

# EuroValve

## November 8-9, 2013

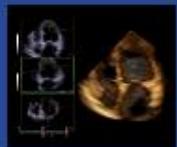


## New Insights in the Evaluation of LV function Mitral Regurgitation

Dr Julien Magne  
University of Liege, CHU Sart Tilman, Belgium



[www.eurovalvecongress.com](http://www.eurovalvecongress.com)



## Faculty Disclosure

**Julien Magne**

I disclose the following financial relationships:

I have **no financial relationships** to disclose.

# *Indication for Surgery: ESC Guidelines*

## 3 Steps of Evaluation

Severe MR  $\longrightarrow$  ERO  $\geq 40\text{mm}^2$ ; Rvol  $\geq 60\text{mL}$



Asymptomatic  $\longrightarrow$

*Class I Evidence B*



LV function/dilatation  $\longrightarrow$

LVEF  $\leq 60\%$   
LVES diameter  $\geq 45/40\text{mm}$



*Class I Evidence C*

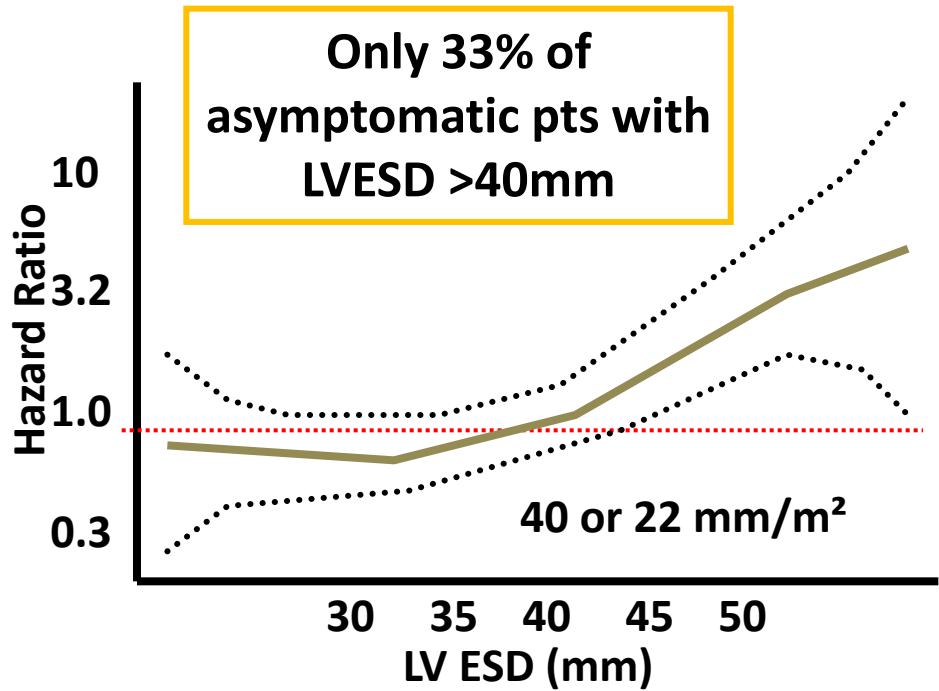
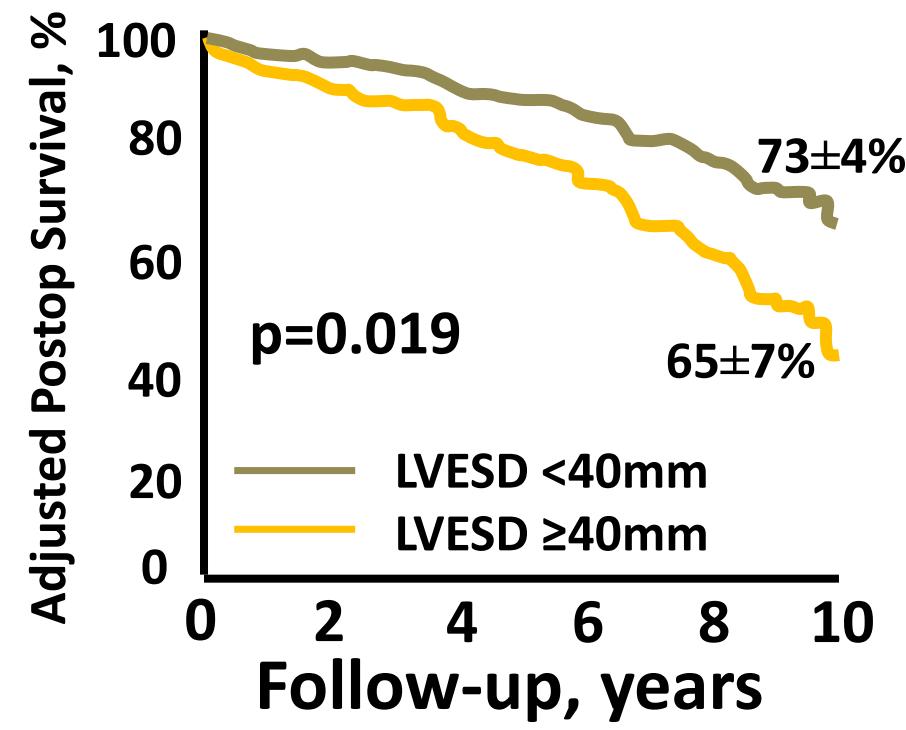


