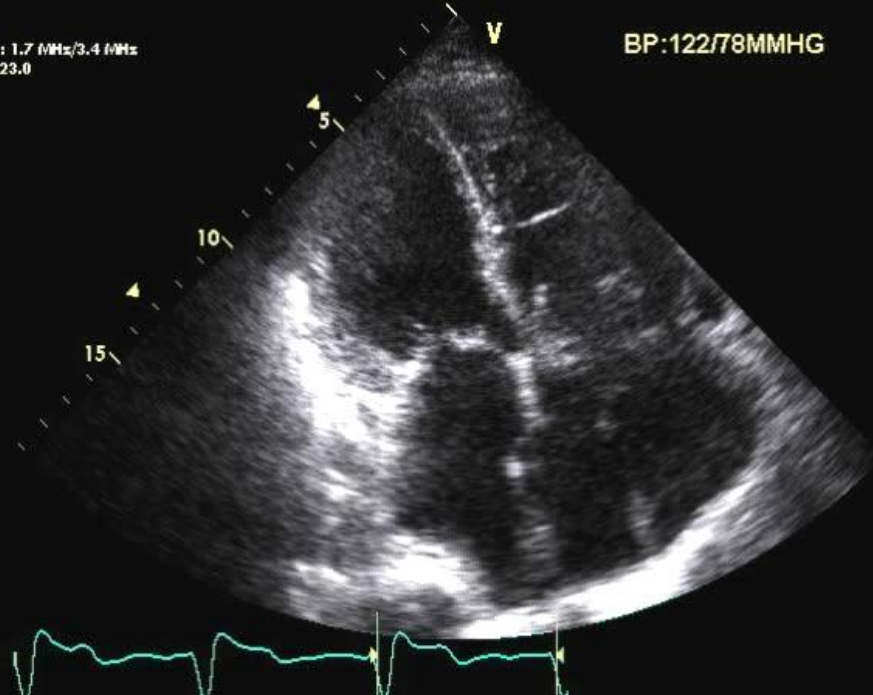
200

CM
 /
 S



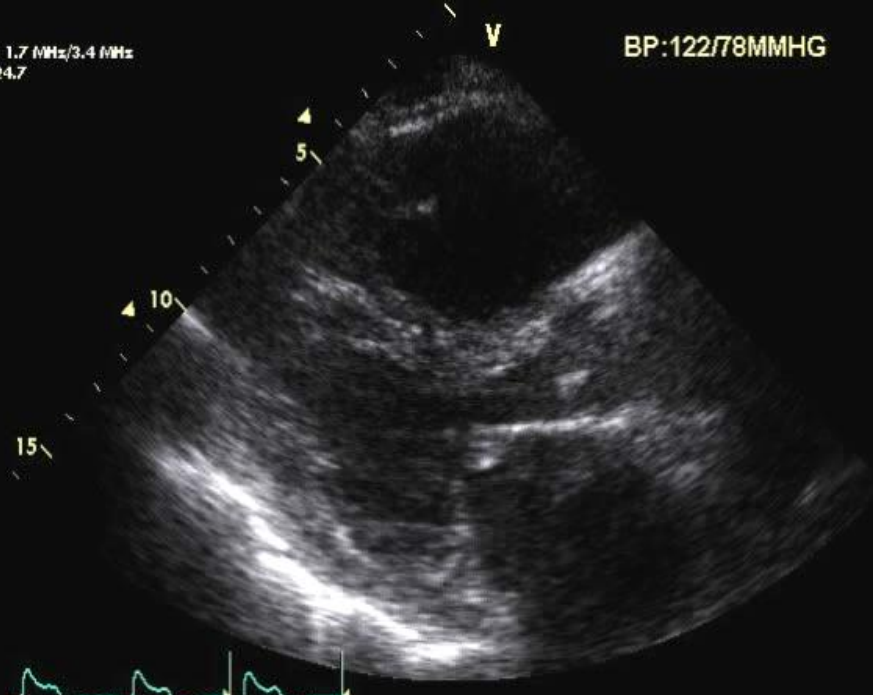
Freq.: 1.7 MHz/3.4 MHz
FPS: 23.0

BP:122/78MMHG

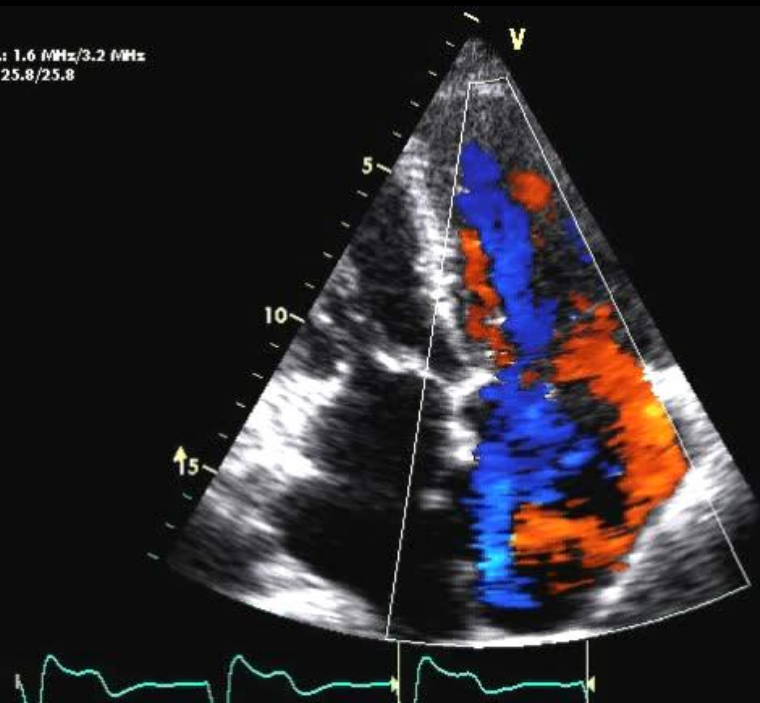


Freq.: 1.7 MHz/3.4 MHz
FPS: 24.7

BP:122/78MMHG



Freq.: 1.6 MHz/3.2 MHz
FPS: 25.8/25.8



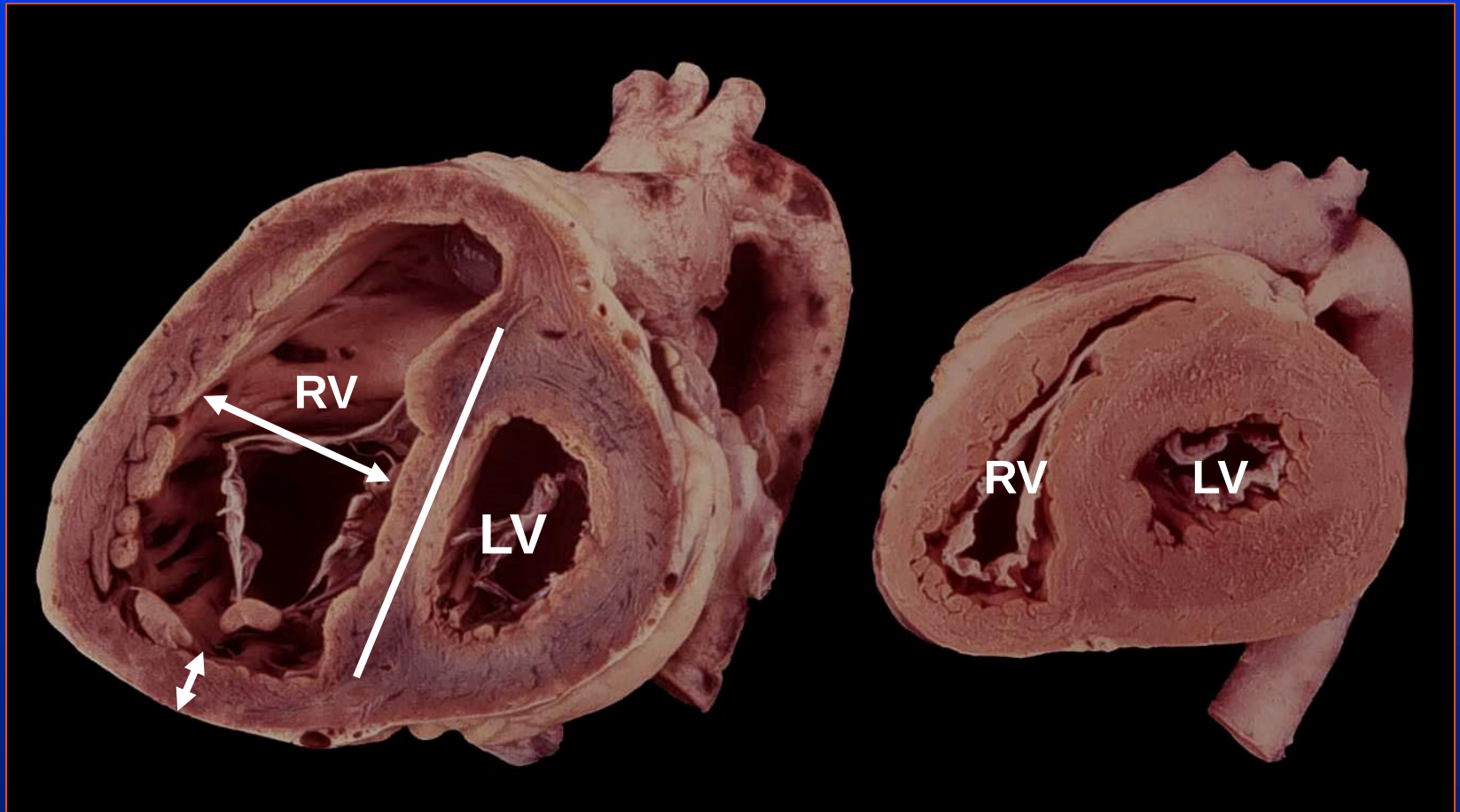
Freq.: 1.6 MHz/3.2 MHz
