

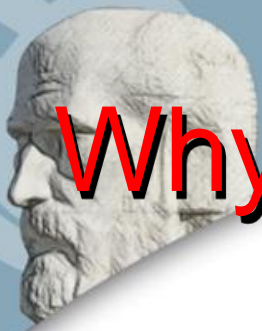


# Imaging TR

**JL Zamorano**

**Hospital Universitario Ramón y Cajal**



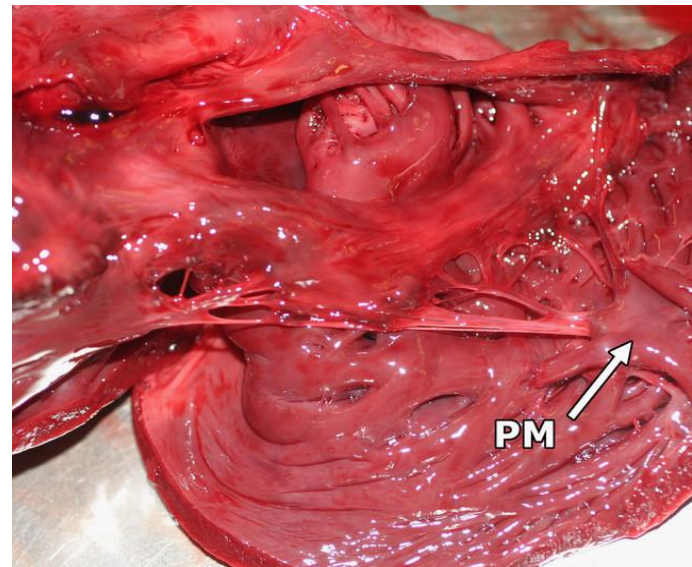
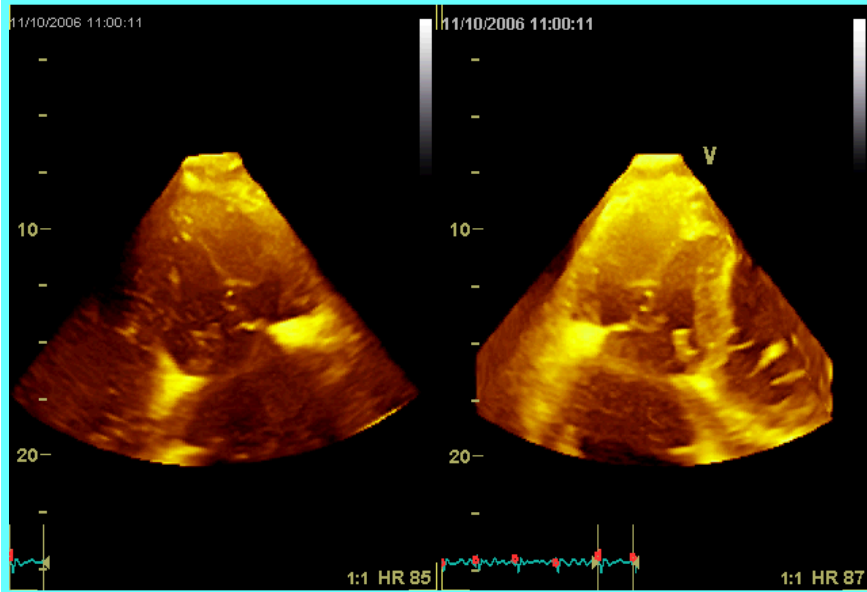
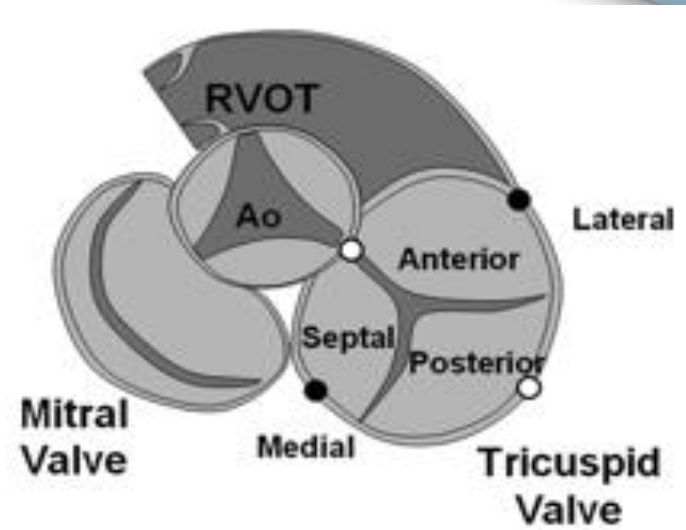
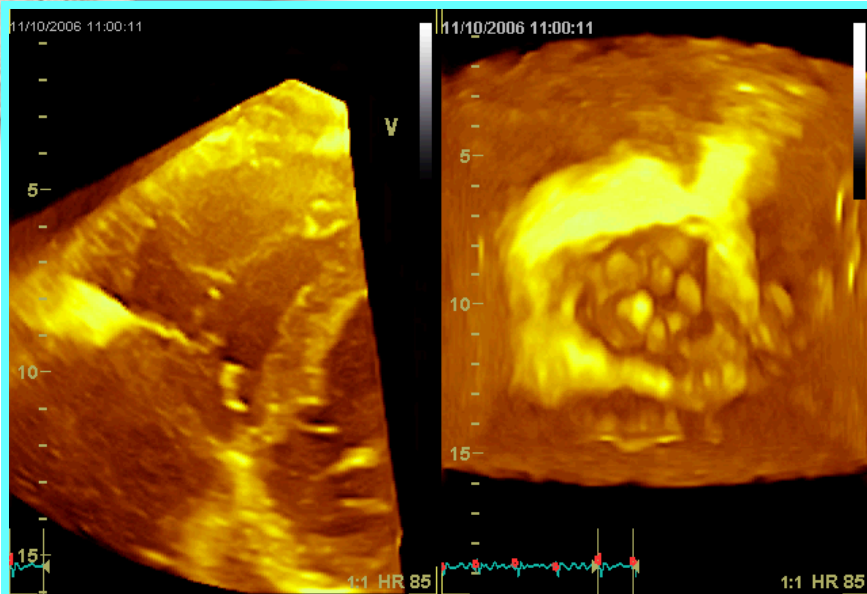


# Why is it difficult to quantify TR?

- ◆ The tricuspid valve is often neglected
- ◆ It has a complex & variable anatomy
- ◆ TR is load dependent
- ◆ No gold standard (invasive quantification has many limitations)
- ◆ Lack of outcome studies relating to TR quantification



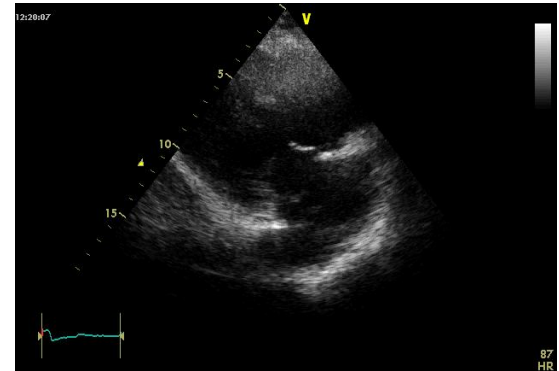
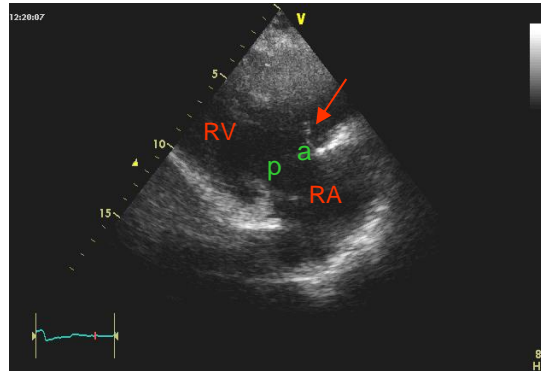
# ANATOMY