*Class IIa , C  
Flail leaflet*

# *Impact of LV Dilatation on Survival*

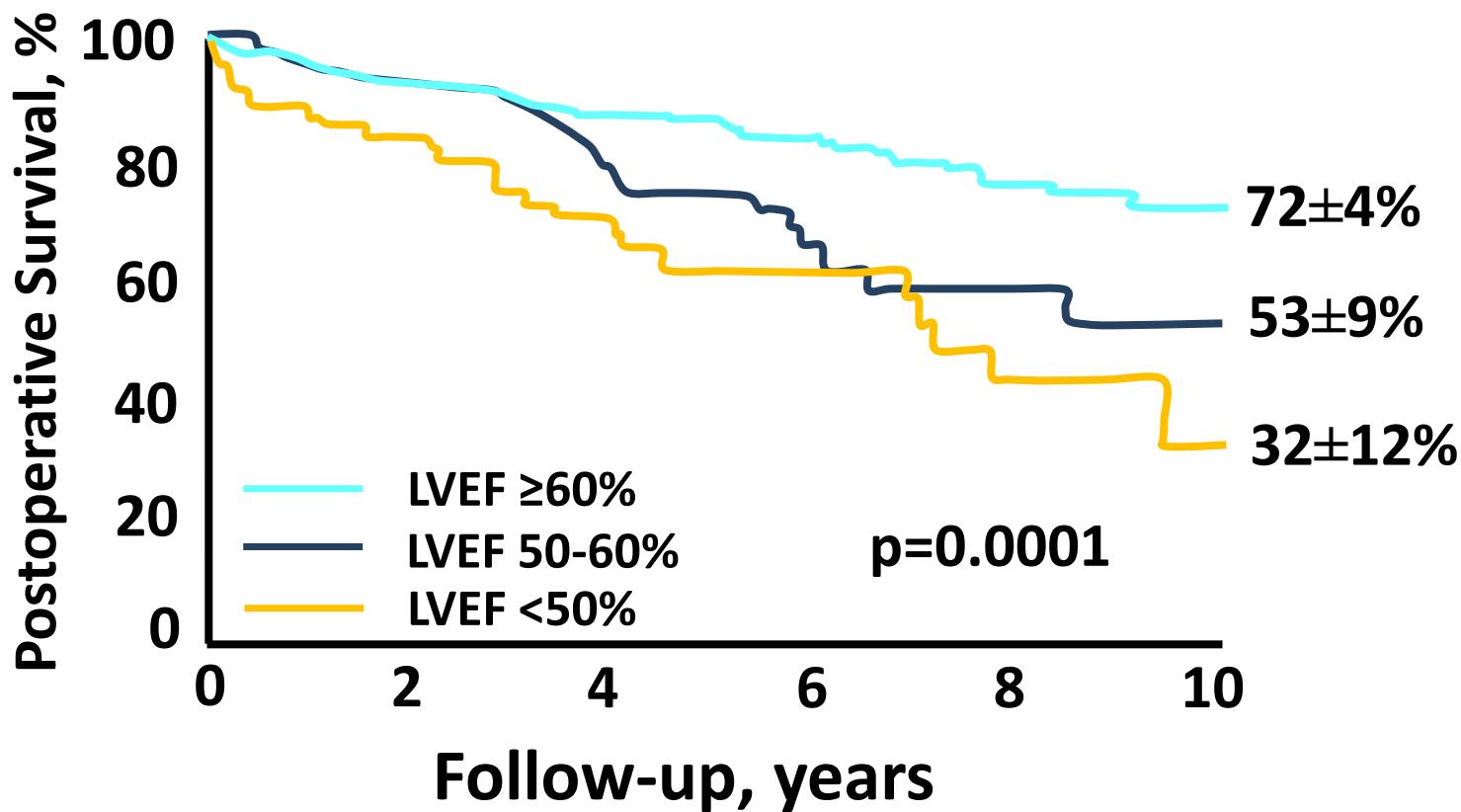
MIDA registry

739 patients with flail leaflet, follow-up:  $6.1 \pm 3.7$  years

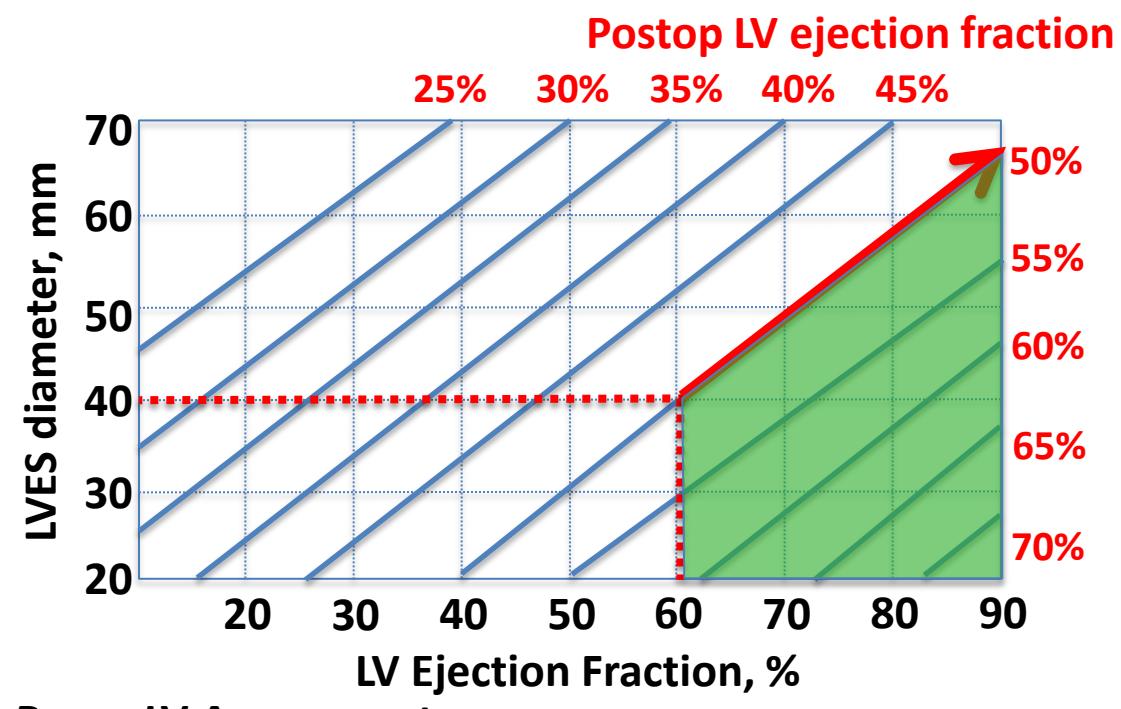


# *Impact of LVEF on Postoperative Outcome*

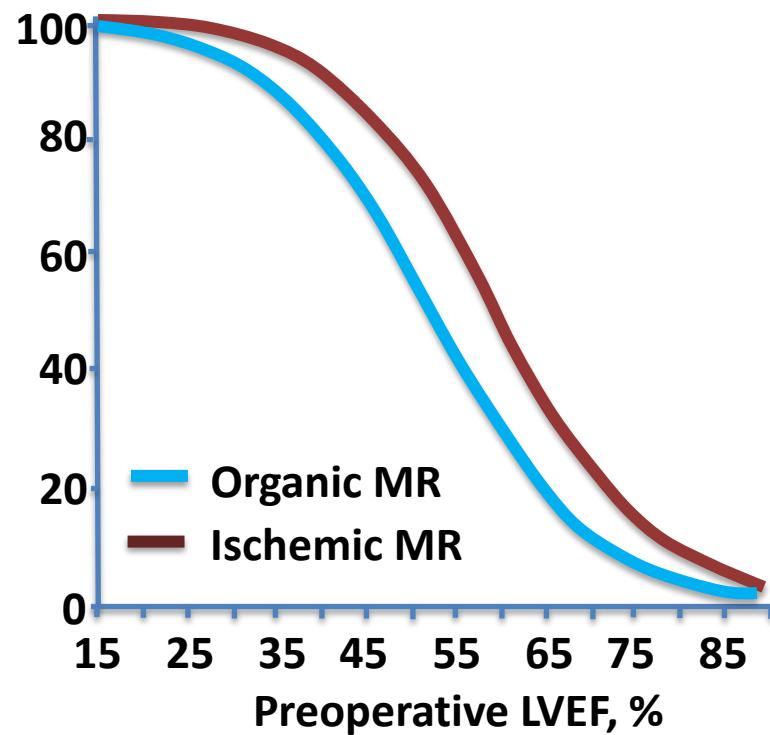
LVEF  $\geq 60\%$   $\Rightarrow$  Excellent survival as compared to reference population



# *Postoperative LV dysfunction*



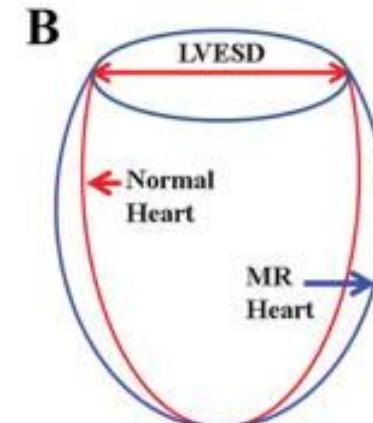
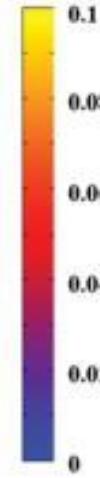
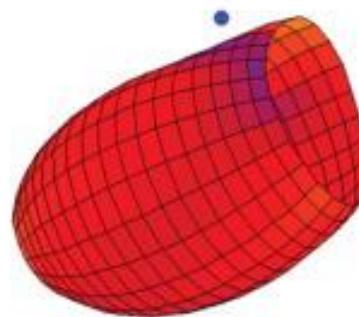
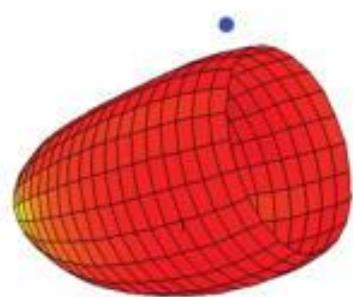
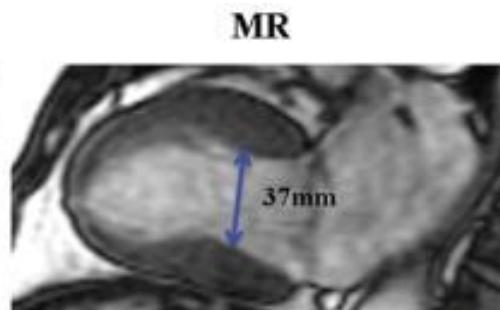
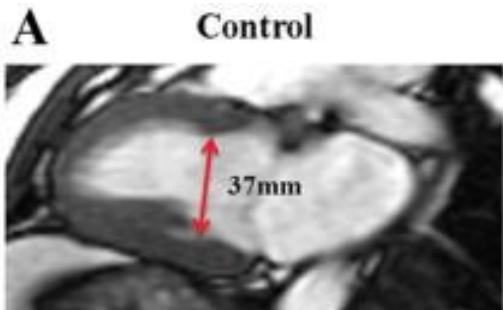
Probability of postop  
LV dysfunction



# *LV Remodeling in Primary MR*

n=94 MR patients, LVEF>60%, LVES d<40mm

Control group: n=51



	Control (n=51)	LVES Dimension <37 mm (n=48)
LVES length, cm	$6.81 \pm 0.86$	$6.73 \pm 0.87$
LVES sphericity index	$1.95 \pm 0.26$	$1.82 \pm 0.23^*$
LVES volume index, mL/m <sup>2</sup>	$25 \pm 6$	$34 \pm 9^*$
2D LV apex curvature, 1/cm‡	$2.93 \pm 1.13$	$1.89 \pm 0.48^*$