FPS: 74.7/



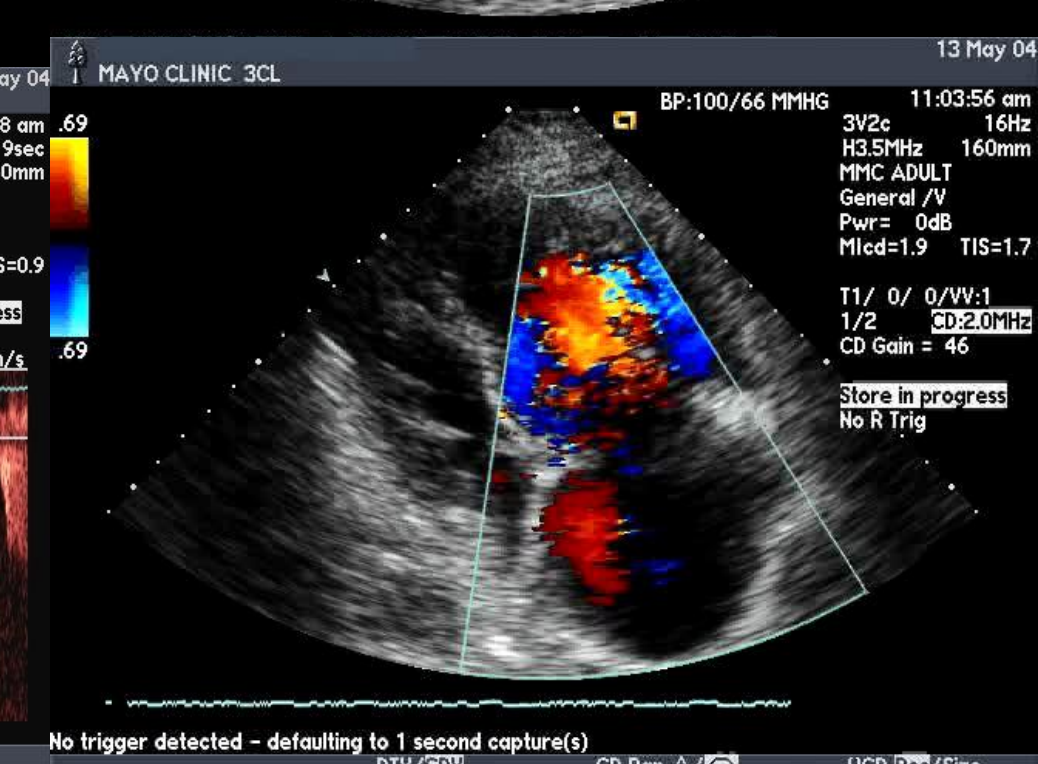
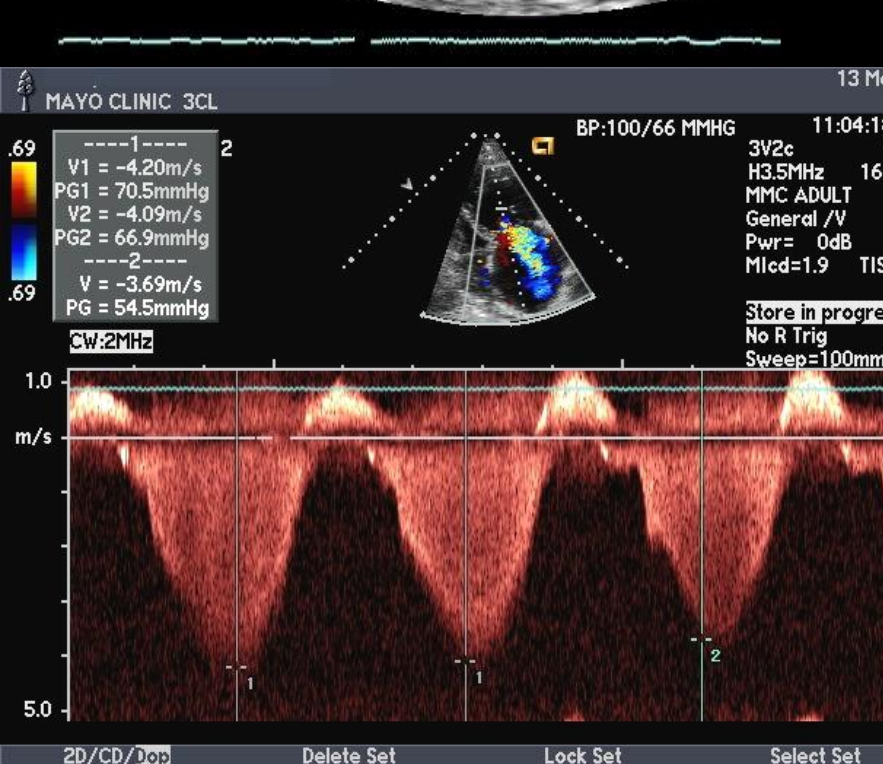
70
HR

Tricuspid Regurgitation

Pulmonary Hypertension

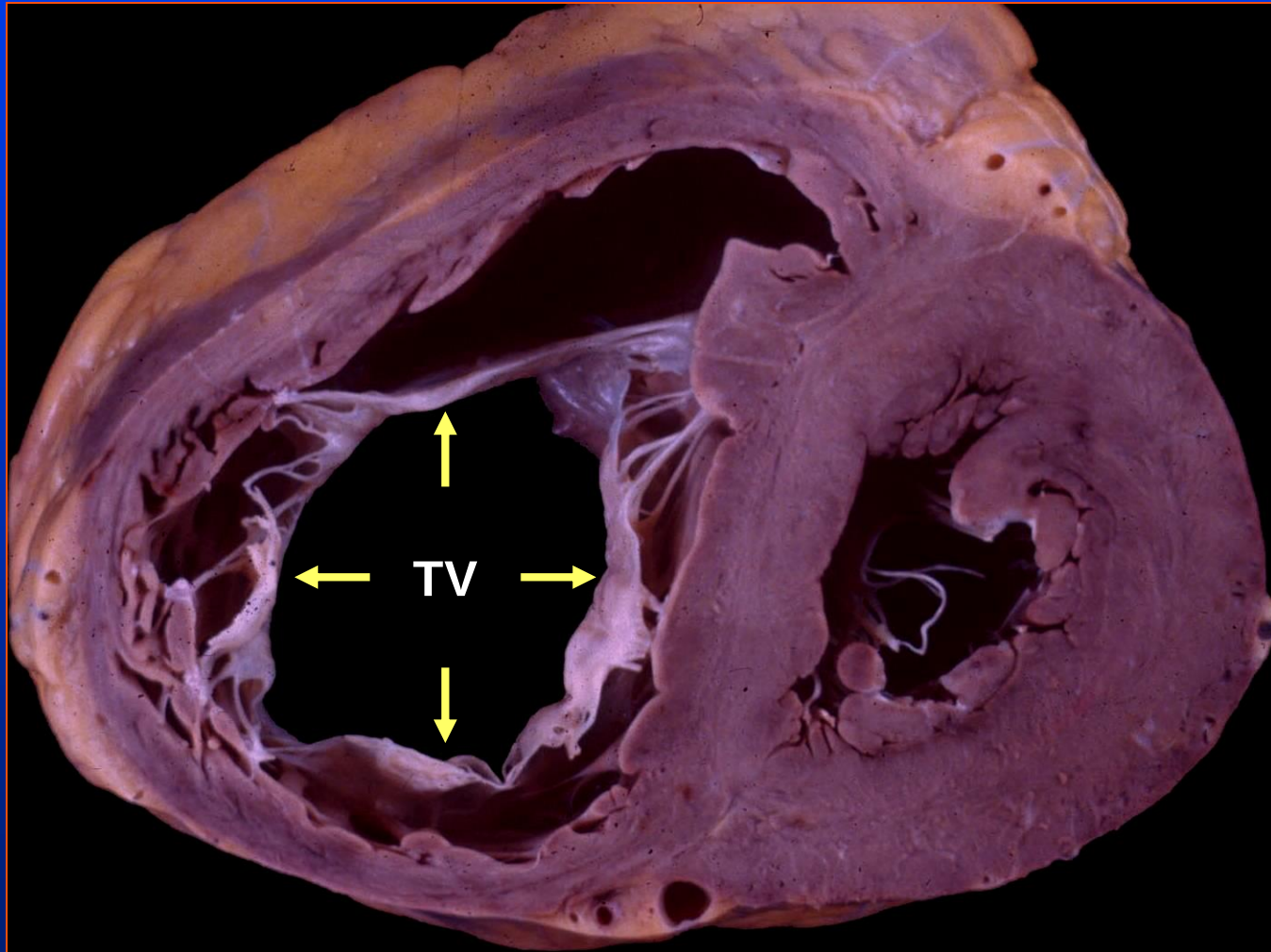


Autopsy Specimens

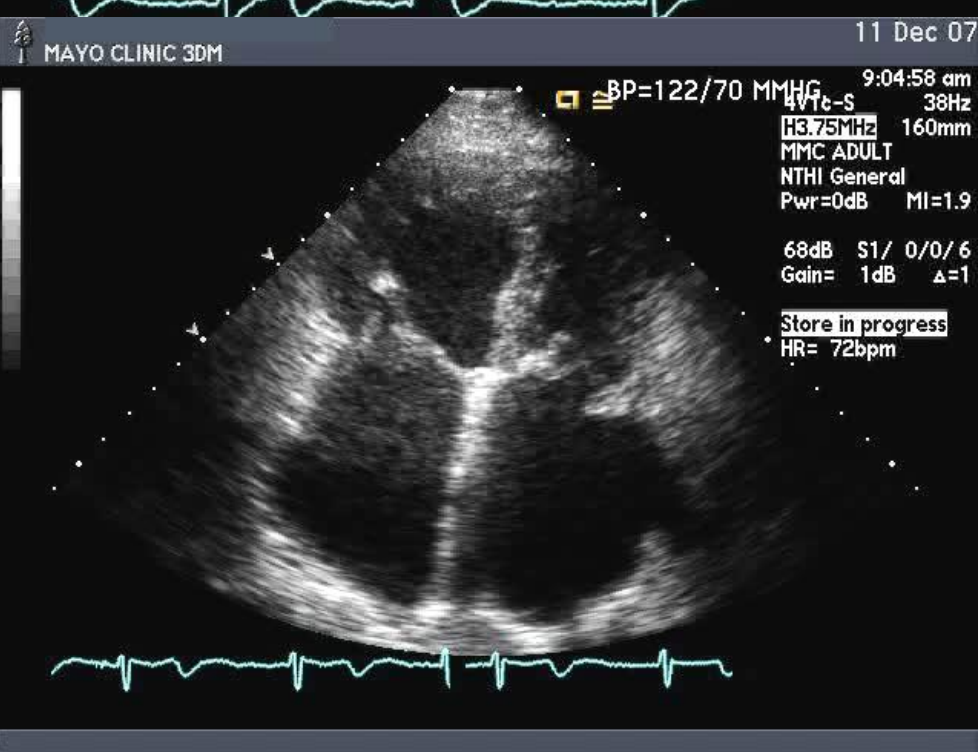
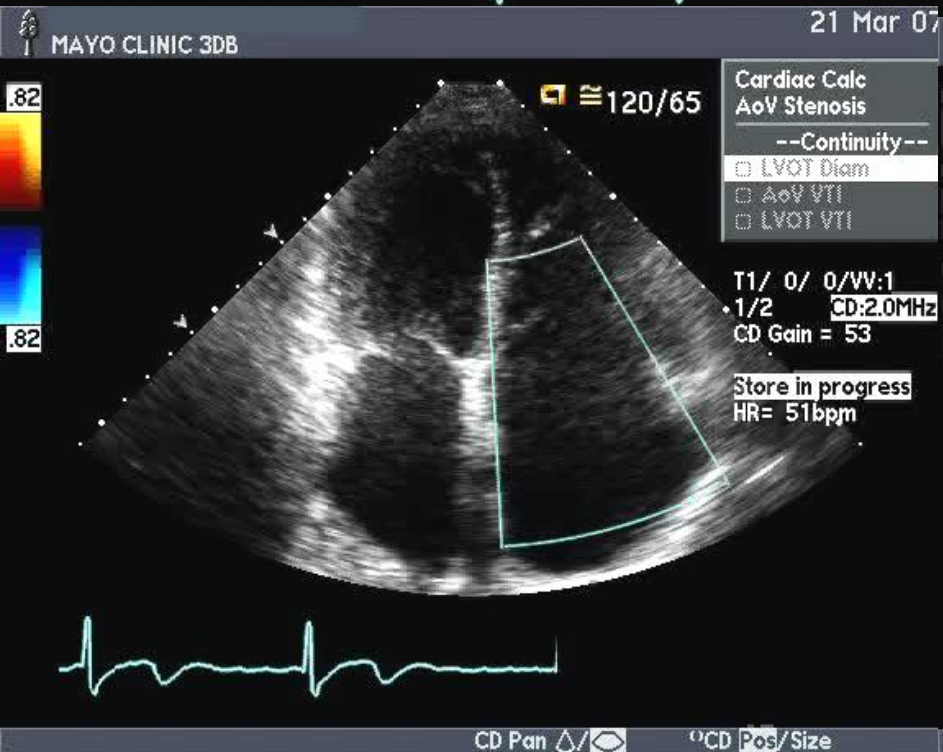
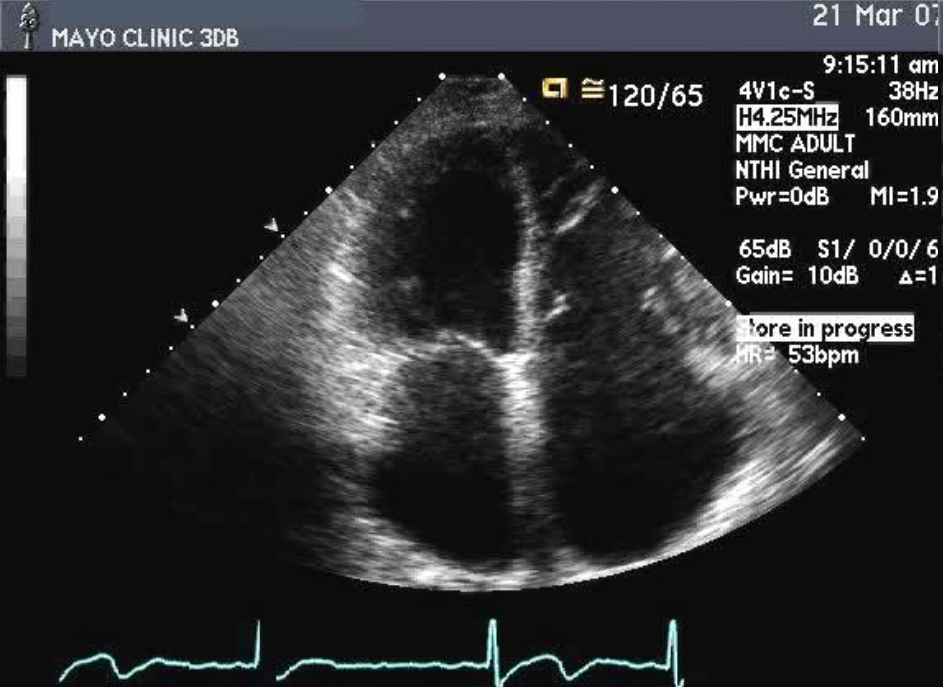