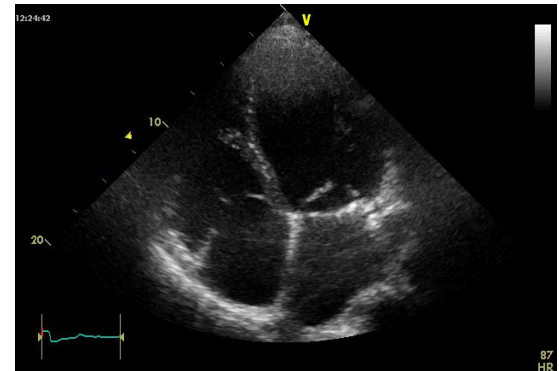
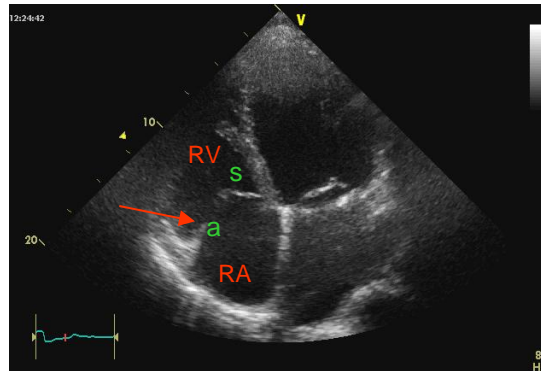


# TTE images for tricuspid valve

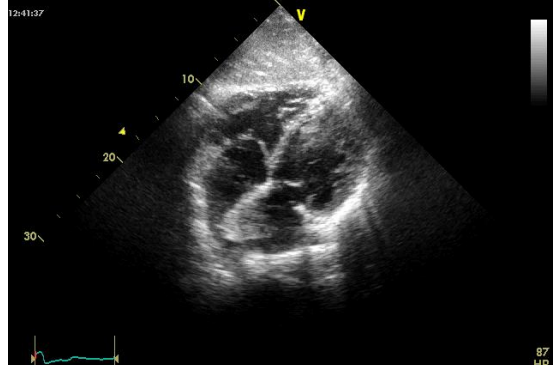
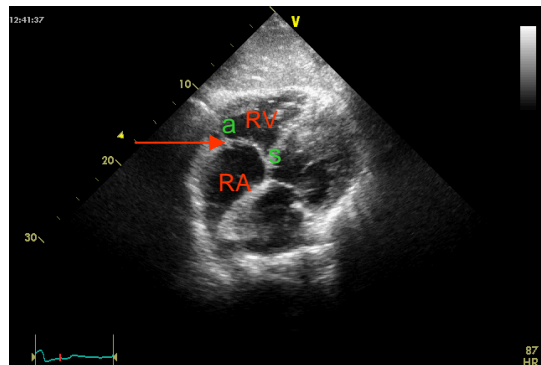
Parasternal view



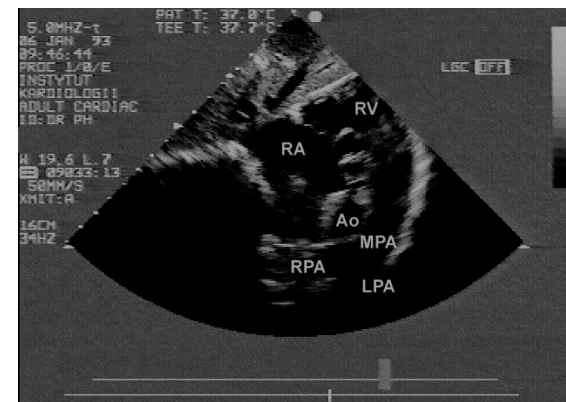
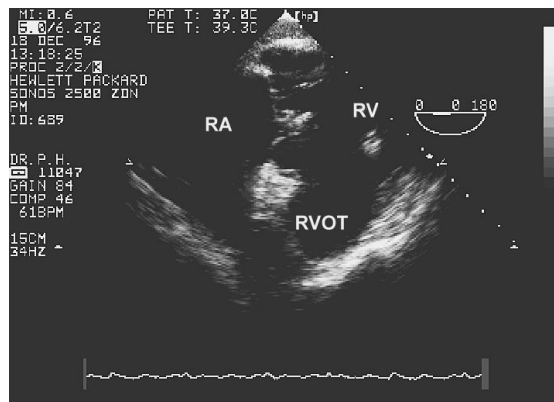
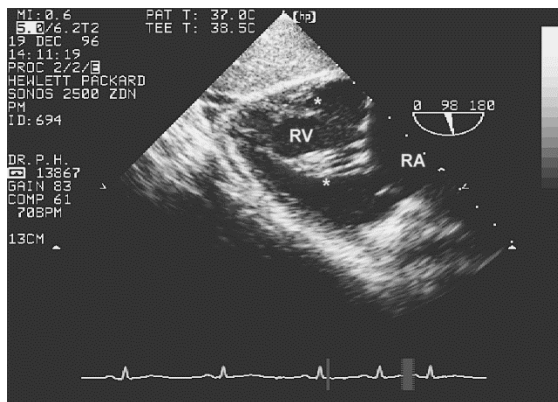
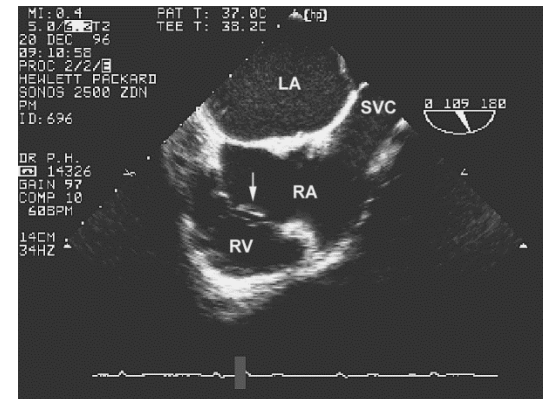
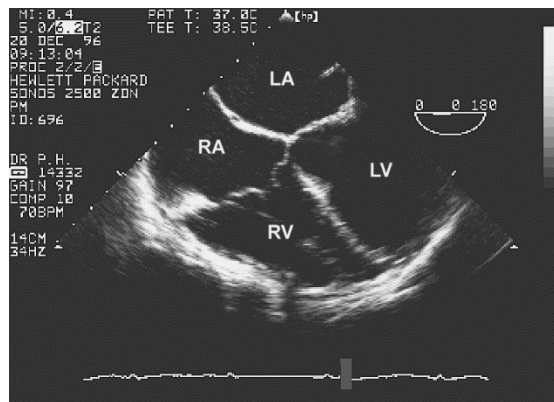
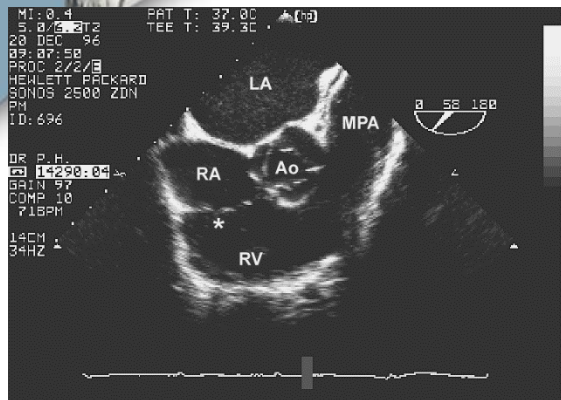
Four chamber view