# *LVEF in Patients with MR*

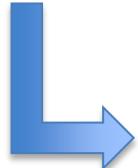
Editorial Comment

## Left Ventricular Systolic Function in Ischemic Mitral Regurgitation: Time to Look beyond Ejection Fraction

Julien Magne, PhD, and Philippe Pibarot, DVM, PhD, FASE, *Liège, Belgium; Québec, Québec, Canada*

JASE, 2013 Oct;26(10):1130-4

**LV ejection fraction: highly load sensitive**

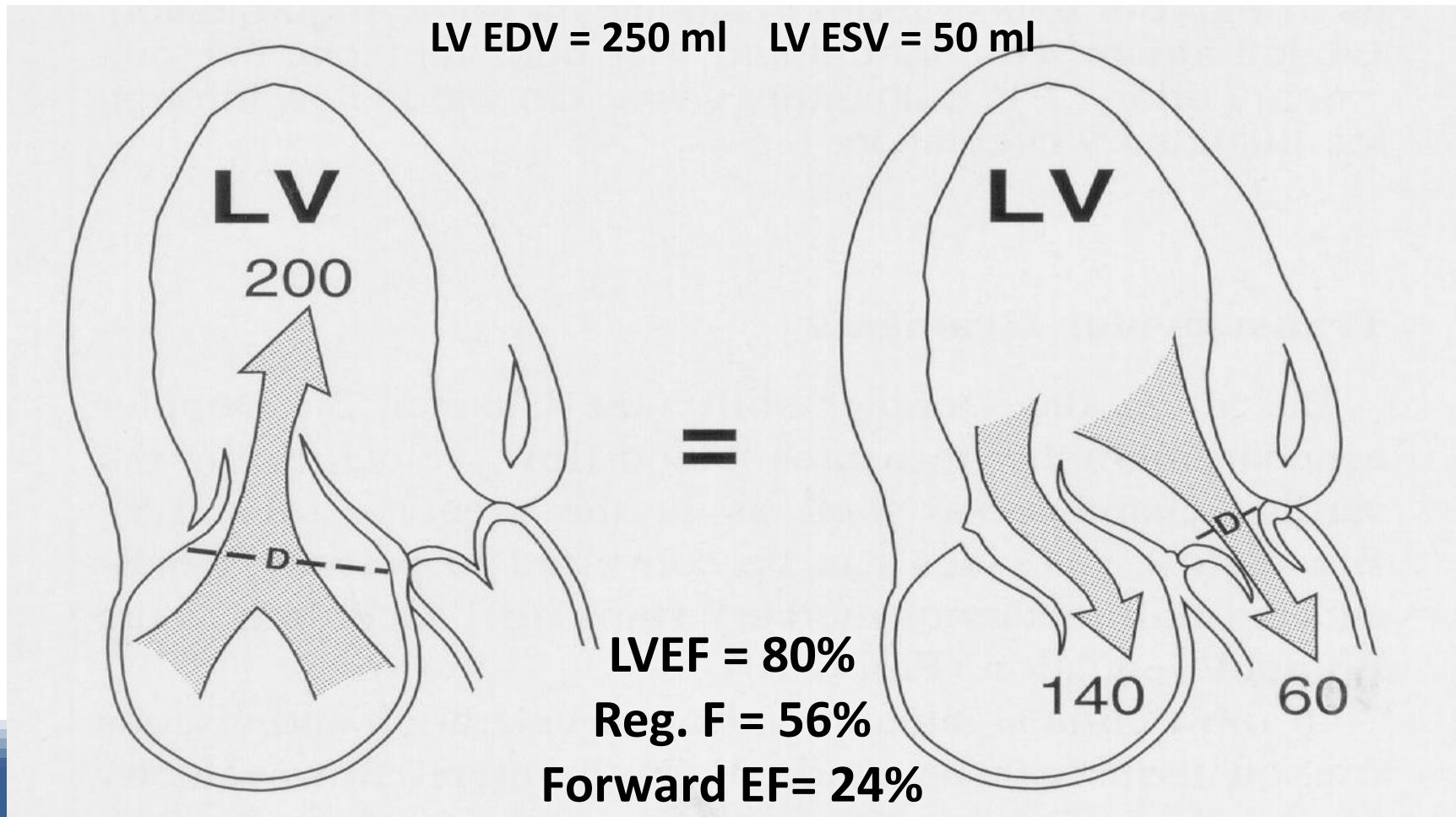


Index of contractile function but not an index of the contractility (ie inotropic state)

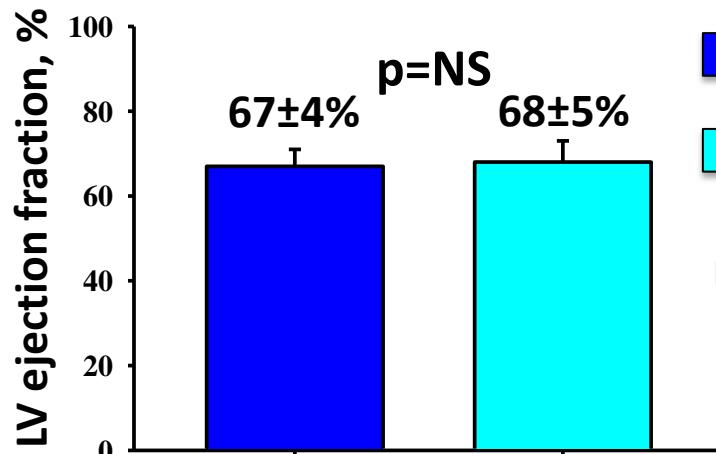
MR → ↗ Preload + → ↘ Afterload → ↗ LVEF

# *LVEF in Patients with MR*

**LVEF= Regurgitant fraction + Forward ejection fraction**

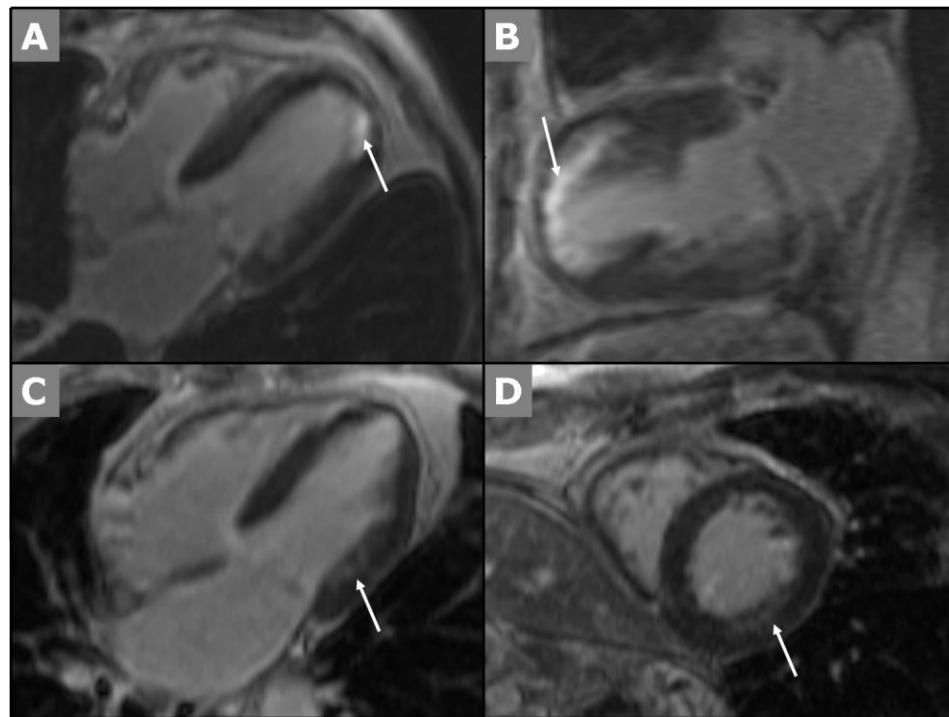
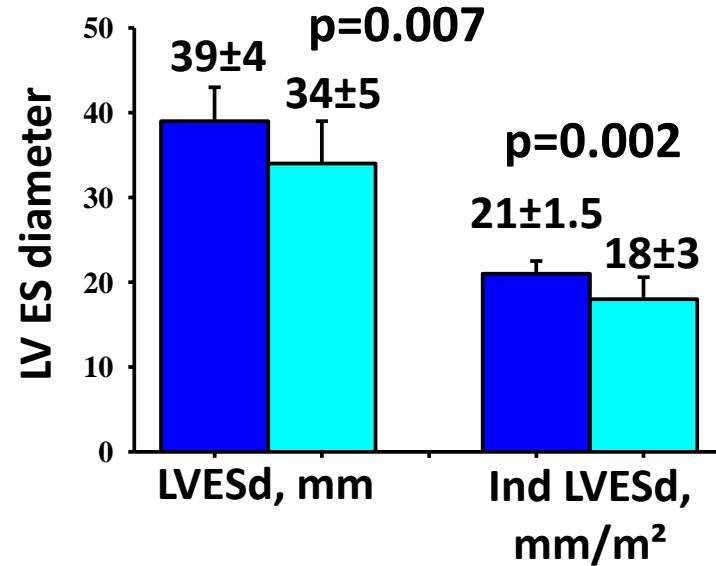