Idiopathic Tricuspid Regurgitation

Dilated Annulus



Autopsy Specimen



Tricuspid Regurgitation

Uncertain management

#1: Heterogeneity

**Etiology and Mechanism
should be comprehensively
described by Doppler-Echo**

Reason #2:

Grading Uncertainty
**Assessment of TR severity
is difficult**

TR Severity Assessment

Table 8 Echocardiographic and Doppler parameters used in grading tricuspid regurgitation severity

Parameter	Mild	Moderate	Severe
Tricuspid valve	Usually normal	Normal or abnormal	Abnormal/Flail leaflet/Poor coaptation
RV/RA/IVC size	Normal*	Normal or dilated	Usually dilated**
Jet area-central jets (cm ²) [§]	< 5	5-10	> 10
VC width (cm) ^Φ	Not defined	Not defined, but < 0.7	> 0.7
PISA radius (cm) ^Ψ	≤ 0.5	0.6-0.9	> 0.9
Jet density and contour–CW	Soft and parabolic	Dense, variable contour	Dense, triangular with early peaking
Hepatic vein flow†	Systolic dominance	Systolic blunting	Systolic reversal

CW, Continuous wave Doppler; IVC, inferior vena cava; RA, right atrium; RV, right ventricle; VC, vena contracta width.

* Unless there are other reasons for RA or RV dilation. Normal 2D measurements from the apical 4-chamber view: RV medio-lateral end-diastolic dimension ≤ 4.3 cm, RV end-diastolic area ≤ 35.5 cm², maximal RA medio-lateral and supero-inferior dimensions ≤ 4.6 cm and 4.9 cm respectively, maximal RA volume ≤ 33 ml/m²(35;89).

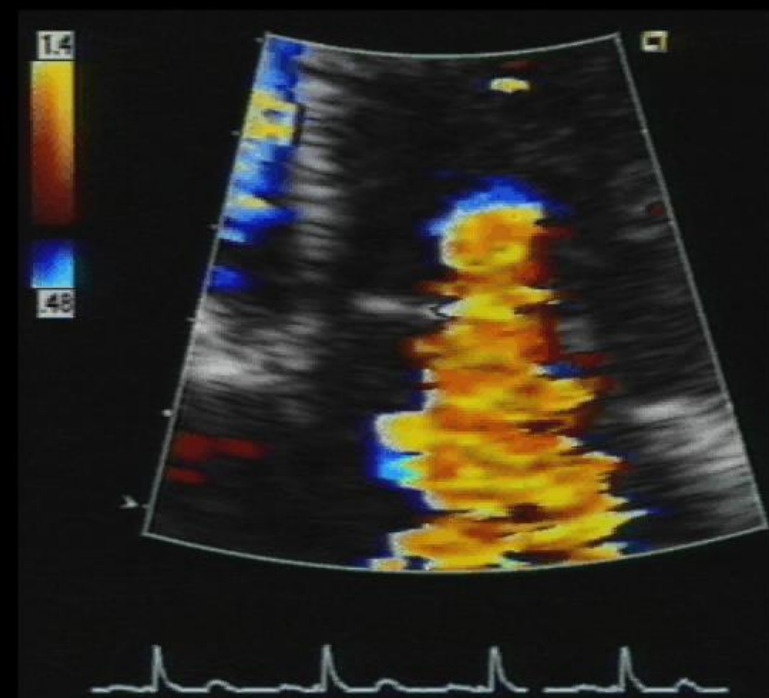
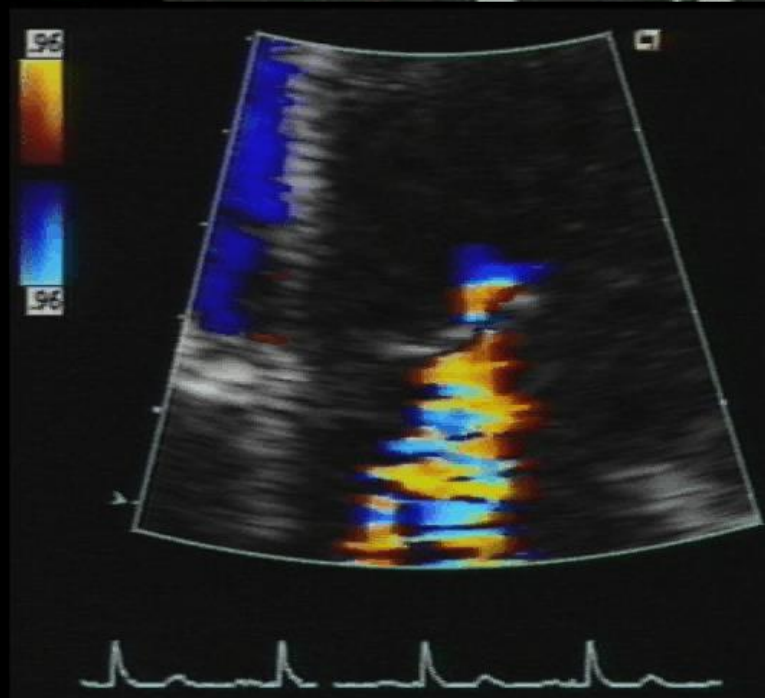
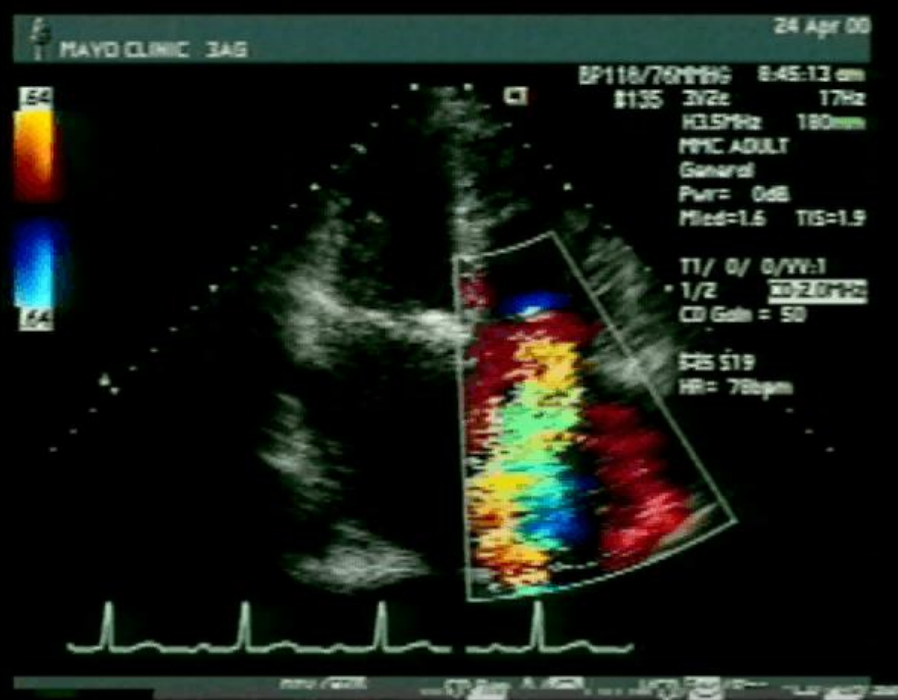
** Exception: acute TR.

