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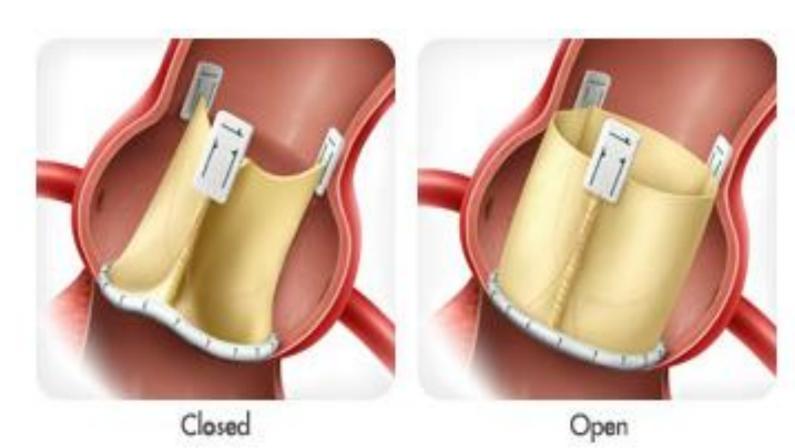
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Left ventricular mass regression early after sutureless implantation of the ATS 3f Enable aortic valve bioprosthesis

Luca Salvatore De Santo, Stefano de Notaris, Emilio Mango, Leonardo Savarese, Francesco Iorio, Mario Miele, Flora Numis, Donato Catapano, Paola Tesorio, Sergio Maria Caparrotti

Casa di Cura Montevergine - Alta Specialità del Cuore Mercogliano Avellino



Introduction The ATS 3f Enable Bioprosthesis is a self-expanding valve with a tubular design that allows for decreased leaflet stress and preservation of aortic sinuses. Several reports have shown promising results in terms of mortality, morbidity and haemodynamic performance. However, the impact on LV mass is unknown. Therefore, the aim of this study was to assess the degree of LV mass regression after sutureless implantation of this bioprosthesis at 1-year echocardiographic follow-up.

Methods Between February 2010 and May 2012, 74 patients (mean age 73 ± 5 ; 41 female; mean logistic Euroscore: 16.2) with symptomatic AS underwent isolated aortic valve replacement (AVR Echocardiography was performed preoperatively, at discharge, and at follow-up (mean 13.5 ± 7.3 months). LV mass was calculated using the Devereux formula and indexed to body surface area.

Results There were no intraoperative deaths or complications. 1 patient needed reoperation for partial detachment of prosthesis. LV mass index decreased from 148.4 ± 46 g/m² at baseline to 119.7 ± 38.5 g/m² at follow-up (P = 0.002). Mean aortic gradient decreased from 59.5 ± 17.8 mmHg at baseline to 11 ± 5 mmHg at discharge and 10.5 ± 4 mmHg at follow-up (P < 0.001), resulting in significant clinical improvement. No moderate or severe paravalvular leakage was observed at discharge and at follow-up.

Conclusions In AS patients, isolated AVR with the ATS 3f Enable bioprosthesis is associated with significant LV mass regression at 1-year follow-up. However, longer-term follow-up is necessary to confirm these findings.