Subcostal view



# TEE images for tricuspid valve





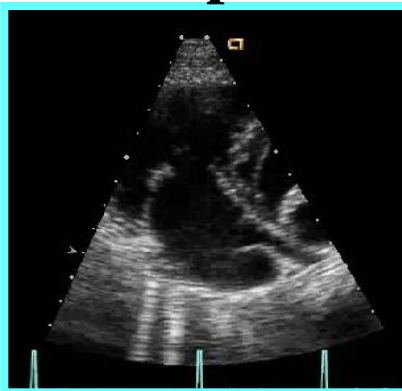
# ETIOLOGY

## Functional TR

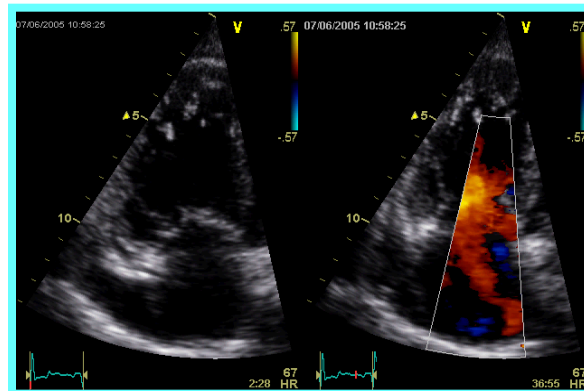
- The most common
- No structural lesion
  - RV pressure overload
  - RV volume overload

## Primary TR

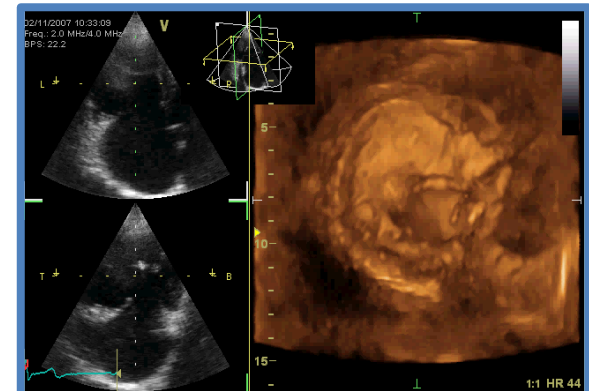
### Prolapse



### Organic TR



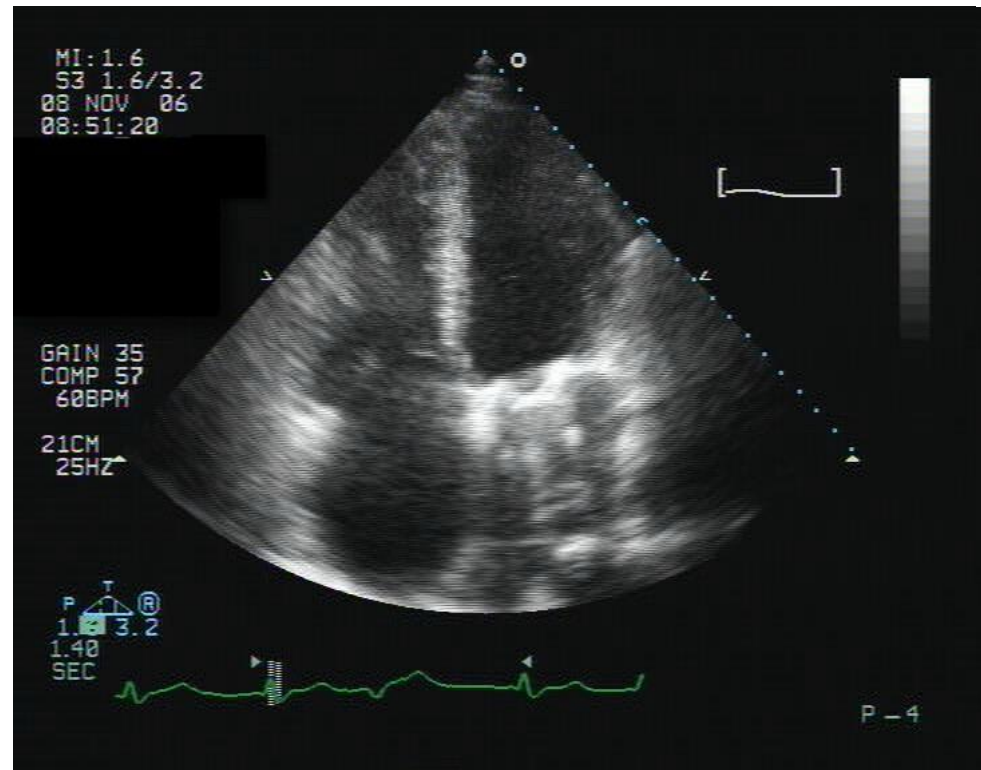
### Carcinoid TV





# 2D Echo signs of TR severity

- ◆ RA, RV & IVC dilatation
- ◆ Paradoxical septal motion
- ◆ TV anatomy
- ◆ TV annulus



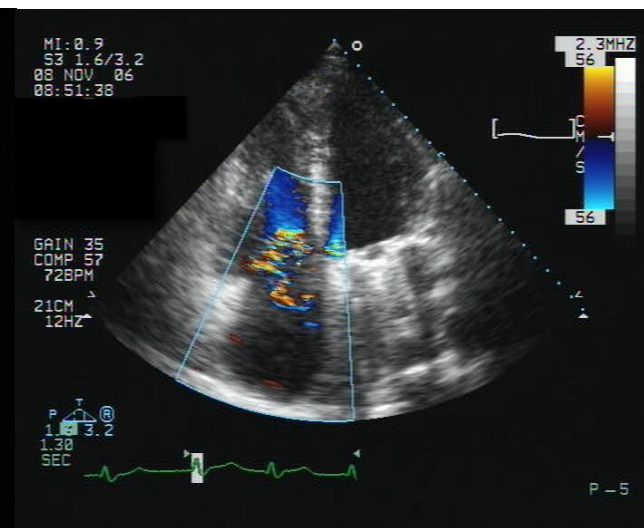
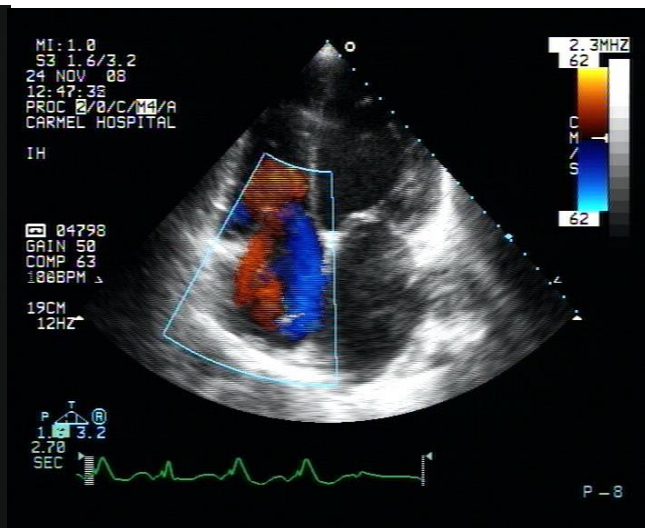
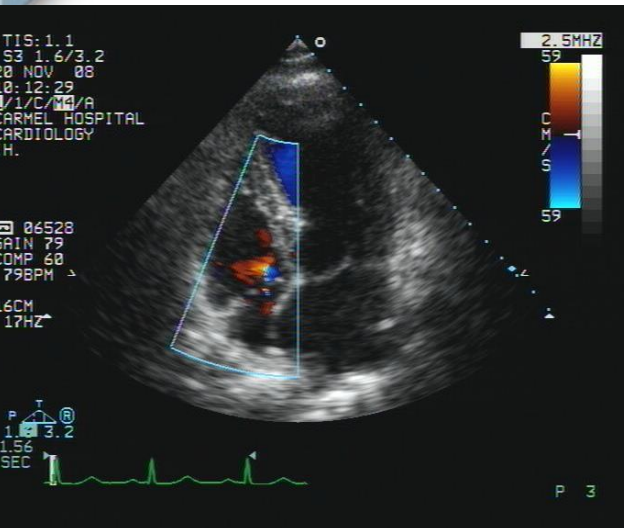