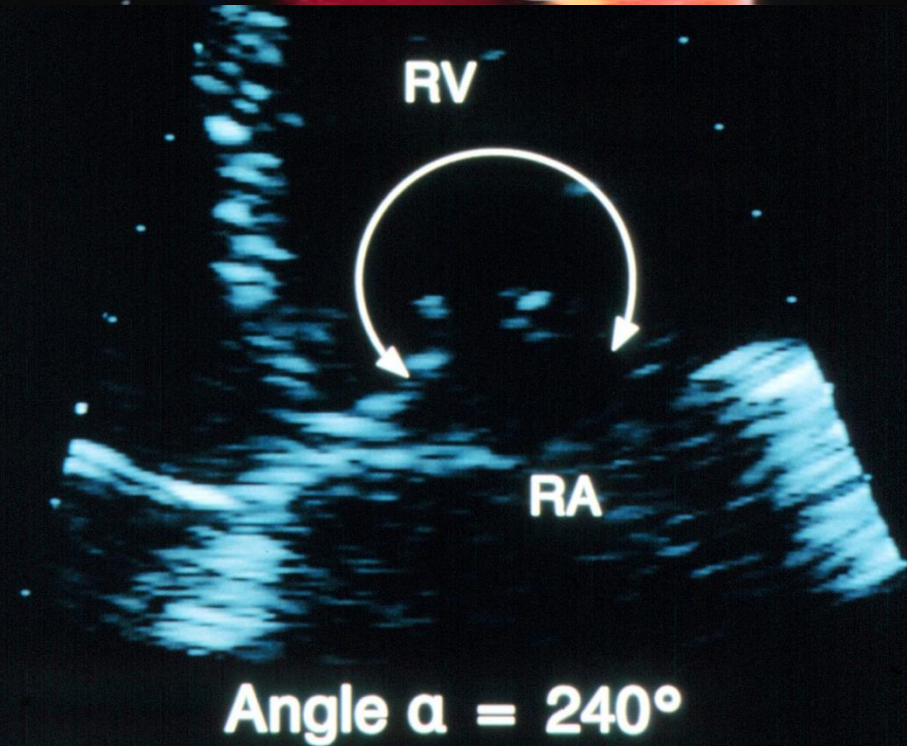
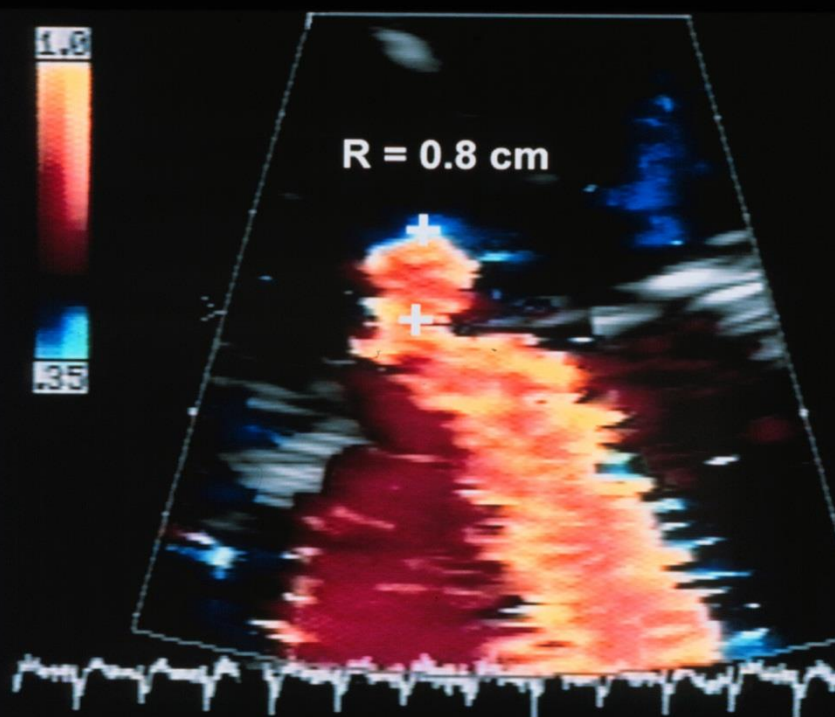
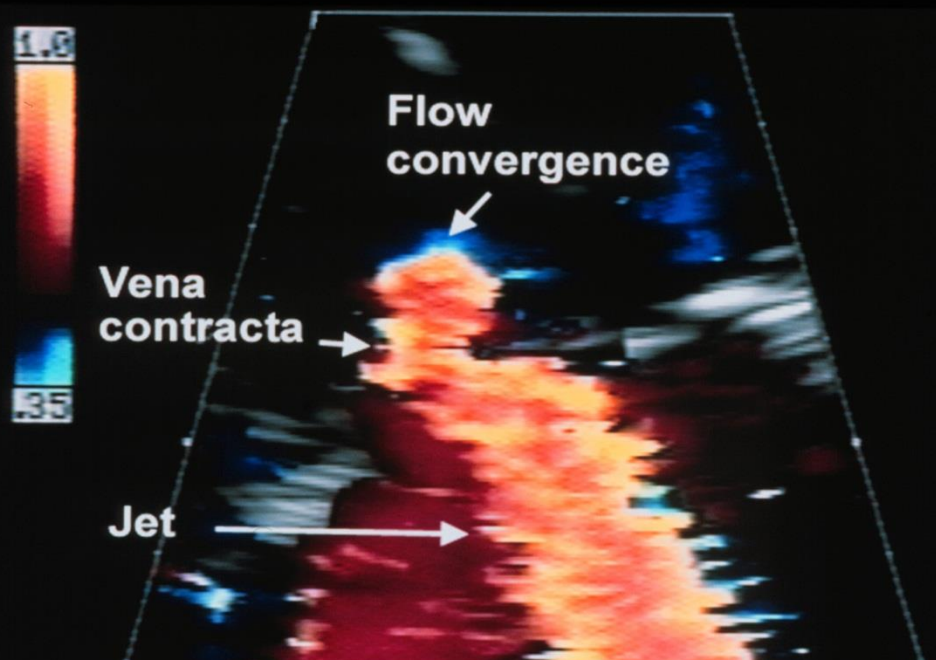
§ At a Nyquist limit of 50-60 cm/s. Not valid in eccentric jets. Jet area is not recommended as the sole parameter of TR severity due to its dependence on hemodynamic and technical factors.

Φ At a Nyquist limit of 50-60 cm/s.

Ψ Baseline shift with Nyquist limit of 28 cm/s.

† Other conditions may cause systolic blunting (eg. atrial fibrillation, elevated RA pressure).





Tricuspid Regurgitation

ERO



=



R flow



R Vel



=



x



R vol

ERO

RTVI

Quantitation of Regurgitations

Criteria for Severe Regurgitation

	AR	MR	TR
ERO (mm ²)	30	40	40
Rvol (mL)	60	60	45

Tricuspid Regurgitation

Uncertain management

#2: TR assessment

Assessment of TR should be
Comprehensive and
Quantitative

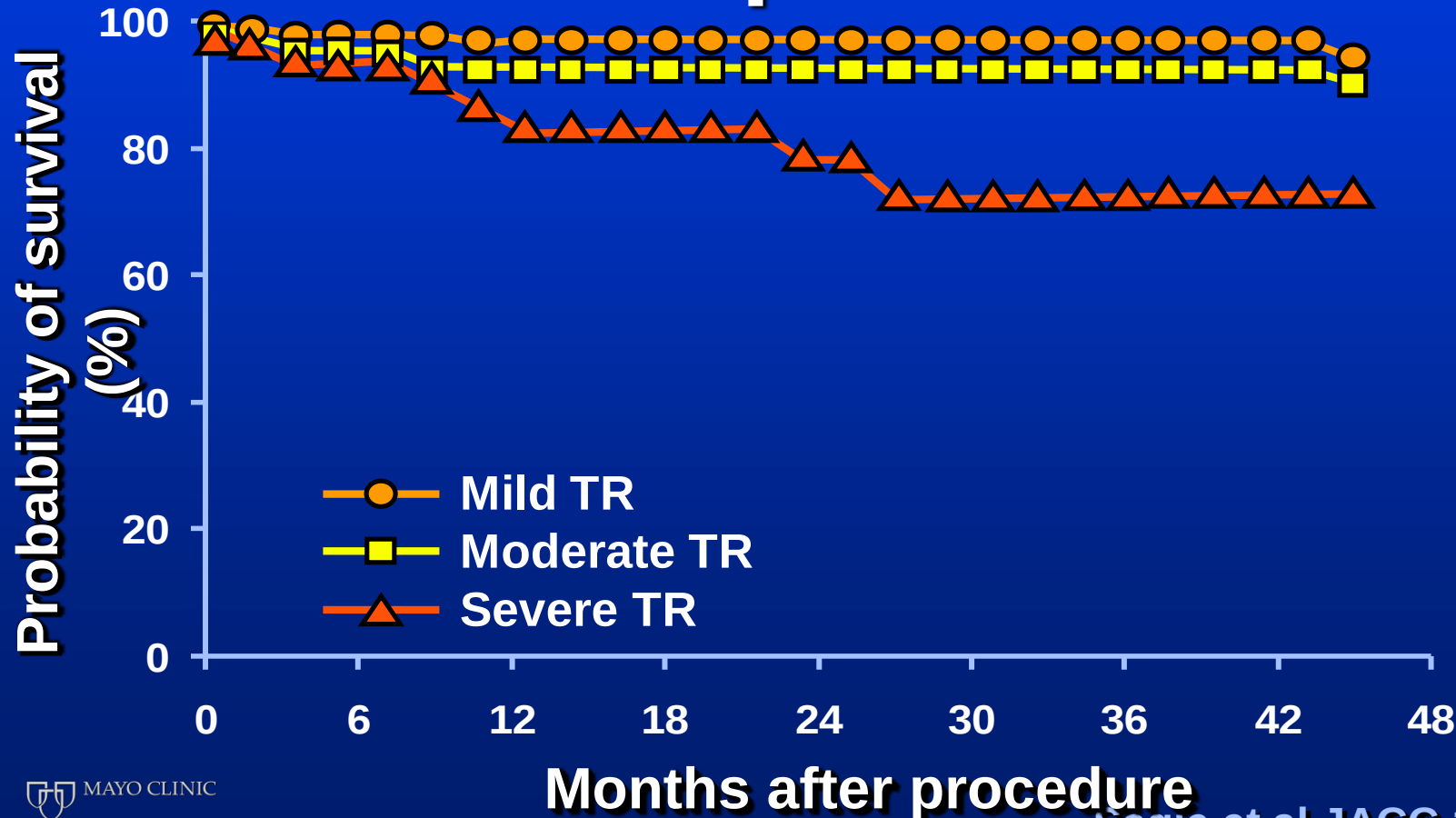
Reason #3: Outcome Uncertainty

TR is often the consequence of
another disease—Does it affect
outcome ?