# *Primary MR and LV Myocardial Fibrosis*



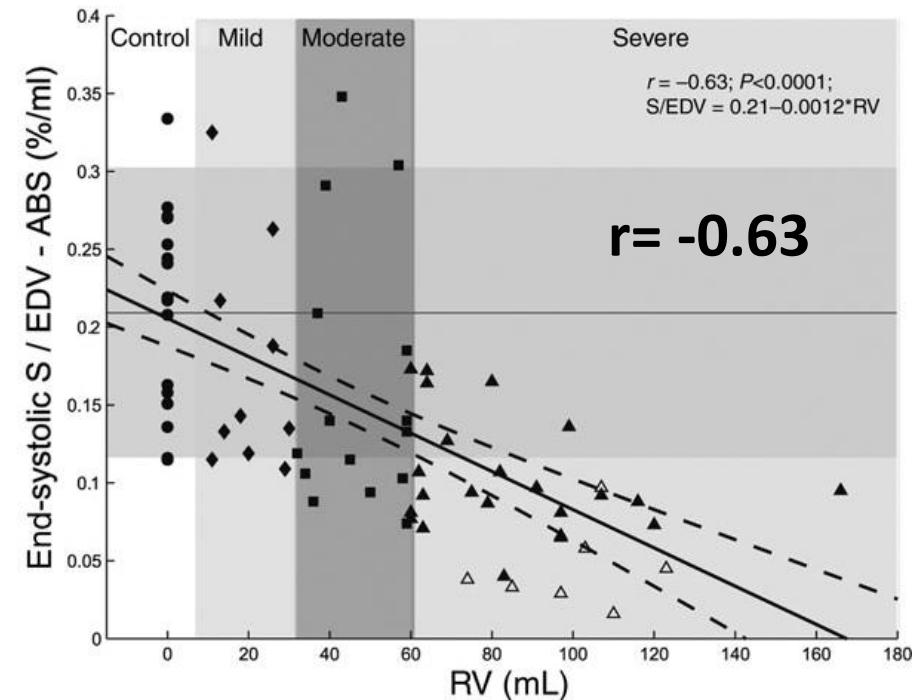
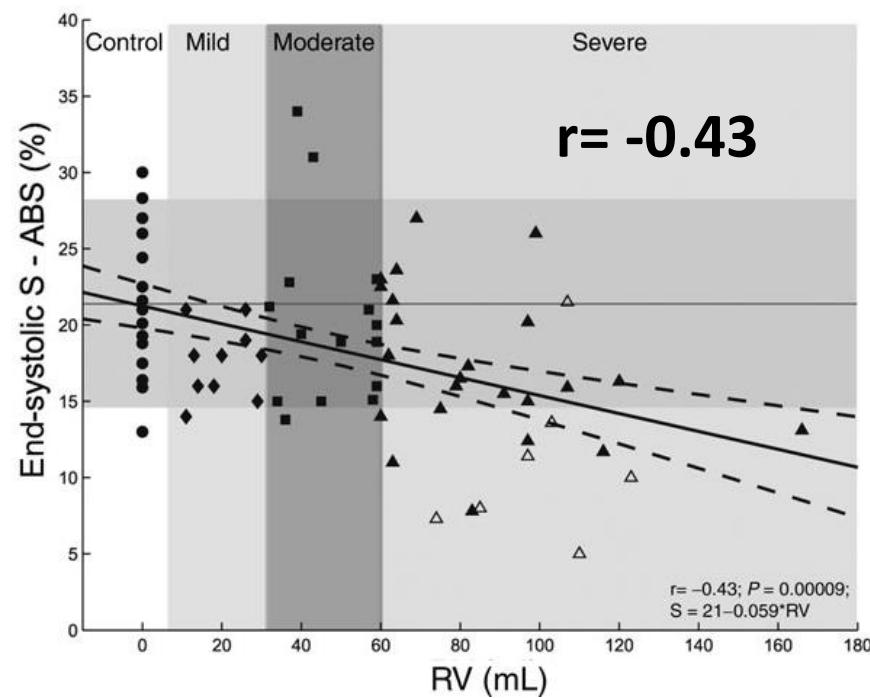
■ LV fibrosis (n=11, 30%)  
■ No LV fibrosis (n=29, 70%)

n=40 asymptomatic pts, LVEF>60%, LVESd<45mm



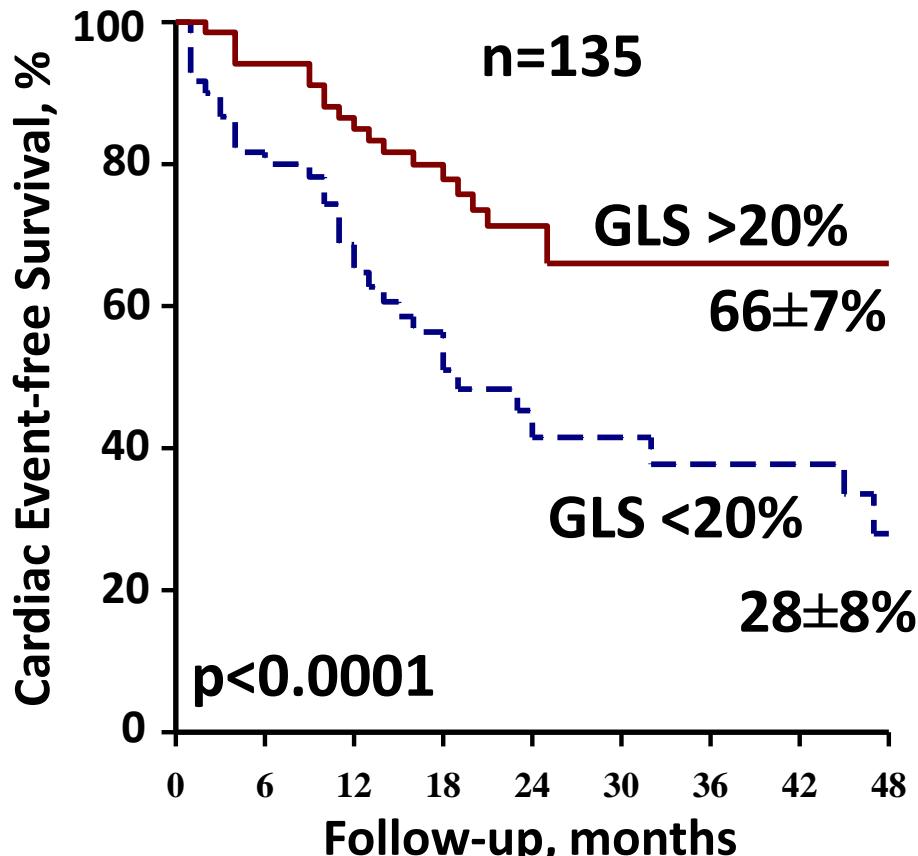
# *Primary MR and LV Longitudinal Function*

n=54 asymptomatic primary MR + 23 healthy control



LV longitudinal strain: load and geometry dependent

# *LV Longitudinal Function and Outcome*



Bi-centric study,  $n=135$  asymptomatic MR (moderate & severe) with no LV dysfunction/dilatation