# Color flow Doppler

**Mild**

**moderate**

**severe**



JA:  $<5\text{cm}^2$

$5\text{cm}^2 - 10\text{cm}^2$

$>10\text{cm}^2$

JA/RAA:  $<20\%$

$20\% - 40\%$

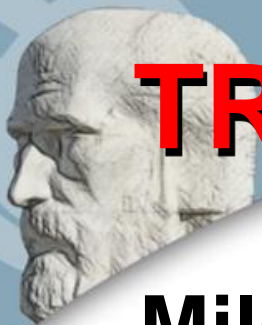
$>40\%$





# **Limitations of color flow Doppler**

- ◆ **Central Vs. eccentric jets**
- ◆ **Gain settings & aliasing velocity**
- ◆ **Loading conditions**
- ◆ **JA/RAA: RA enlargement with severe TR**
- ◆ **Considered less accurate than other quantitative methods (VC, PISA)**
- ◆ **Still...**

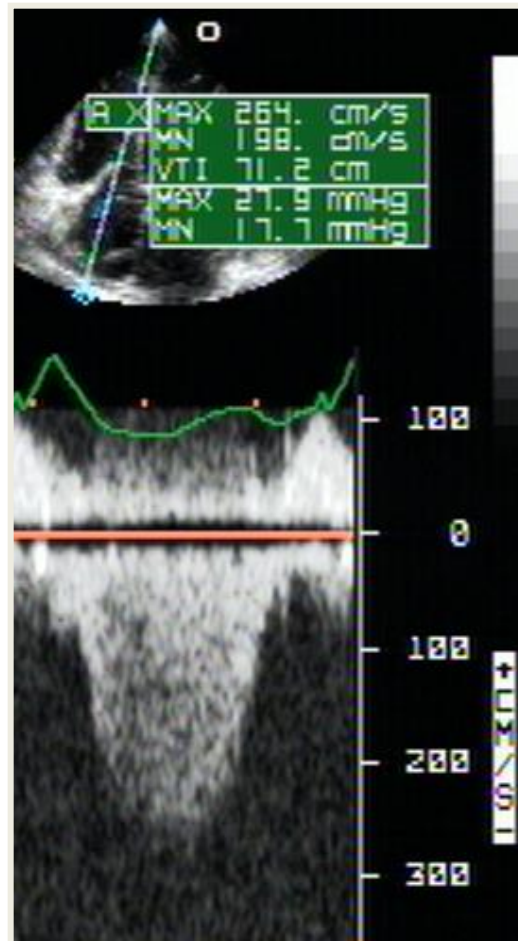
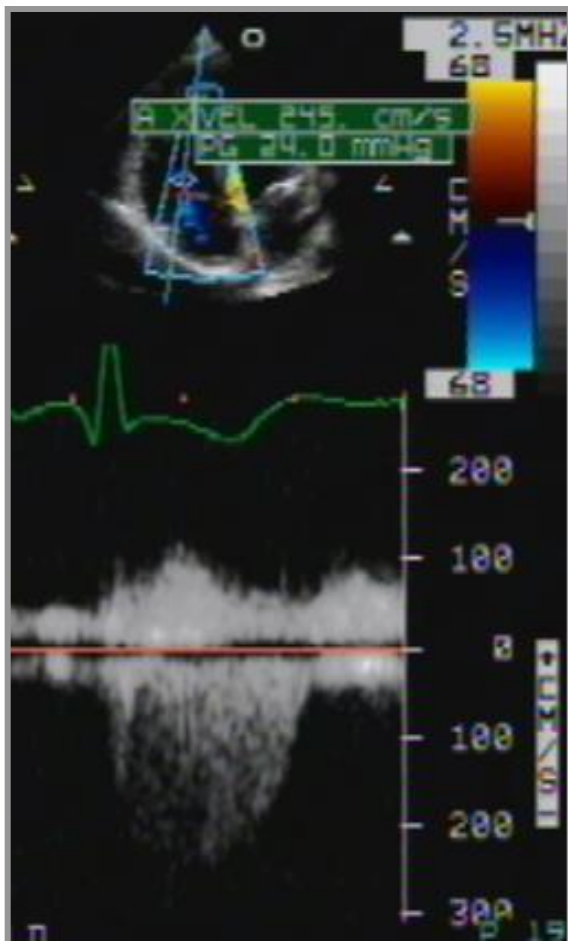


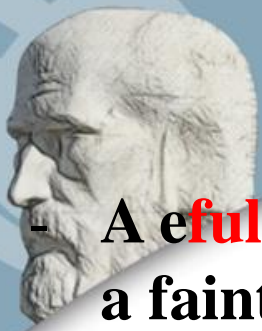
# TR severity by CW Doppler

Mild

Moderate

Severe

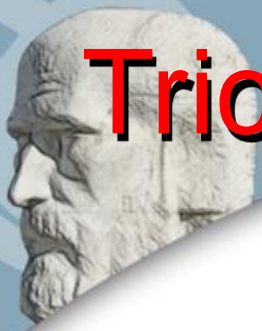




# TR Jet – CW Doppler

- A **full CW Doppler envelope** indicates more severe TR than a faint signal
- A **triangular CW contour with an early peak velocity** indicates elevated RA pressure or prominent pressure wave in the RA due to severe TR
- **The velocity of TR does not reflect the severity of TR**
  - **Massive TR:** often associated with a low jet velocity = near egalization of RA and RV pressure
  - **Mild TR + severe pulmonary hypertension :** possible high velocity jet
- **SOME TIPS** !!





# Tricuspid E-wave peak velocity (n=118)

- ◆  **$E \geq 65$  cm/sec identified severe TR**

**sensitivity=73%**

**specificity=88%**

# Hepatic veins systolic flow reversal

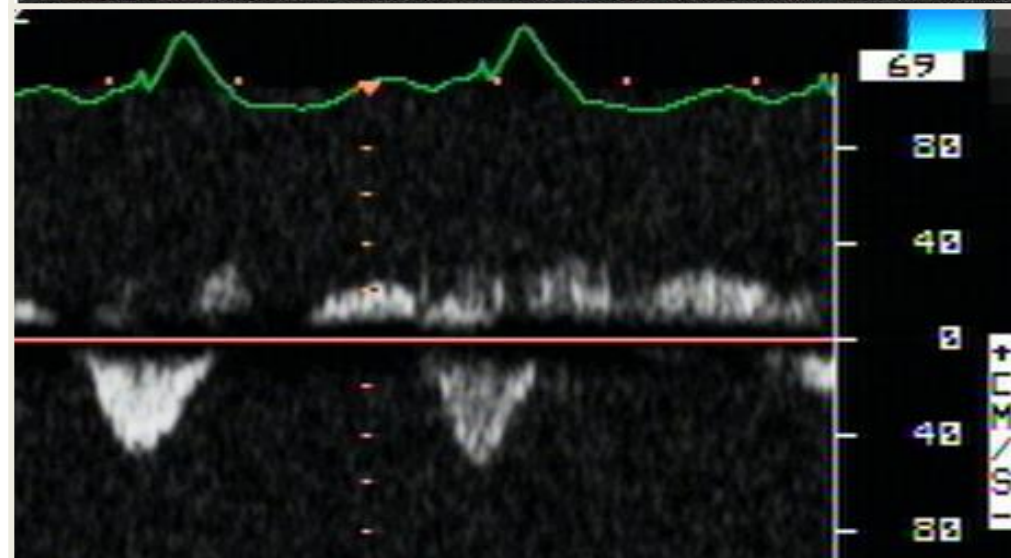
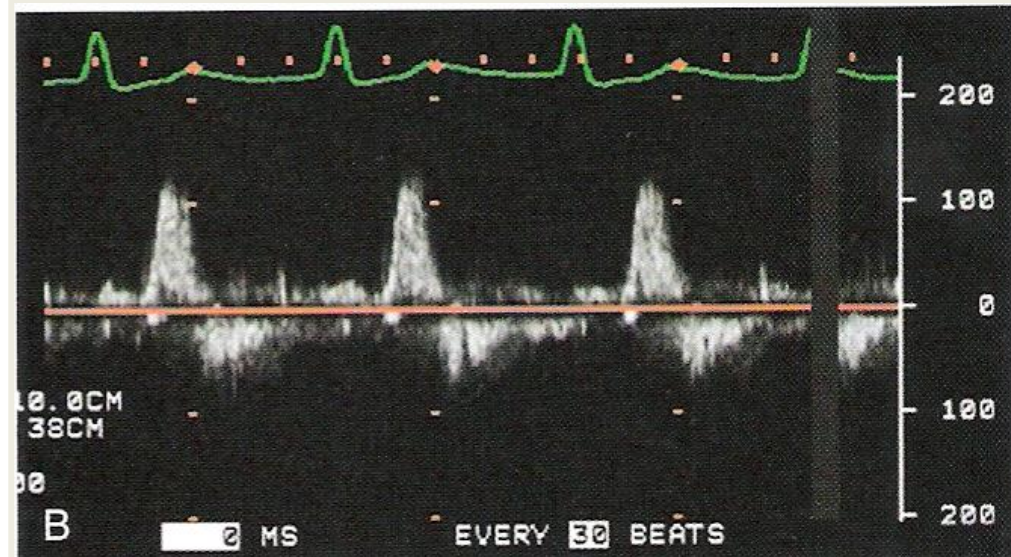
## severe TR