TR Uncertain management

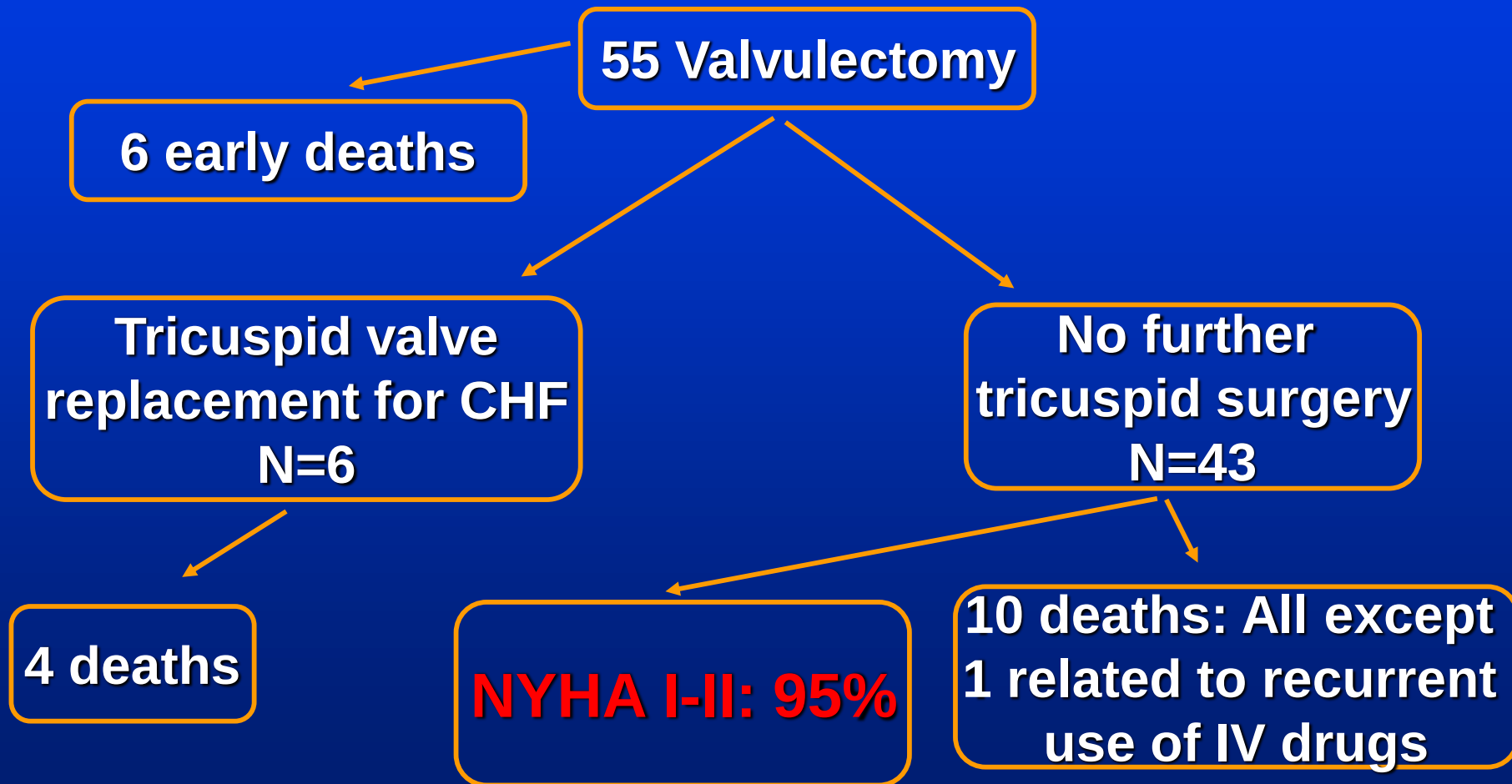
Reason #4: Outcome Uncertainty

Survival post-PBMV



Tricuspid Valvulotomy without replacement

Drug-addict patients with intractable right-sided endocarditis



**The independent effect of
TR on Outcome under
medical management
remains unclear.**

A **serious problem
or**

**An unimportant color spot,
surrogate of
the causal condition**

Impact of Tricuspid Regurgitation on Long-Term Survival

Jayant Nath, MD,* Elyse Foster, MD, FACC,† Paul A. Heidenreich, MD*

Palo Alto

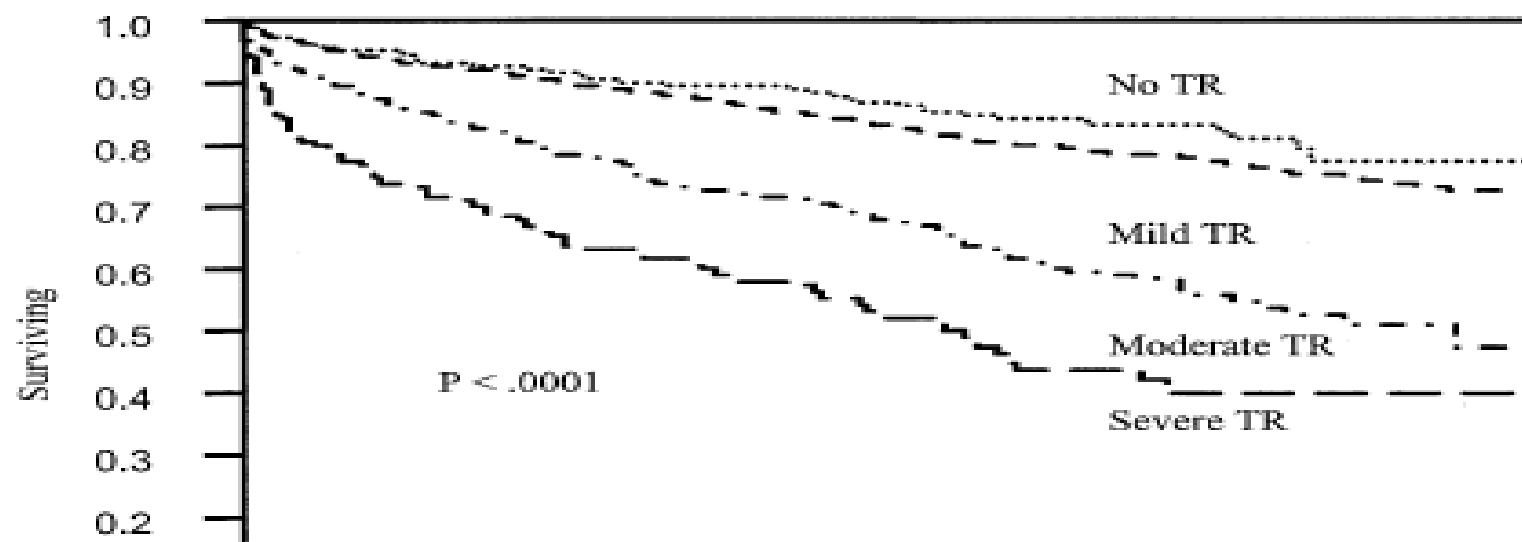


Table 1. Clinical and Echocardiographic Features of Patients With Tricuspid Regurgitation

	No TR (n = 600)	Mild TR (n = 3,804)	Moderate TR (n = 620)	Severe TR (n = 199)	p Value
Age (yrs)	62.2 ± 12.8	66.0 ± 12.6	71.9 ± 11.7	71.9 ± 12.4	< 0.0001
LVEF (%)	57.3 ± 9.1	55.4 ± 11.6	47.1 ± 15.6	40.4 ± 17.2	< 0.0001
RV dilation	8%	11%	35%	66%	< 0.0001
RV dysfunction	3%	8%	30%	61%	< 0.0001
Dilated IVC	6%	11%	44%	76%	< 0.0001