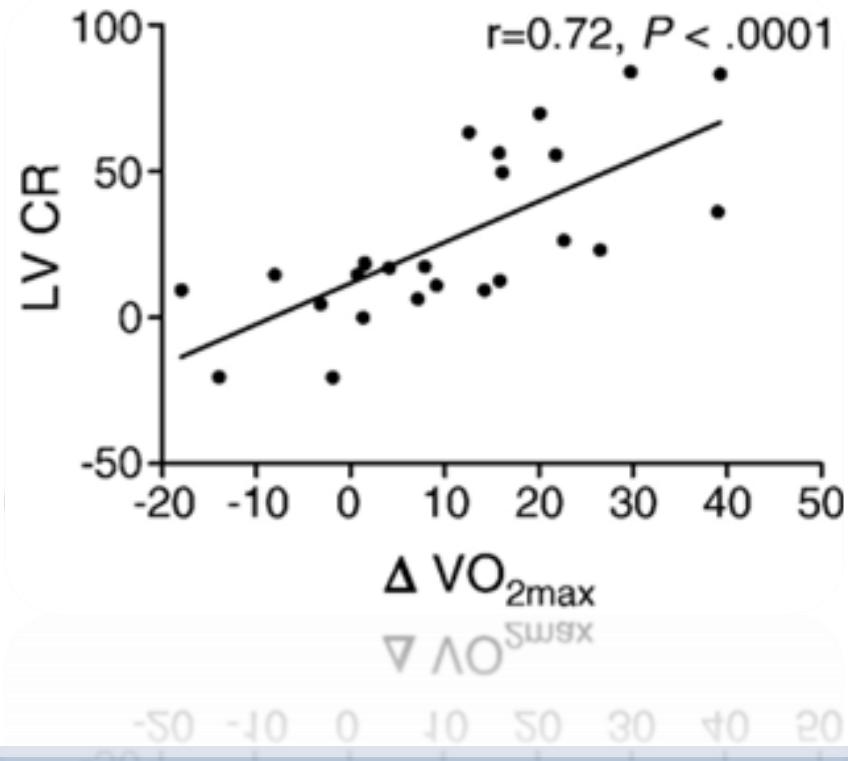
In asymptomatic degenerative MR, reduced LV longitudinal function is associated with 3-fold increase in risk of cardiac-event.

Adjusted HR=3.3 (1.1-9.9)  $p=0.03$

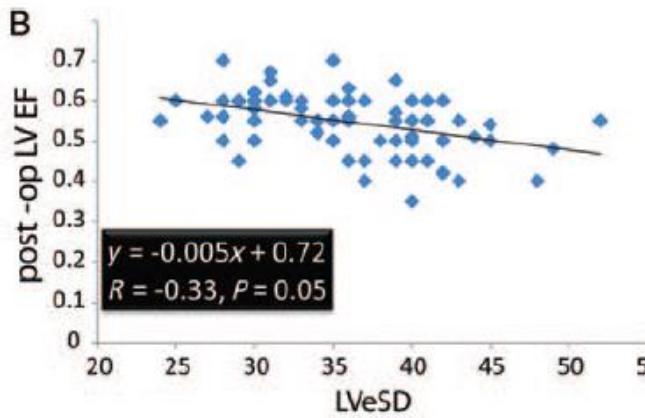
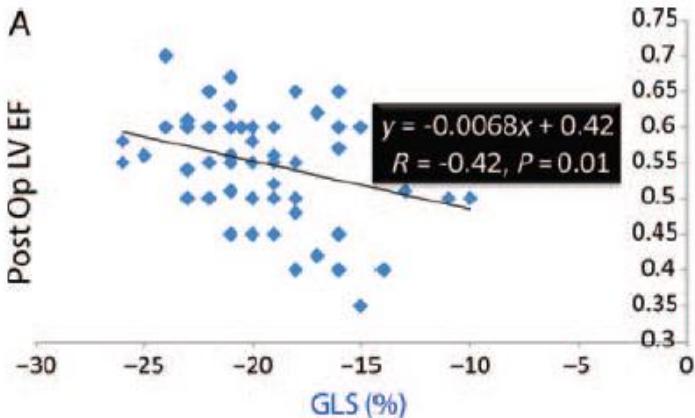
# *Asymptomatic MR and LV Contractile Reserve*

**LV contractile reserve is the best predictor of postop. LV systolic dysfunction and exercise capacity**

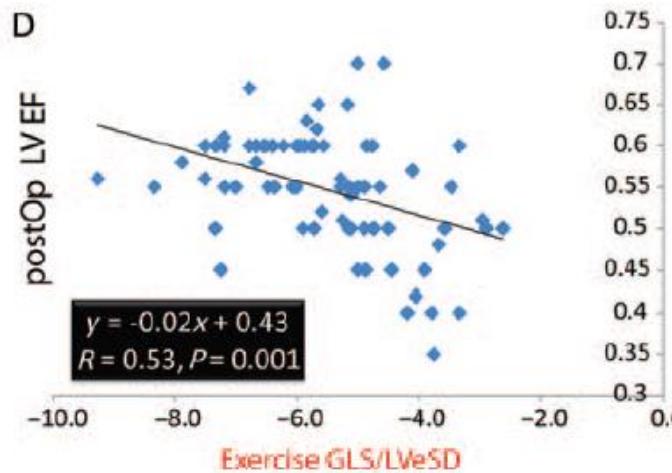
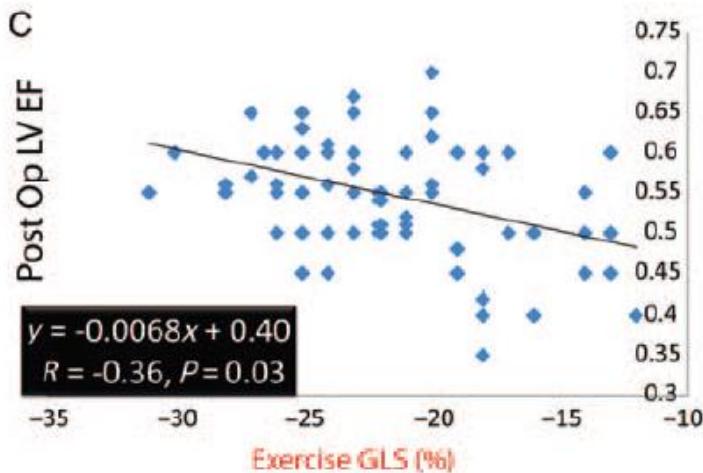
Data at inclusion	Cutoff value	AUC	Sensitivity	Specificity
Rest				
Left atrial volume (ml)	78	0.79	63.6%	86.7%
LV ejection fraction	67%	0.48	92.3%	29.4%
GLS	18.1%	0.69	76.9%	76.5%
Exercise				
LV ejection fraction	70.4%	0.72	69.2%	70.4%
GLS	18.5%	0.82	84.6%	76.5%
Exercise-induced changes				
LV ejection fraction	6.6%	0.74	92.3%	52.9%
GLS	1.9%	0.80	92.3%	73.6%
GRS				
LV ejection fraction	46.1%	0.80	82.3%	13.3%
Exercise-induced changes				
LV ejection fraction	40.0%	0.76	92.3%	25.0%