Correlation with clinical TR:

- ◆ PPV=91%
- ◆ NPV=78%

moderate TR

Shapira et al, JASE 1998





# Vena Contracta

- ◆ Apical 4CV or parasternal RV inflow view
- ◆ Optimize gain settings
- ◆ High aliasing velocity
- ◆ High frame rate
- ◆ Zoom in, mid systole
- ◆ Observe all 3 components of the regurgitant flow



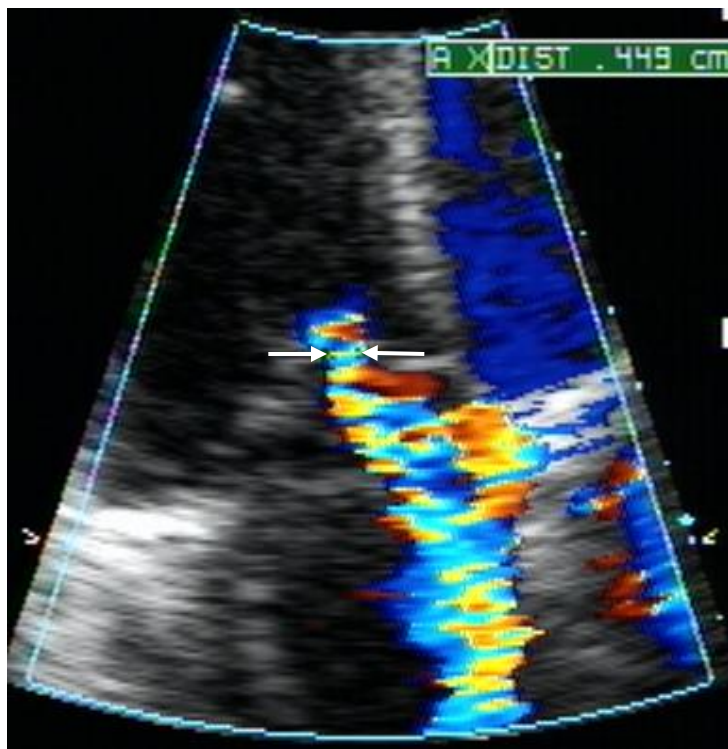


# Vena Contracta

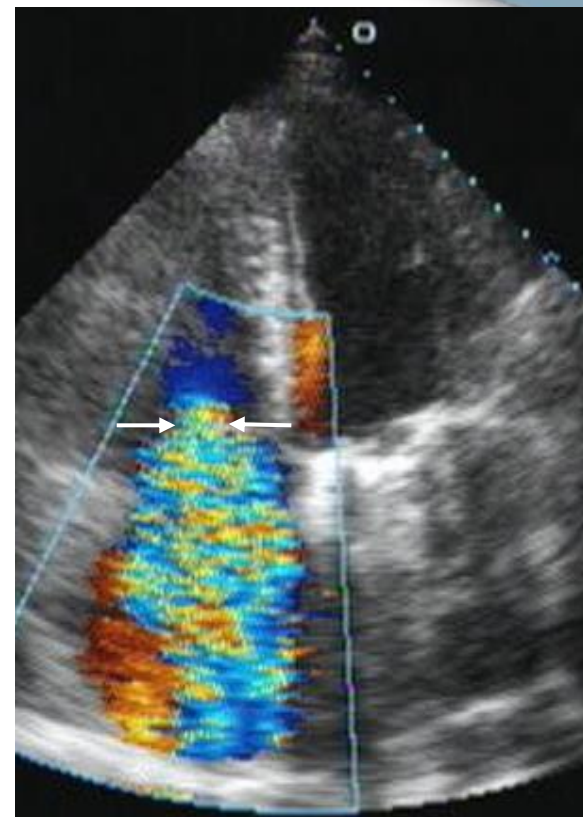
**Mild TR:  $VC < 0.3$ ?**

**Moderate TR:  $0.3 ? < VC < 7\text{mm}$**

**Severe TR:  $VC > 7\text{mm}$**

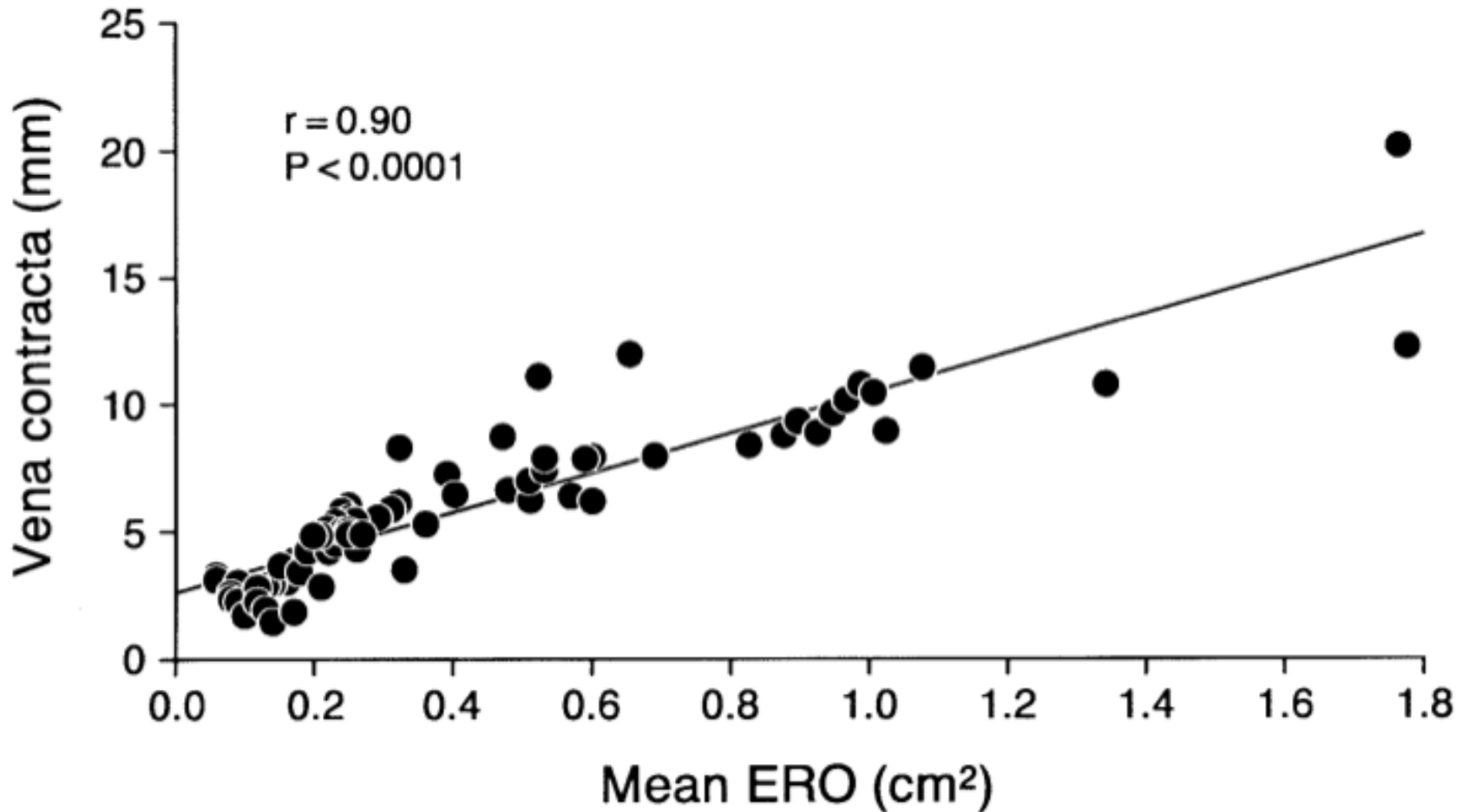


**$VC = 4.5\text{mm}$**



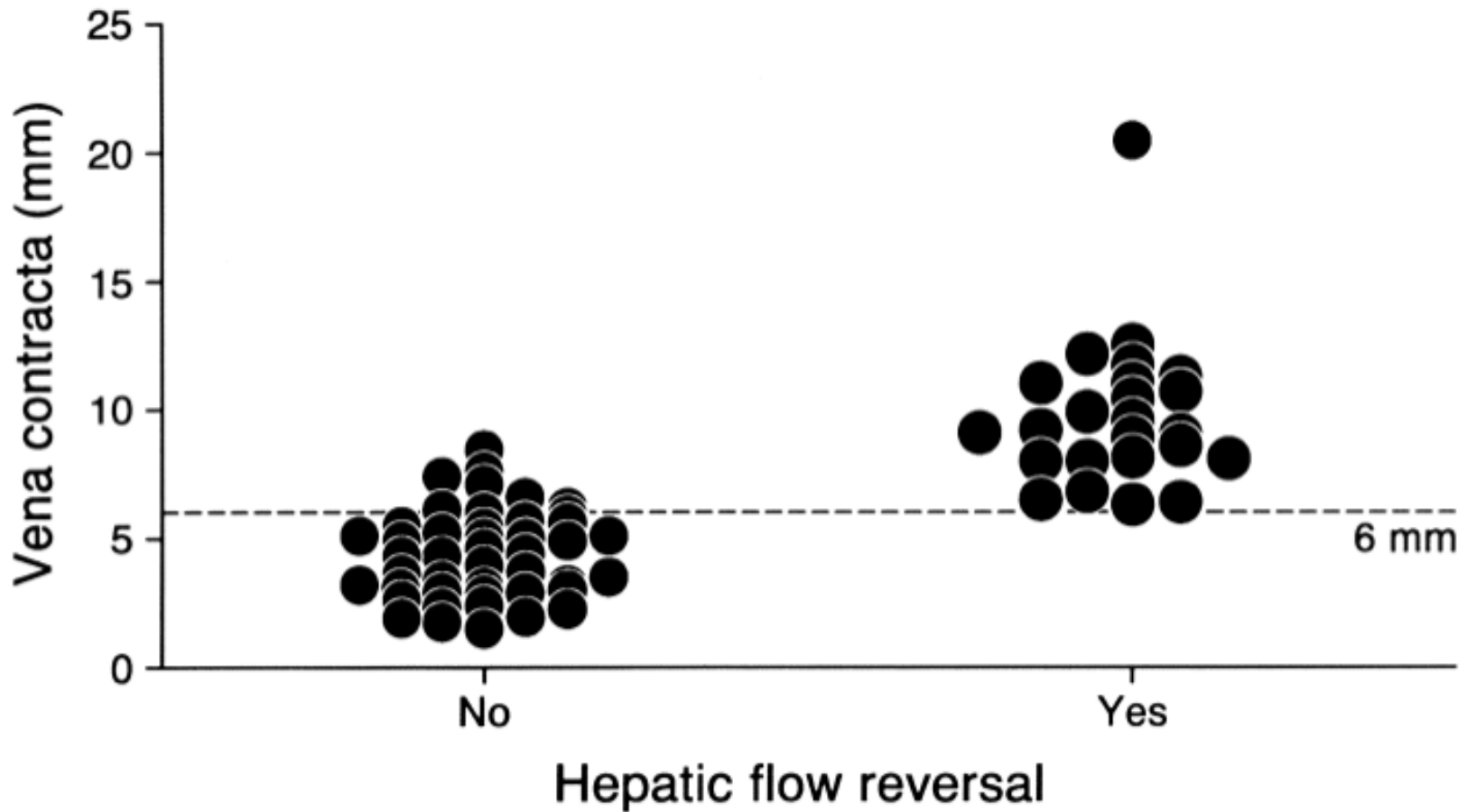