Medical and surgical outcome of tricuspid regurgitation caused by flail leaflets

David Messika-Zeitoun, MD^a

Helen Thomson, MD^a

Michael Bellamy, MD^a

Christopher Scott, MS^b

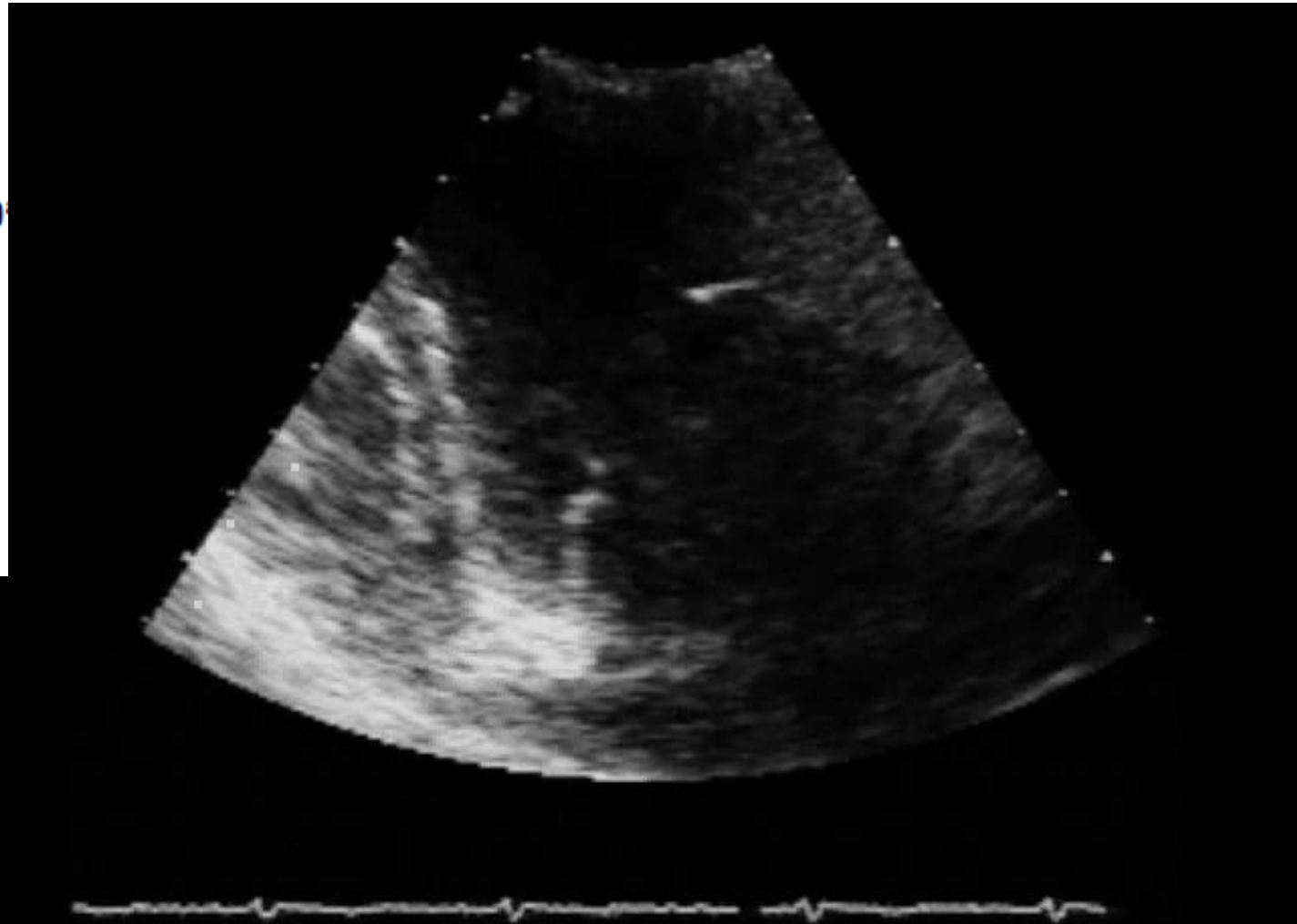
Christophe Tribouilloy, MD^a

Joseph Dearani, MD^c

A. Jamil Tajik, MD^a

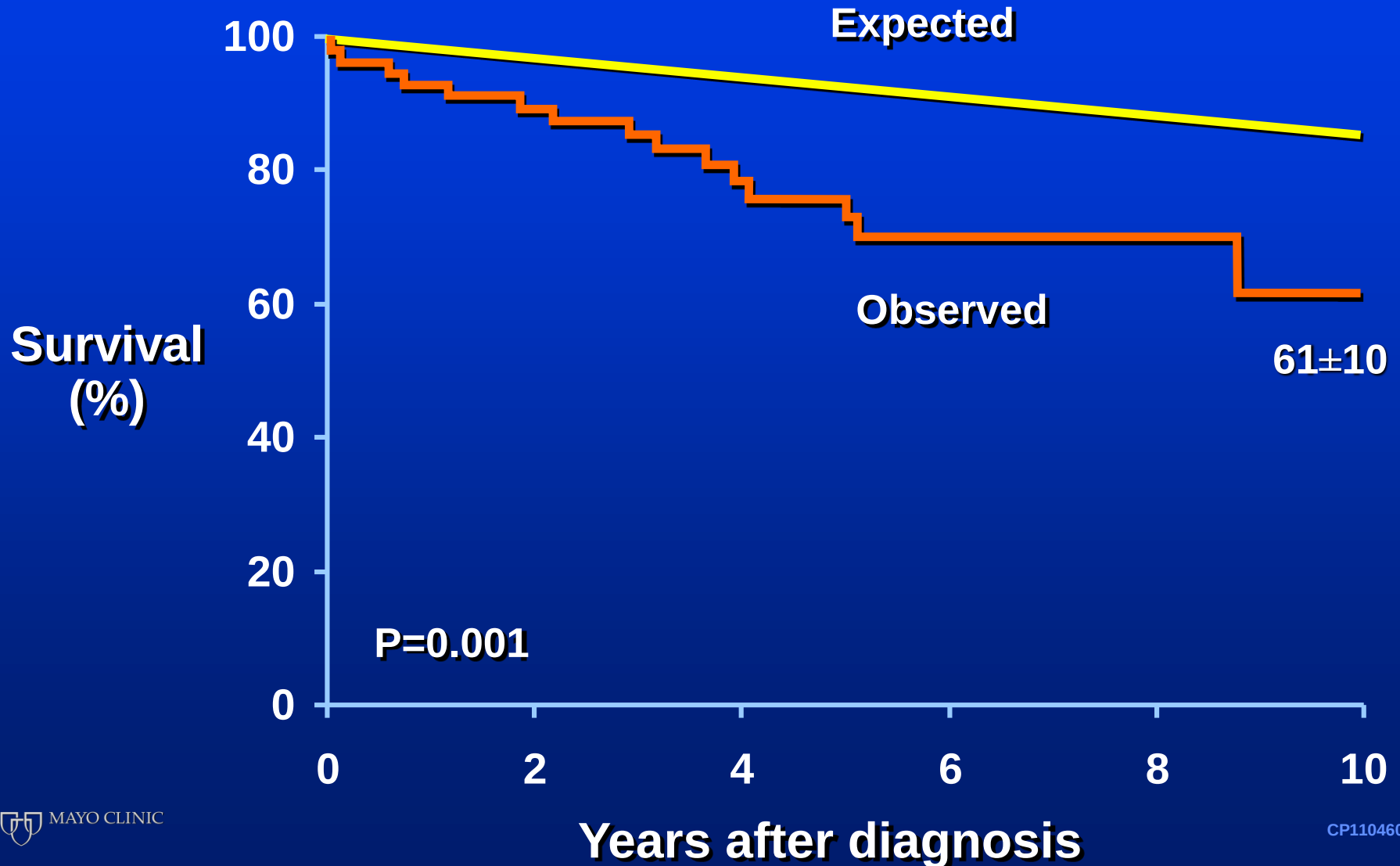
Hartzell Schaff, MD^c

Maurice Enriquez-Sarano, MD^a



TR due to Flail Leaflets

overall population



Usefulness of Echocardiographic Determined Tricuspid Regurgitation in Predicting Event-Free Survival in Severe Heart Failure Secondary to Idiopathic-Dilated Cardiomyopathy or to Ischemic Cardiomyopathy

Judy Hung, MD, Todd Koelling, MD, Marc J. Semigran, MD, G. William Dec, MD, Robert A. Levine, MD, and Thomas G. Di Salvo, MD

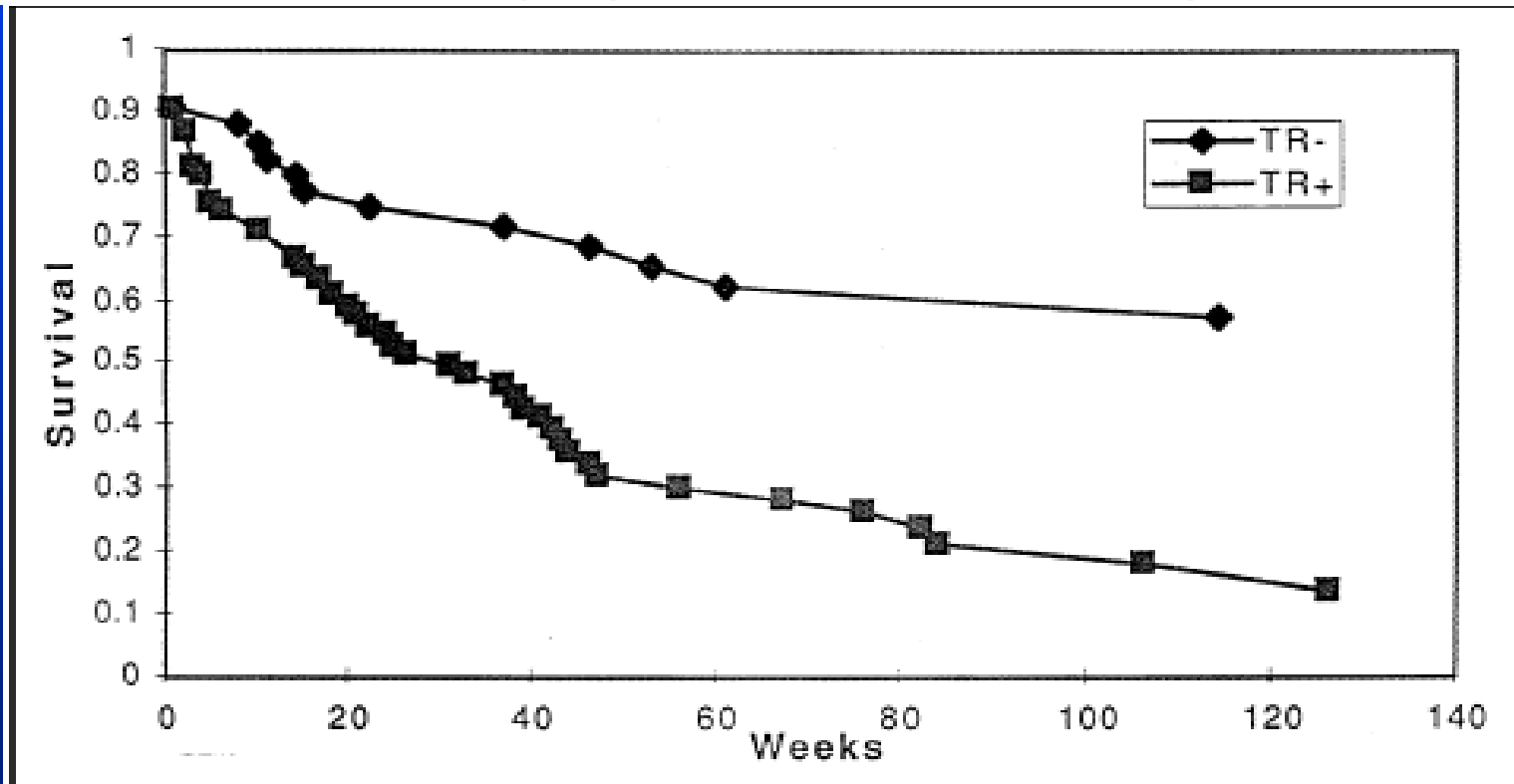


FIGURE 1. Echocardiographic TR and event-free survival. The actuarial event-free survival of the patients without echocardiographic TR (*diamonds*) and the patients with echocardiographic TR (*squares*) is shown. Event-free survival was significantly better for patients without echocardiographic TR. Log-rank: $p = 0.002$. (Mean follow-up: 357 ± 428 days.)



Clinical Outcome of Isolated Tricuspid Regurgitation

Yan Topilsky, MD,* Vuyisile T. Nkomo, MD,† Ori Vatury, MD,† Hector I. Michelena, MD,† Thierry Letourneau, MD,† Rakesh M. Suri, MD, DPHIL,† Sorin Pislaru, MD,† Soon Park, MD,† Douglas W. Mahoney, MSc,§ Simon Biner, MD,* Maurice Enriquez-Sarano, MD†