# *Primary MR and Exercise LV Longitudinal Function*

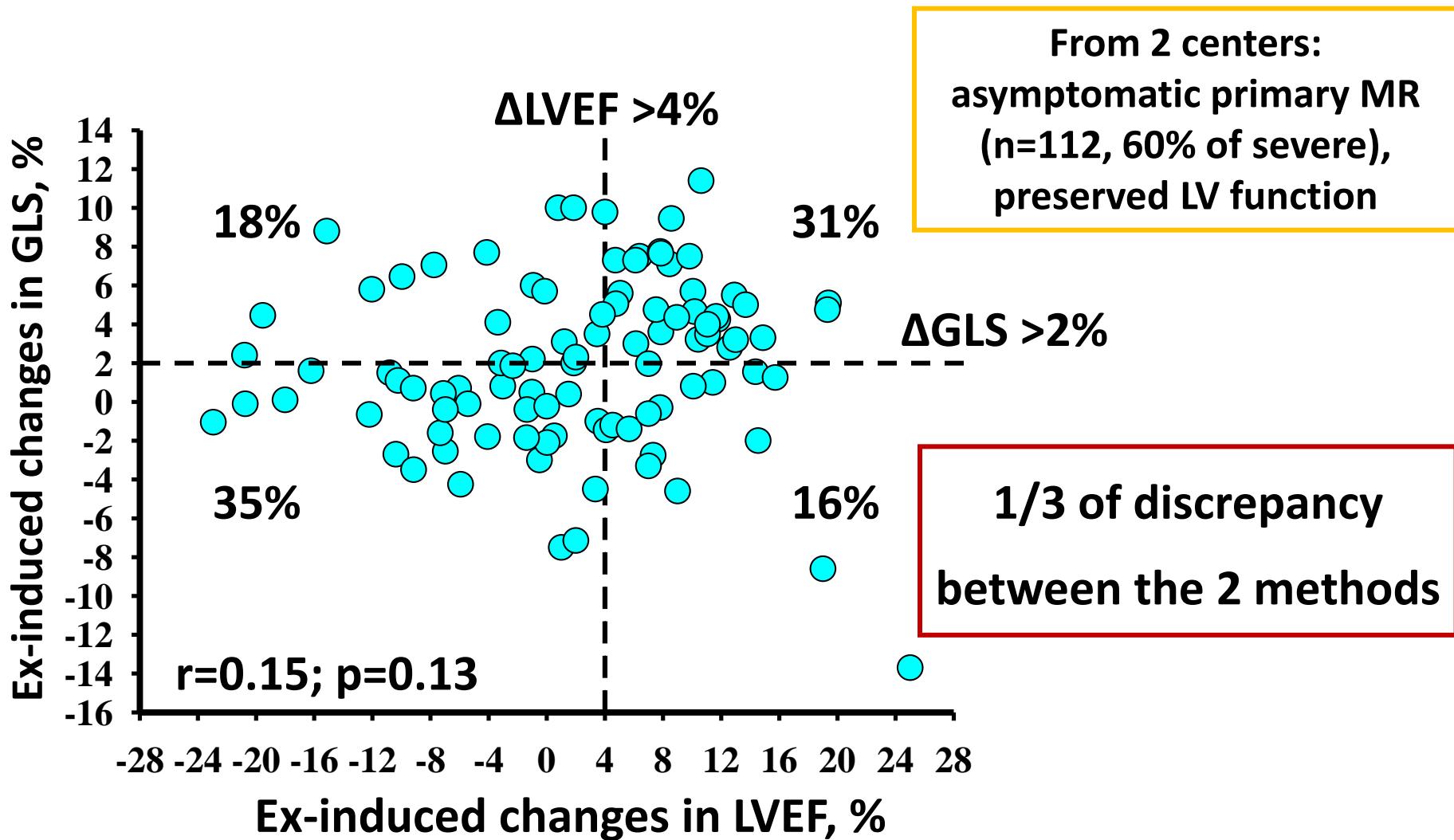


n=77 patients  
with primary MR  
16% of 6-months  
postop. LV  
dysfunction



No significant  
correlation with  
preop LVEF

# *Exercise-induced Changes in LVEF and GLS*



# *LV Longitudinal Function and Contractile Reserve*

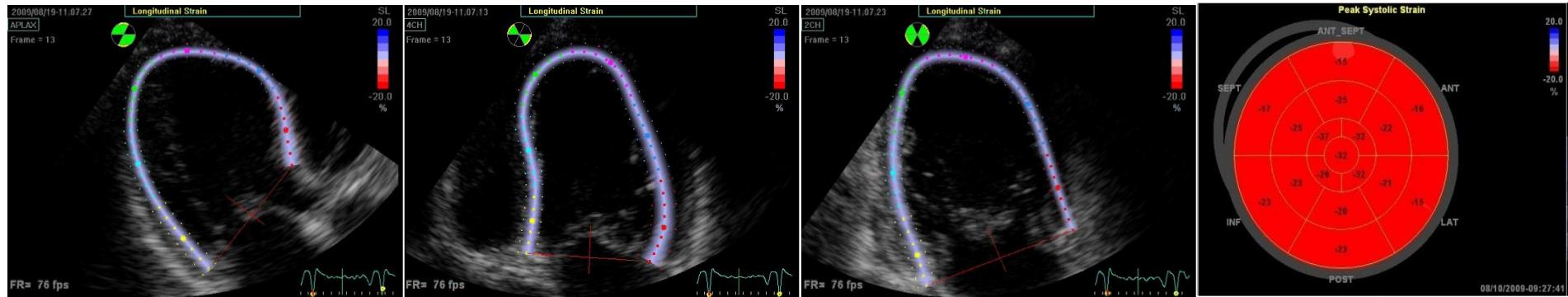
Rest

PSLA view

4ch view

2ch view

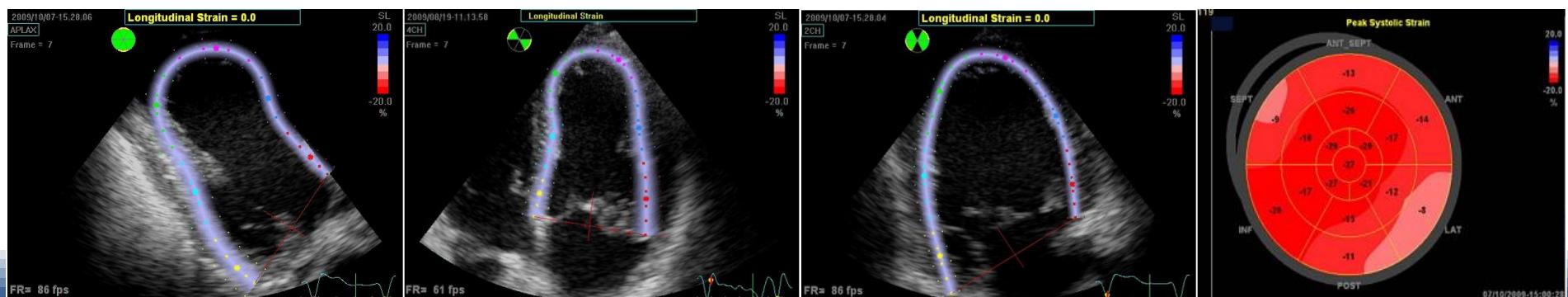
GLS= -24.3%



*EDV=140ml, ESV=51ml LVEF= 64%*

Exercise

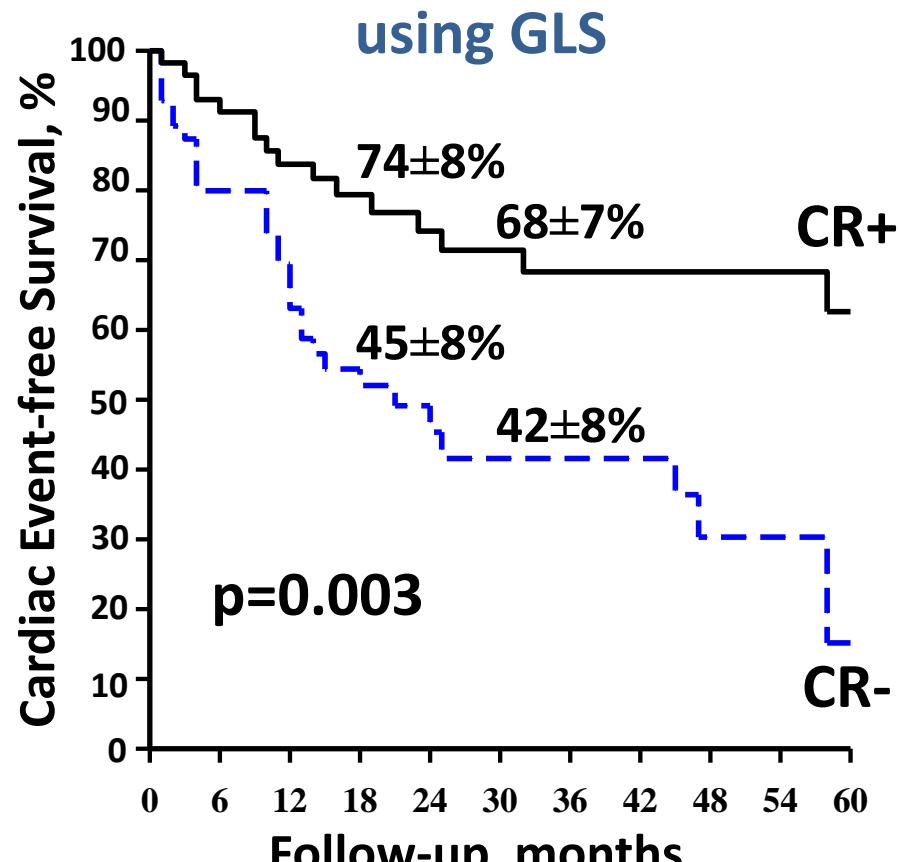
GLS = -18%



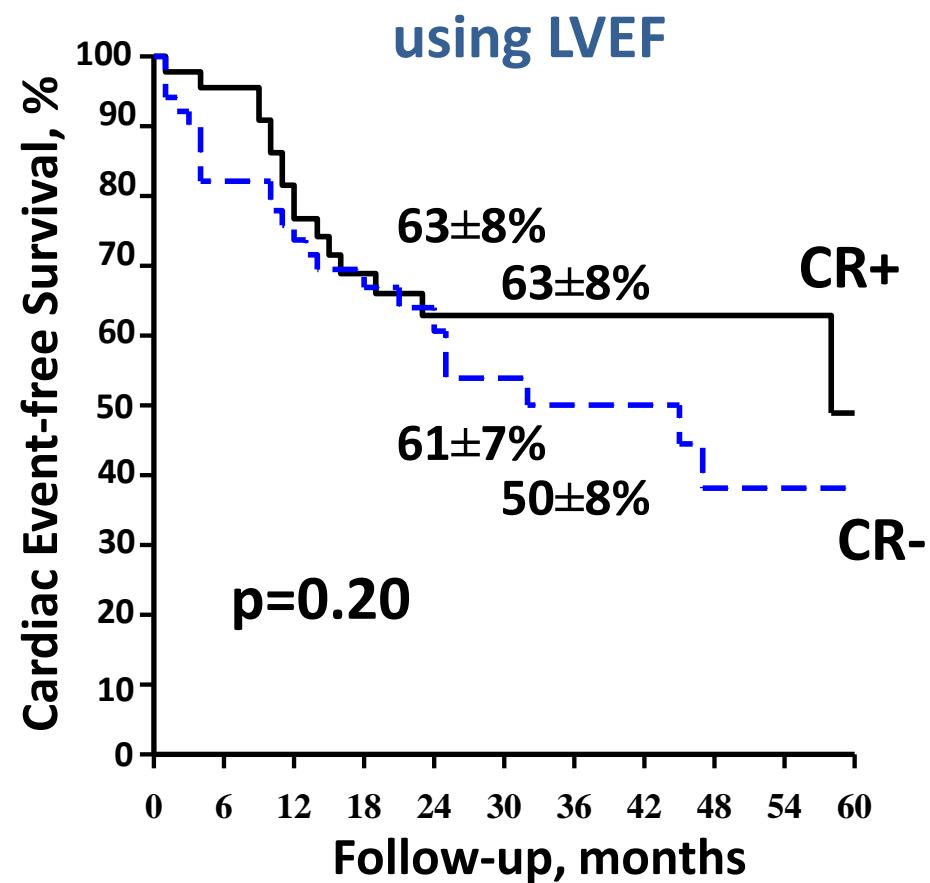
*EDV=153ml, ESV=36ml LVEF= 76%*

# *Impact of LVCR on Outcome*

## LV contractile reserve



## LV contractile reserve



Adjusted HR=2 (1.0-4.1) p=0.04

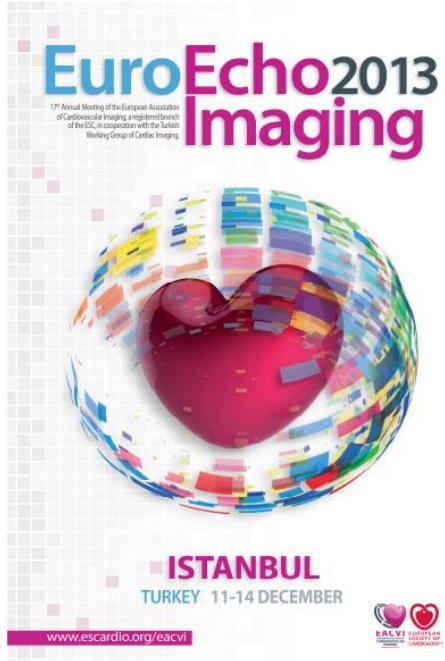
Adjusted HR=1.22 (0.9-1.7) p=0.23

# *Take Home Messages*

- ✓ Assessment of LV function in patients with MR requires the measurement of both LV end-systolic diameter and LV ejection fraction (ESC and ACC/AHA guidelines)