**$VC = 12\text{mm}$**

# Vena Contracta Vs. PISA EROA (n=71)



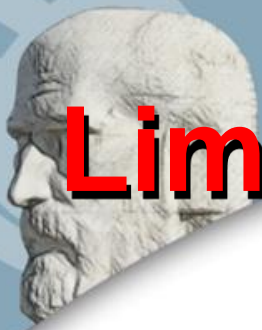
Tribouilloy et al, JACC 2000

# Vena Contracta Vs. Hepatic Flow Reversal



Tribouilloy et al, JACC 2000

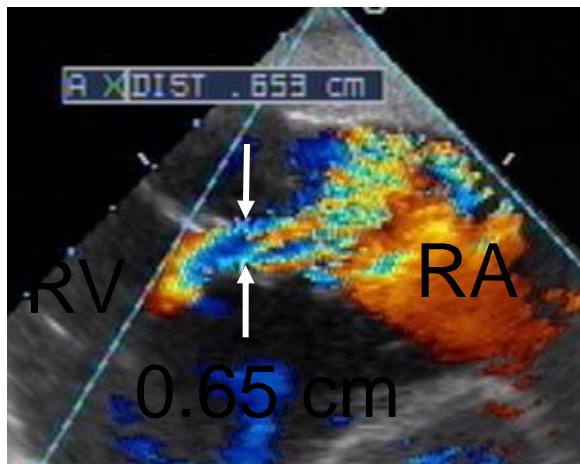
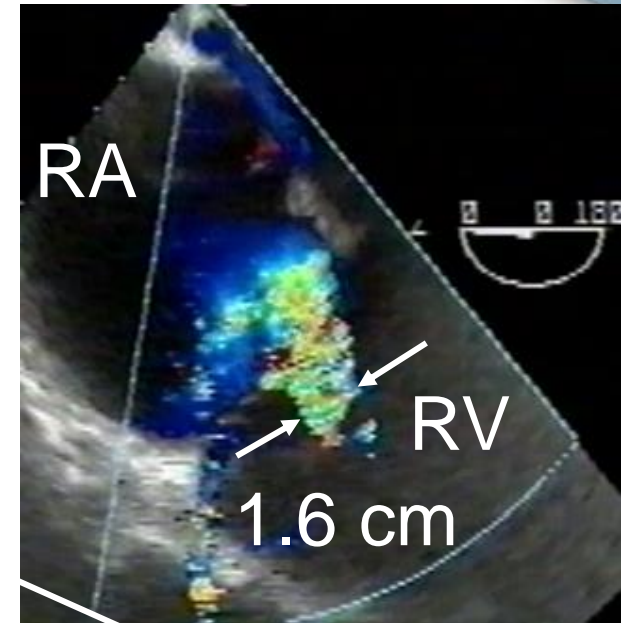
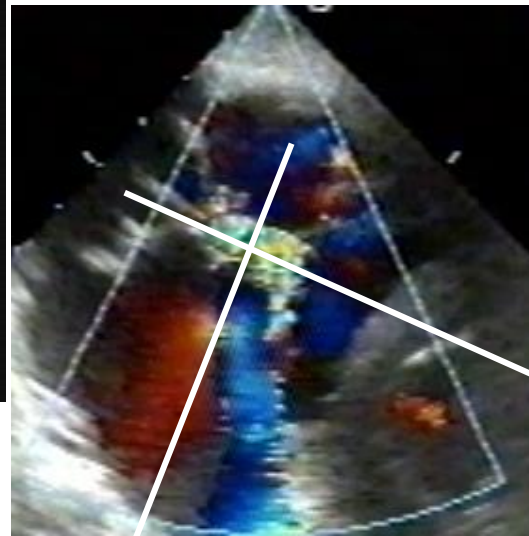
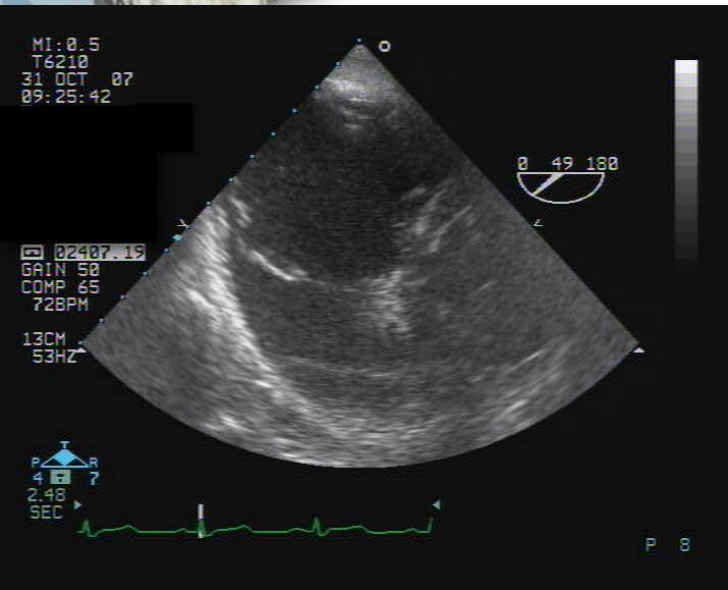




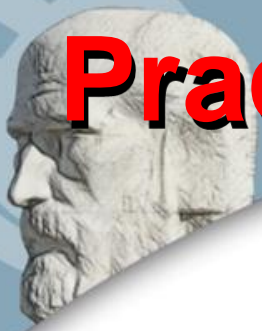
# **Limitations of Vena Contracta**

- ◆ **Small measurements (each pixel makes a difference...)**
- ◆ **Overlap in values for small/moderate/severe TR**
- ◆ **Non circular**
- ◆ **When there is more than one TR jet**