FR 22Hz
11cm

Full Volume
3D 32%
3D 50dB

TV FROM RA

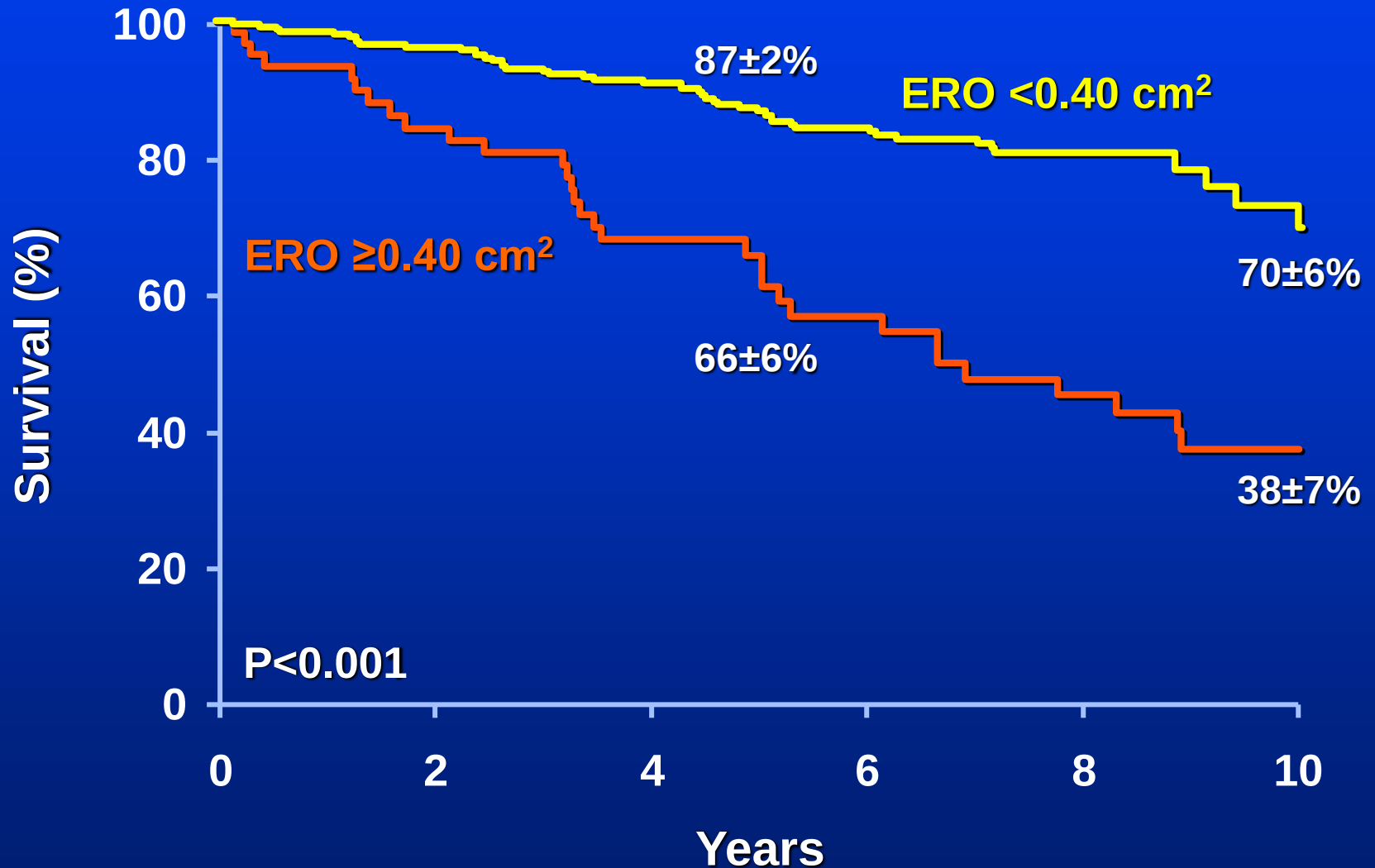
M2



JPEG

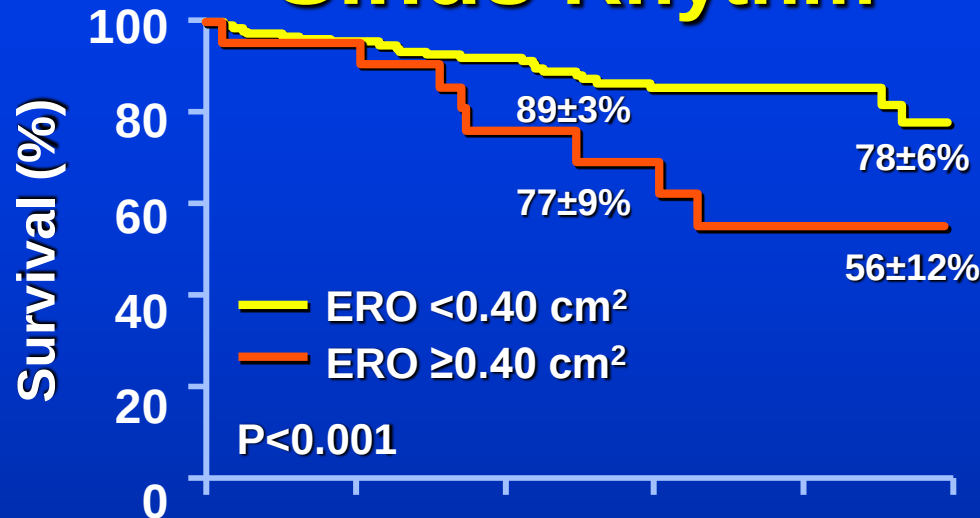
69 bpm

Idiopathic TR

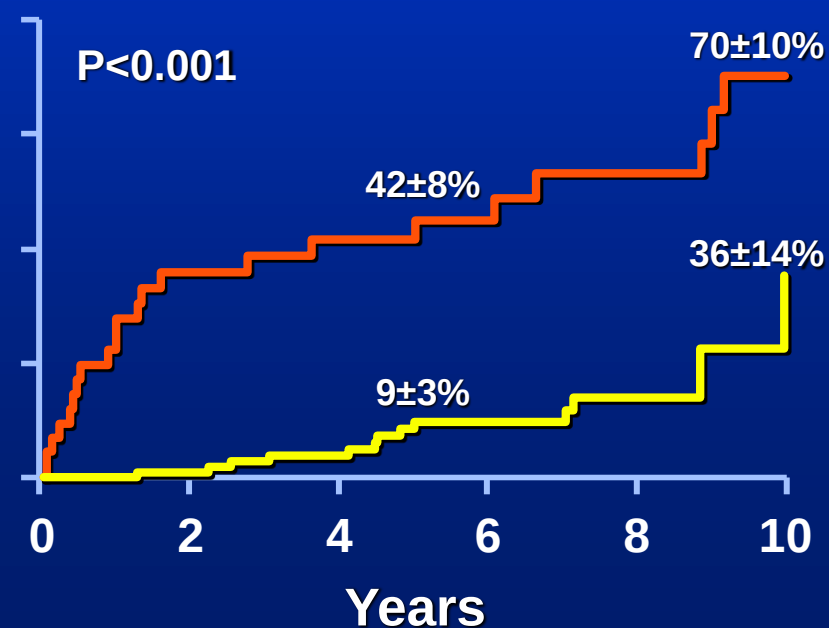
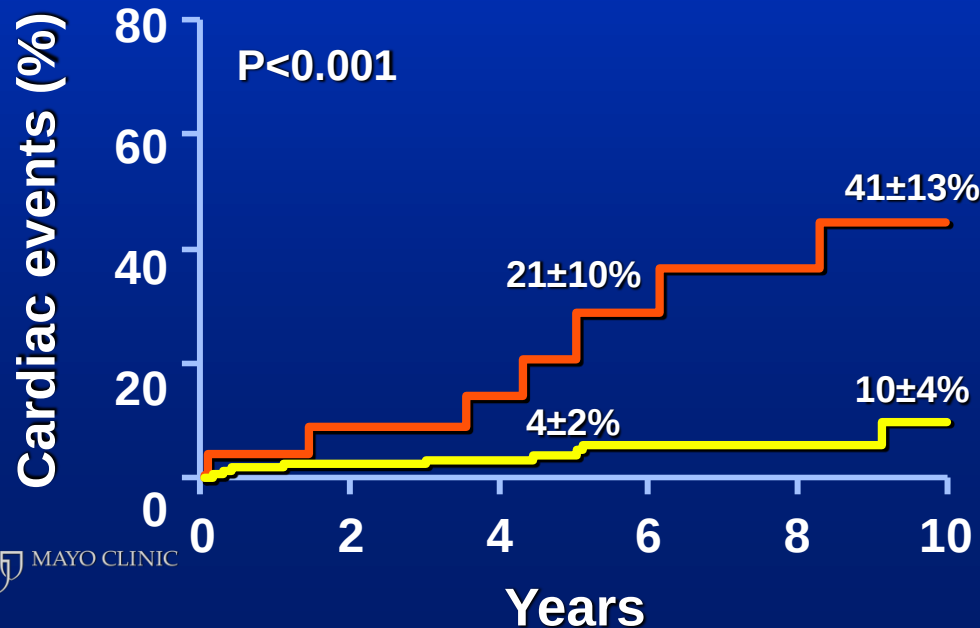
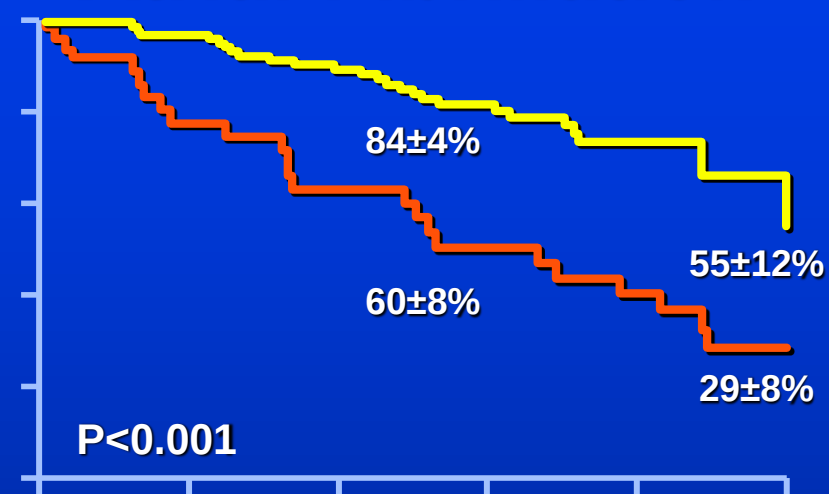