- ✓ Advanced LV function assessment should include LV myocardial longitudinal strain
- ✓ Exercise stress echocardiography and the evaluation of LV contractile reserve provide independent incremental prognostic value

# Join us in Istanbul! 11-14 December 2013

31 October - Late fee deadline



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PROGRAMME:**

Search for "*EuroEcho2013*" in App  
Store/Google Play

## Main Themes

- Heart failure
- Imaging in Interventional Cardiology

## EuroEcho-Imaging Key Figures

**4** days of scientific sessions

**3 200+** healthcare professionals from **90+** countries

**1 390+** abstracts submitted

**650 m<sup>2</sup>+** exhibiting industry

**150+** scientific sessions

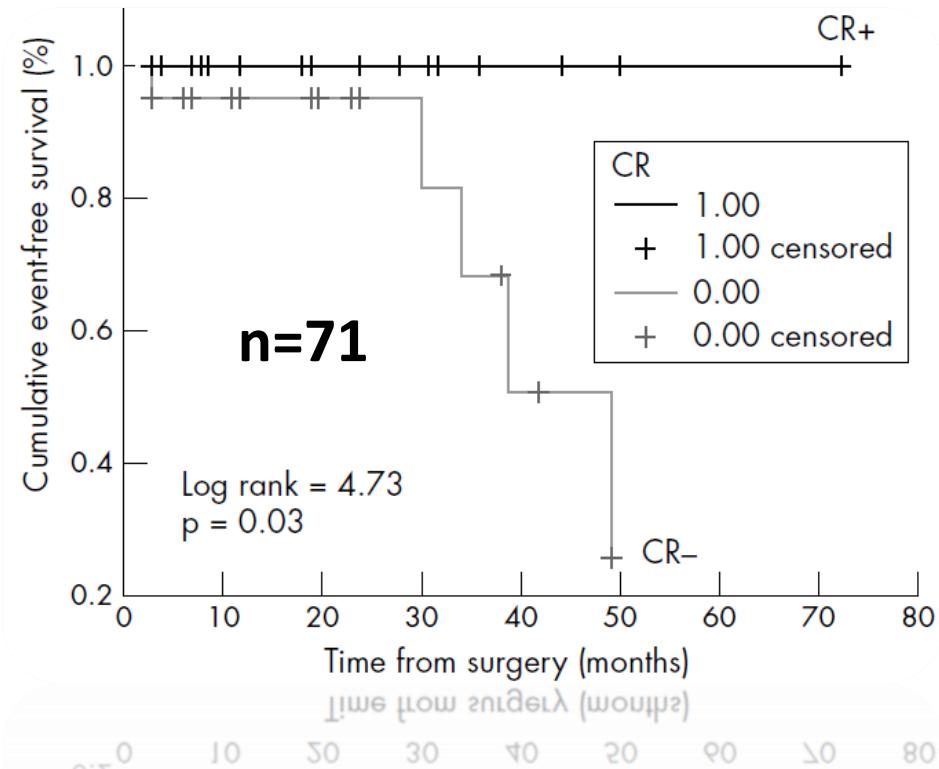
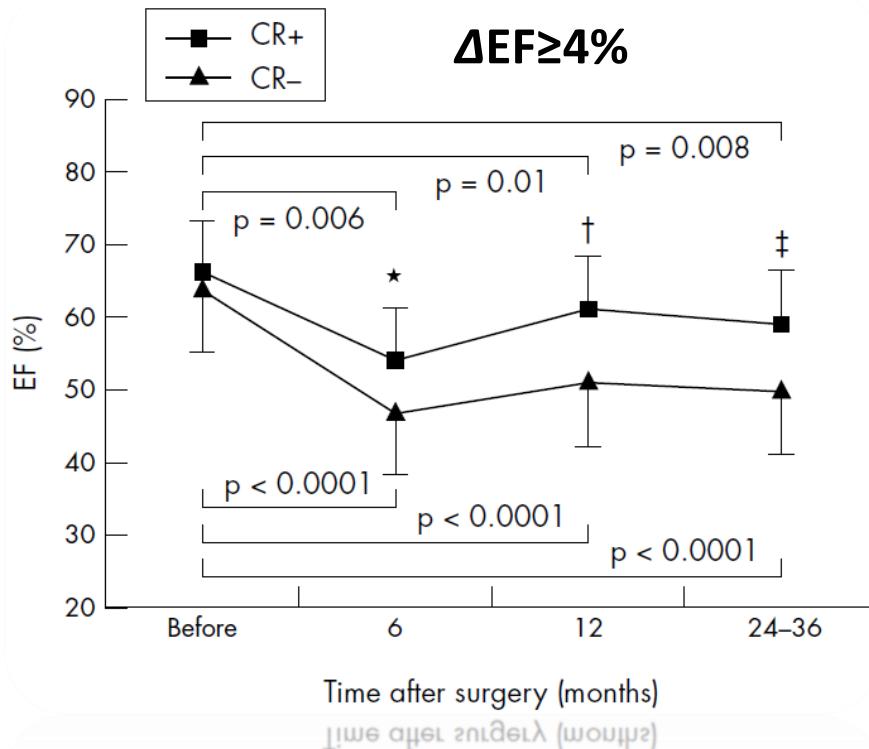
**30+** Hands-On sessions