- ◆ **Is it really better than color jet area? (outcome studies?)**

# Non Circular Vena Contracta



## 3D VENA CONTRACTA



# Practical Estimation of TR by PISA

**At  $V_{nq} = 28$  cm/sec:**

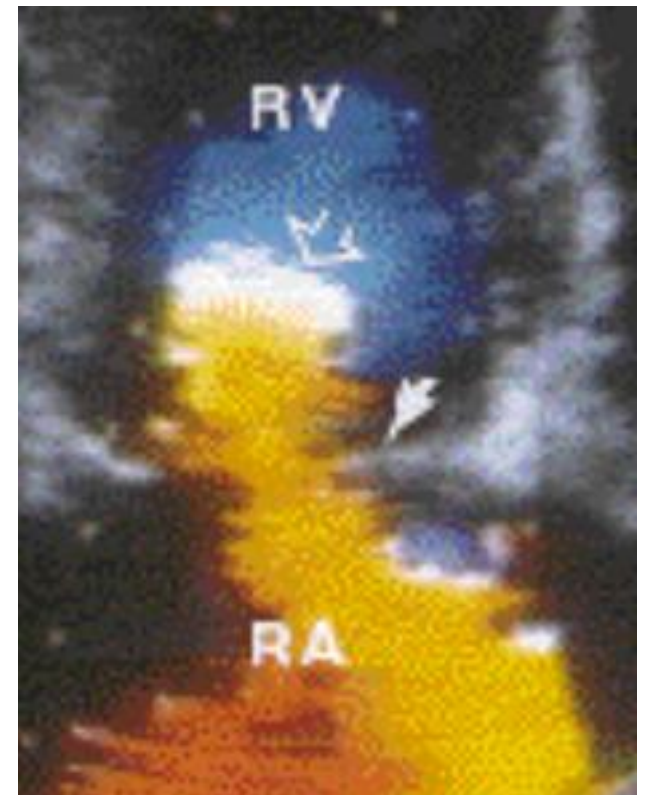
- ◆ Mild TR:  $r < 0.5$  cm
- ◆ Moderate TR:  $0.6 \text{ cm} < r < 0.9 \text{ cm}$
- ◆ Severe TR:  $r > 0.9 \text{ cm}$





# Problems with PISA

- ◆ Localizing the regurgitant orifice
- ◆ Irregular rhythms
- ◆ Biological variability



# Tricuspid annulus diameter (TAD) and TR

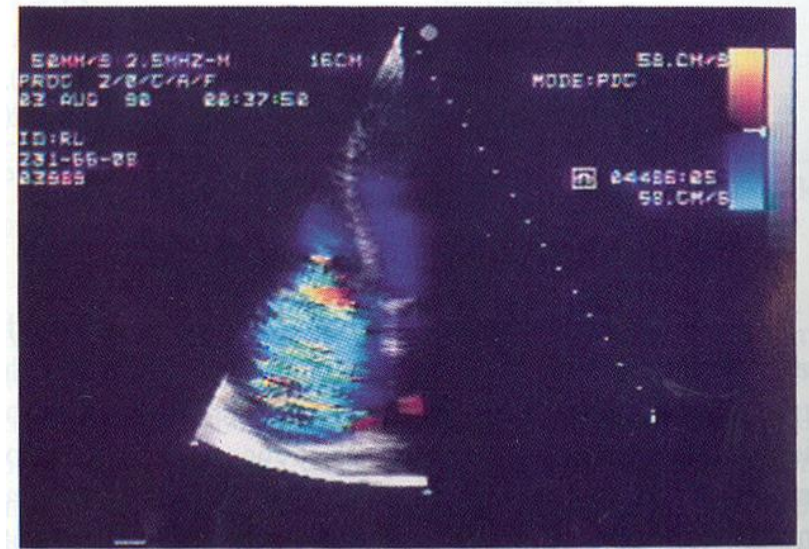
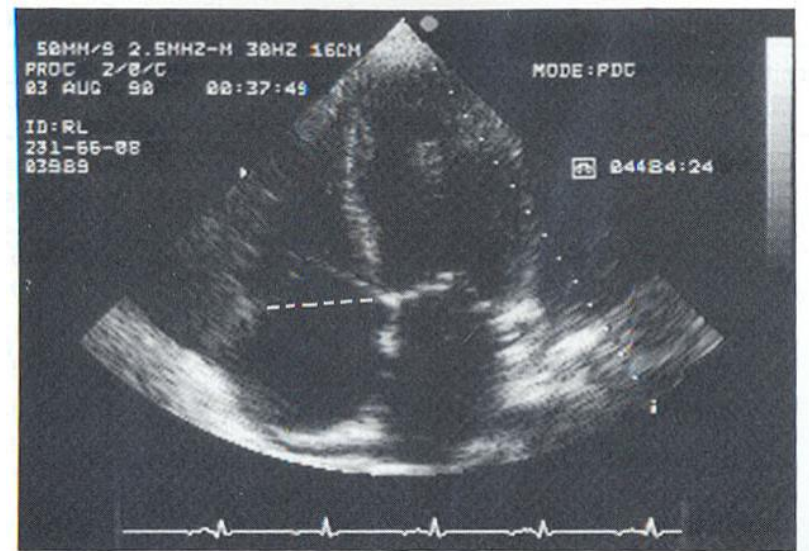
## ◆ TAD (cm)