Idiopathic TR

Sinus Rhythm



Atrial Fibrillation



Tricuspid Regurgitation

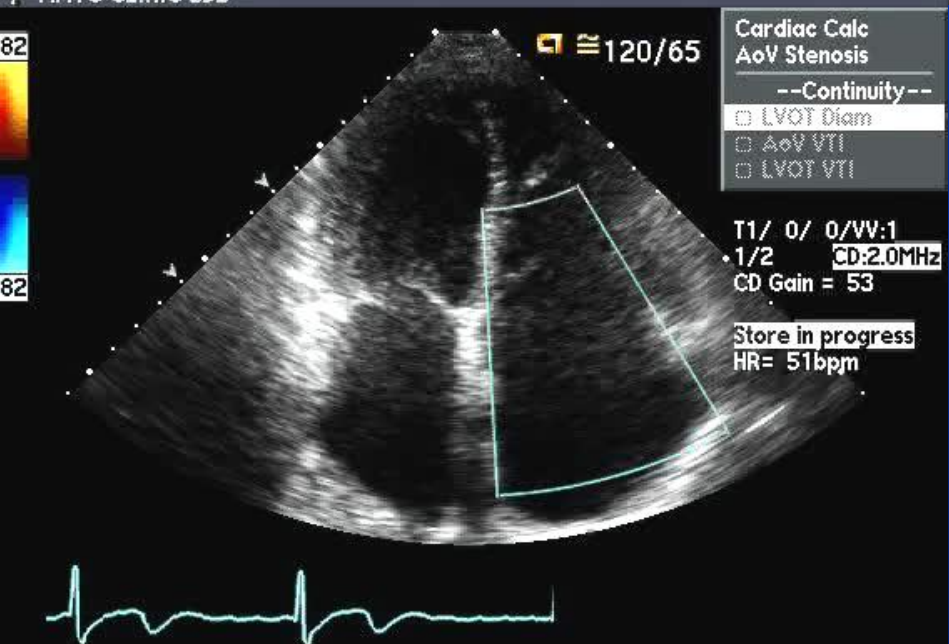
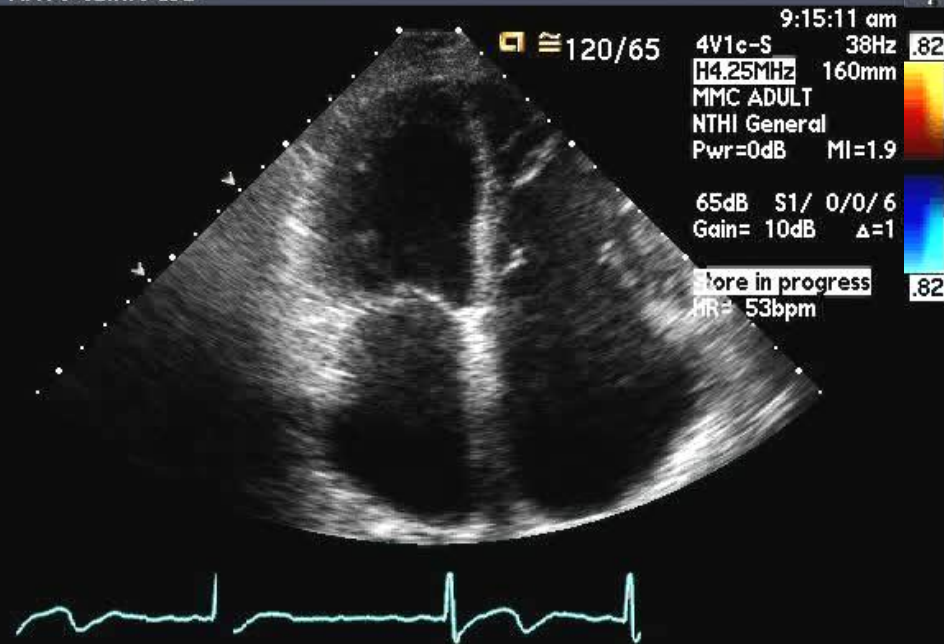
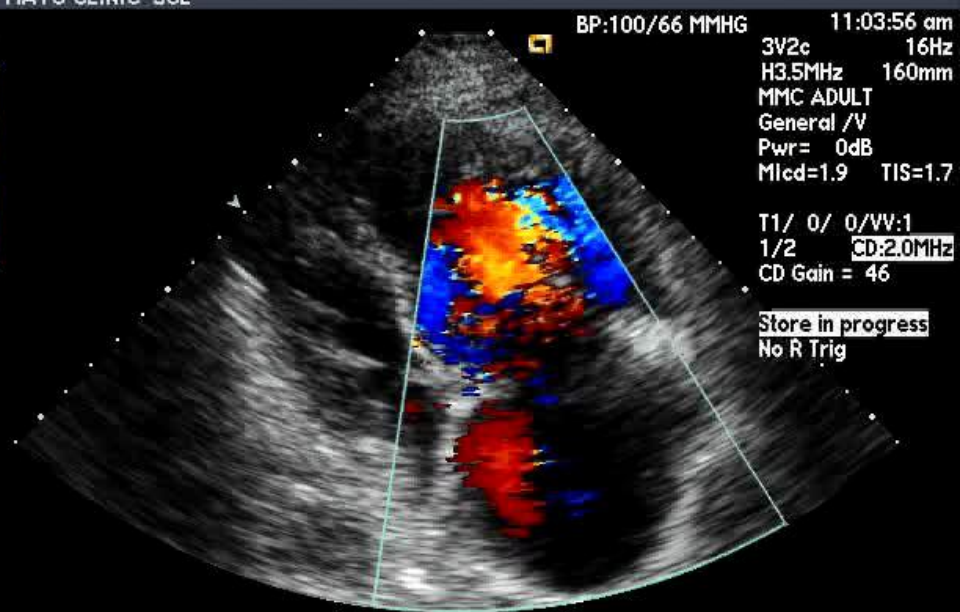
Uncertain management

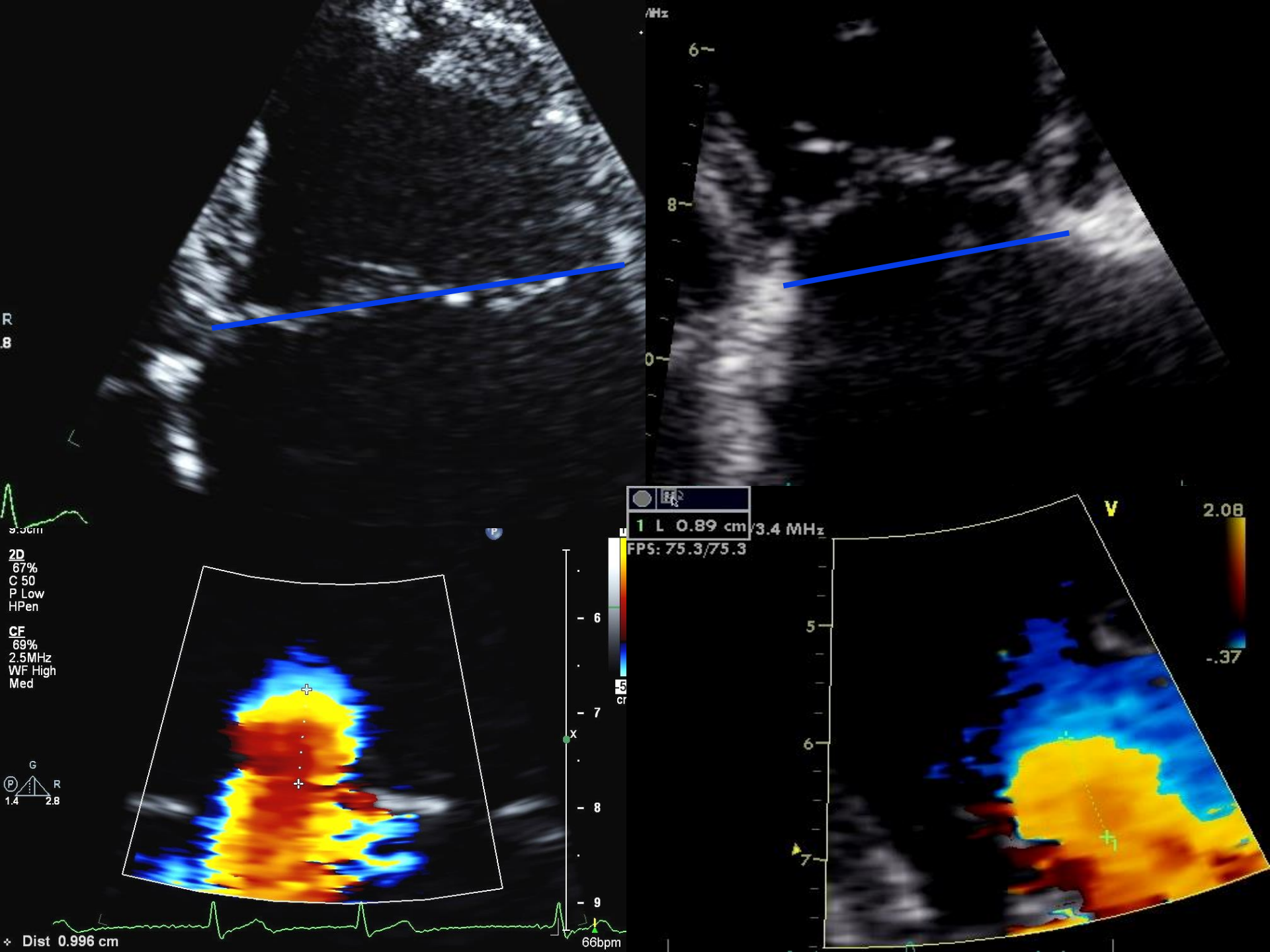
#3: Outcome of TR

TR affects outcome and
should be treated

Reason #3: Procedure Uncertainty

Should we advise Tricuspid valve
repair or replacement ?





Tricuspid Valve Tethering Predicts Residual Tricuspid Regurgitation After Tricuspid Annuloplasty

Shota Fukuda, MD; Jong-Min Song, MD; A. Marc Gillinov, MD; Patrick M. McCarthy, MD; Masao Daimon, MD; Vorachai Kongsarepong, MD; James D. Thomas, MD; Takahiro Shiota, MD

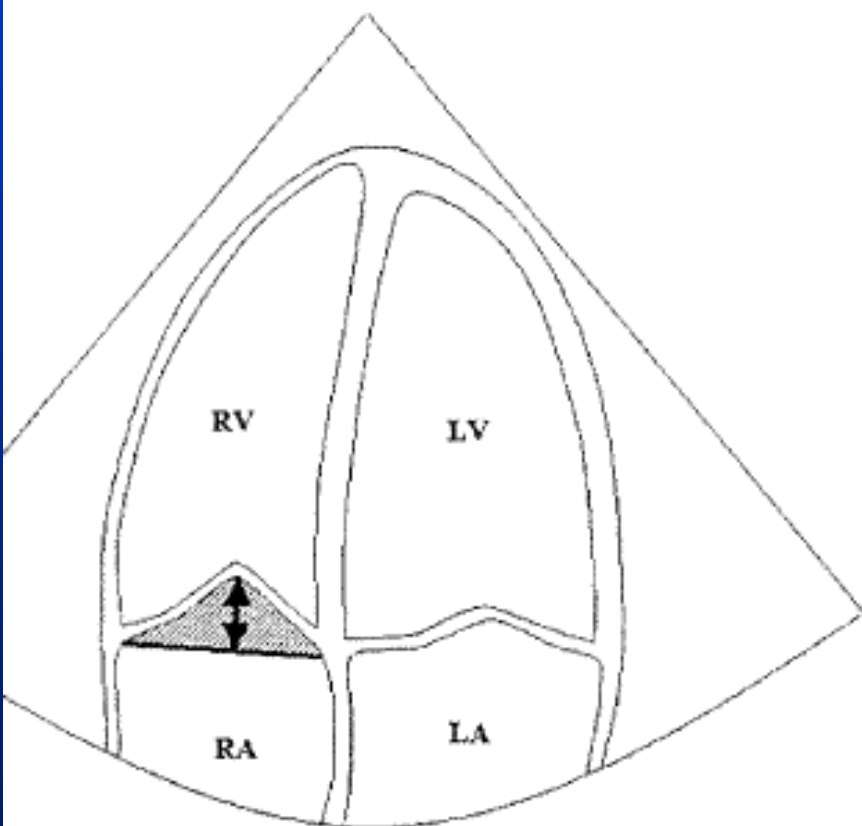


TABLE 1. Effect of Characteristic and Echocardiographic Findings on Residual TR After TV Annuloplasty

	<i>r</i>	Univariate <i>P</i>	Multivariate <i>P</i>
Age	0.28	<0.001	<0.001
LV ejection fraction	0.19	0.005	0.6
RV fractional area change	0.18	0.01	0.5
RA area	0.02	0.8	
RV systolic pressure	0.02	0.8	
TV annulus diameter	0.07	0.3	
TV tethering distance	0.56	<0.001	<0.001
TV tethering area	0.52	<0.001	0.4
Preoperative %TR	0.32	<0.001	<0.001

patients and 4 techniques of annuloplasty, we used 1-way ANOVA. We used logistic regression to correlate variables of interest. Multivariate stepwise regression analysis was performed to identify factors of severity of residual TR (measured continuously as %TR).



Tricuspid Regurgitation

- TR is poorly understood:
comprehensive mechanistic assessment
- Severe TR adversely affects **clinical outcome**
- Surgical (interventional ?)
treatment: **Severe TR**, even isolated, should be more often treated (repair if adequate)



TRICUSPID REGURGITATION

An imperious need for data

Thank you