**+20% abstracts submitted in 2013,  
EuroEcho-Imaging 2013 intends  
to be a record breaking event!**

[www.escardio.org/EACVI](http://www.escardio.org/EACVI)

# *LV Contractile Reserve*

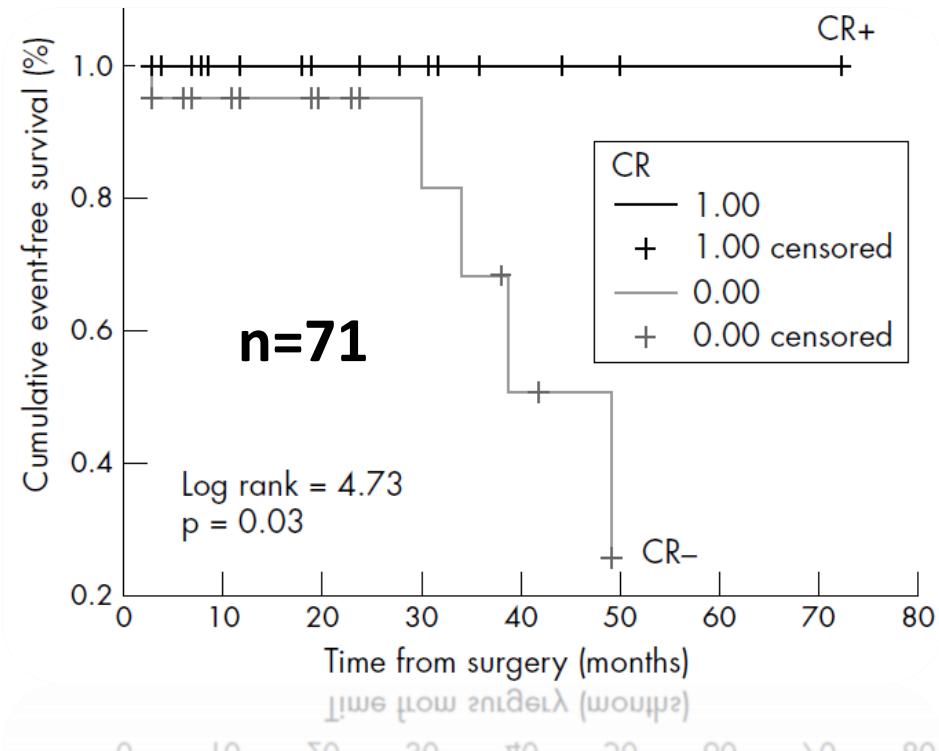
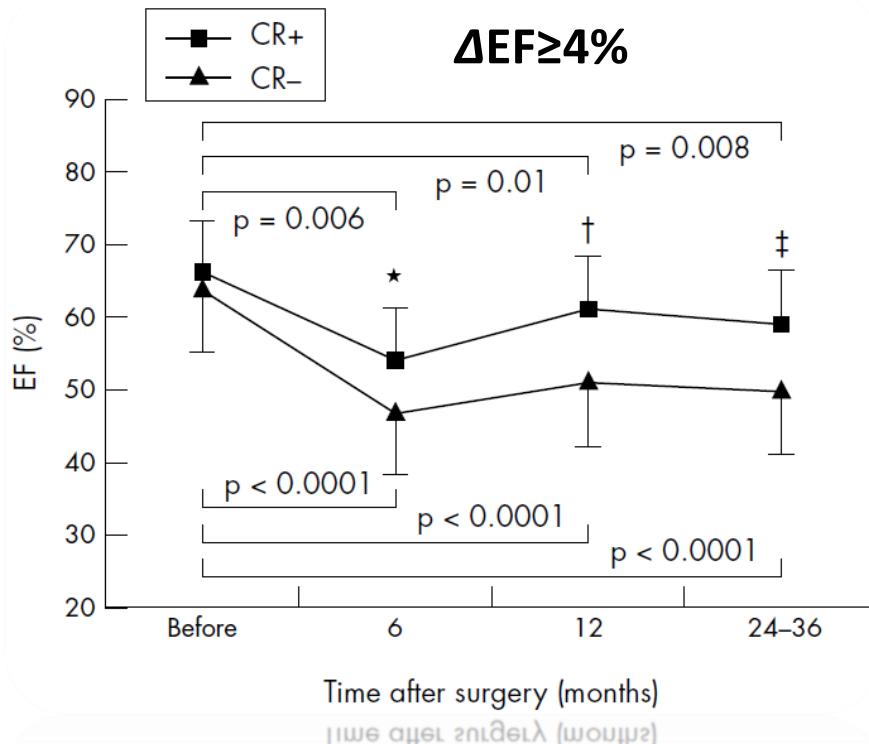
LV contractile reserve is associated with better LV function and outcomes after mitral valve surgery



63% of CR+ in patients with asymptomatic severe MR

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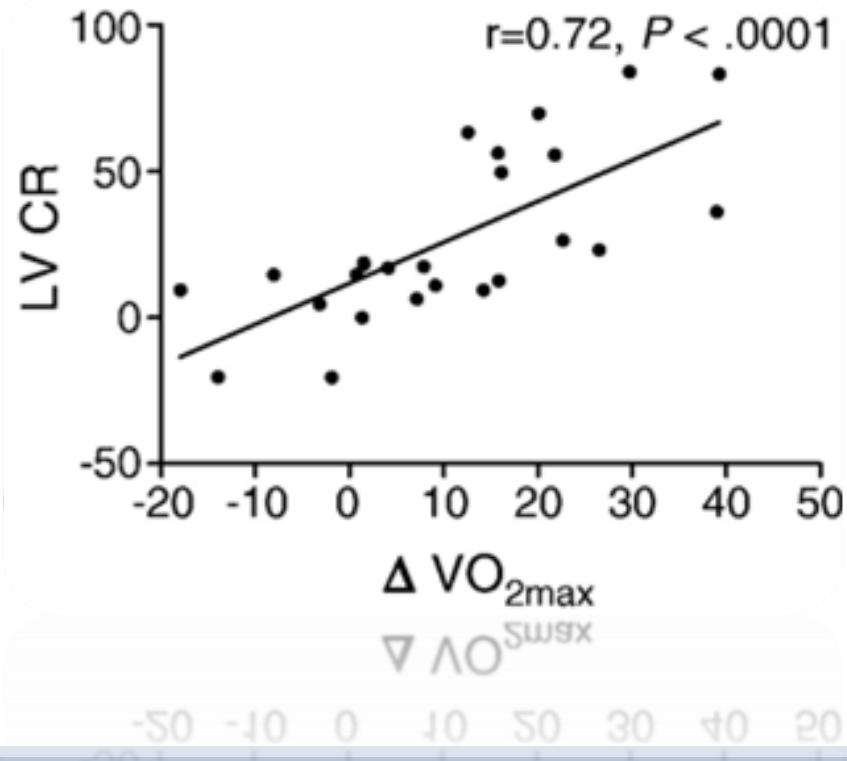


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# *Asymptomatic MR and LV Contractile Reserve*

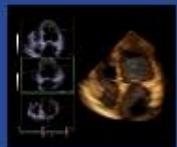
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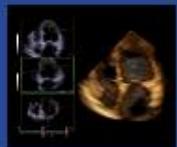
# *Primary MR and LV Longitudinal Function*

Parameter	r	P
LA diameter	-0.26	.006
LA volume	-0.27	.01
LA area	-0.27	.01
LVEDV	-0.31	<.001
LVESV	-0.36	<.001
LVEDD	-0.36	.001
LVESD	-0.46	<.001
LVEF	0.29	.03
LV GLS	-0.29	.007
LV GLS/LVESD	-0.45	<.001
sPAP	-0.16	.15



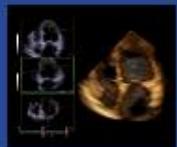
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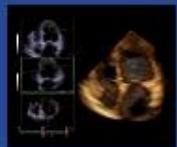
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