◆ Normal=  $2.8 \pm 0.5$

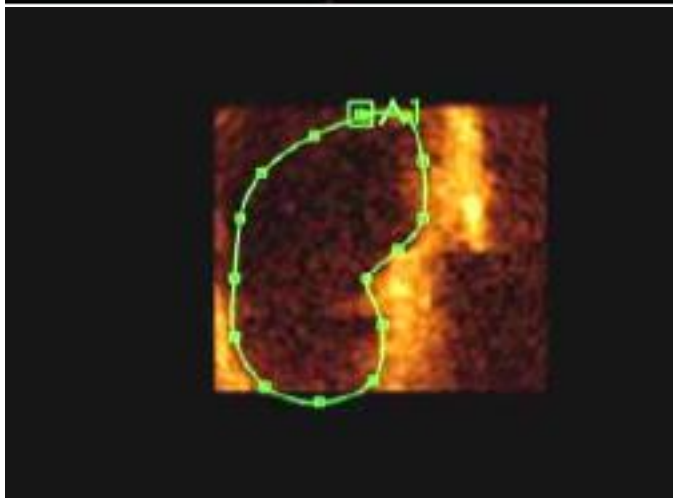
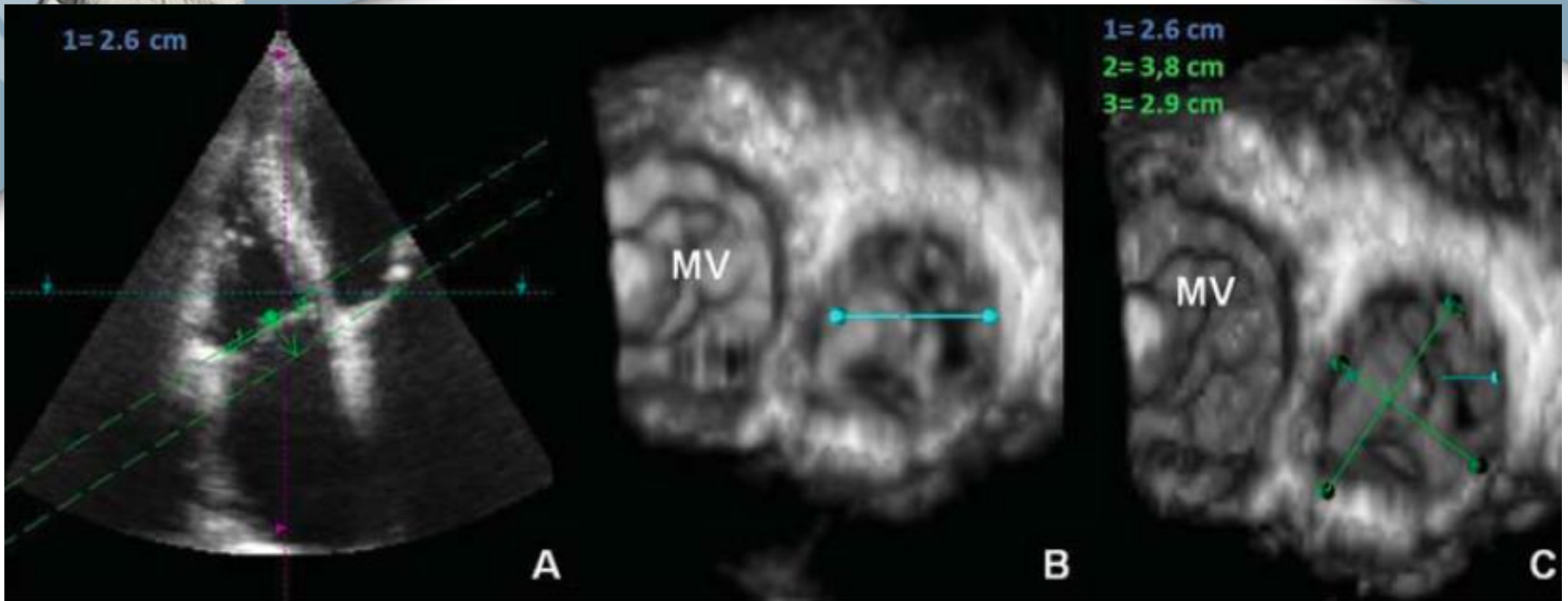
◆ TR=  $4.4 \pm 0.7$

◆ TAD was the best determinant of TR (not PAP or RVD)

Correlation between TAD and TR grade



# 2D vs 3D Tricuspid Annulus Dimensions



**The tricuspid annulus shape is not circular but oval, with a minor and a major diameter**

65% of pts with normal TAD at 2DE showed grade 1–2 TR compared with 30% of pts with normal TA size at 3DE



# **Echocardiographic detection of clinical TR**

	<b>Sensitivity</b>	<b>Specificity</b>
<b>Jet area <math>\geq 9\text{cm}^2</math></b>	<b>92%</b>	<b>71%</b>
<b>JA/RAA <math>\geq 37\%</math></b>	<b>66%</b>	<b>61%</b>
<b>VC <math>\geq 8\text{mm}</math></b>	<b>71%</b>	<b>71%</b>
<b>HV systolic flow reversal</b>	<b>82%</b>	<b>89%</b>



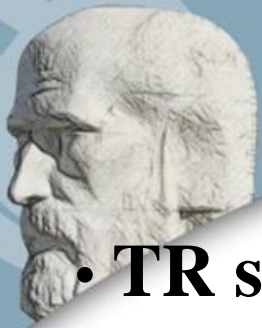


# Echocardiography for evaluation of TR severity

Parameter	Utility/Advantages	Limitations
RV/RA/IVC size	Enlargement sensitive for chronic significant TR. Normal size virtually excludes significant chronic TR.	Enlargement seen in other conditions. May be normal in acute significant TR.
TV leaflet alterations	Flail valve specific for significant TR.	Other abnormalities do not imply significant TR.
Paradoxical septal motion (volume overload pattern)	Simple sign of severe TR.	Not specific for TR.
Jet area-Color flow	Simple, quick screen for TR.	Subject to technical and hemodynamic factors. Underestimates severity in eccentric jets.
Vena contracta width	Simple, quantitative, separates mild from severe TR.	Intermediate values require further confirmation.
PISA method	Quantitative	Validated in only a few studies.
Flow quantitation -PW	Quantitative	Not validated for determining TR regurgitant fraction.
Jet profile -CW	Simple, readily available	Qualitative, complementary data.
Peak tricuspid E velocity	Simple, usually increased in severe TR.	Depends on RA pressure and RV relaxation, TV area, and atrial fibrillation; Complementary data only.
Hepatic vein flow	Simple; Systolic flow reversal is sensitive for severe TR.	Influenced by RA pressure, atrial fibrillation.

*CW*, Continuous wave Doppler; *EROA*, effective orifice regurgitant area; *IVC*, inferior vena cava; *PISA*, proximal isovelocity surface area; *PW*, pulsed wave Doppler; *RA*, right atrium; *RV*, right ventricle; *TV*, tricuspid valve; *TR*, tricuspid regurgitation.

Recommendations for Evaluation of the Severity of Native Valvular Regurgitation with Two-dimensional and Doppler Echocardiography



# CONCLUSIONS

- TR severity assessment should be performed in an **integrative** manner +++ using qualitative and quantitative parameters
- **Vena Contracta Width** ++ / EROA (R Vol) ++
- **Serial assessments** of TR are recommended because TR severity can be affected by multiple factors, such as volume status and afterload
- Severe TR: role of **RV shape and function** analysis